



WALES

Director's report for Welsh Powerlifting for Executive meeting 17th September 2023.

It still continues to be a successful year for Welsh Powerlifting. Again, we are hitting record numbers of members and are close to the 300 mark (293). Our upcoming Autumn Cup will be our first sponsored event, we hope to continue to grow and add to our comps in a similar fashion in the future.

We have the addition of a new competition this year, the Welsh University Championships, which is being spearheaded by Swansea University. The hope of this event is to push powerlifting at the grassroots level and really boost university powerlifting in Wales.

Tom Morgan,

Director for Welsh Powerlifting.