



EXTRAORDINARY GENERAL MEETING OF THE
GB POWERLIFTING FEDERATION LTD

Sunday 20th August 2023

Red text are actionable

1. **Members in attendance:** Robert Palmer, Charlotte Raynolds, Mick Ellender, Paul Marsh, Bernie McGurk, Sophia Eliis, Tony Cliffe, Abdul Mojeed Sulyaman, Kim Cowell, William Brown, Thomas Morgan, Kevin Jane, Bryn Evans, Mark Henkellis, Christian Ayandokun, Carol Parker, Richard Parker, Damilare Williams, Tarrin Wilson, Caitlin Baxter, Joseph Kelsey, Julia Priestley-Witczak, Gigi Nicolson, Craig Wilkins, Angus Gardener, Katie Hall, Jenni Sherwood, Fred Mackenzie, Jim McGill, Joanne Holden, Charlotte De Val, Moa Wikner, Ben Davies, Martin Bass, Adam Reilly, Jasmine Friar, Lavra Effer, Emily Greaves, William Butcher, Charlie Marillier, Helen Toms, Edward Butcher

42 voting members were in attendance.

2. **Confirmation of Proxy Votes Registered:** 72 total proxy votes
Total votes present 114

Opening statement from interim Chairperson Bernie McGurk.

Financial Statement from Interim Finance Director Tony Cliffe.

BP will be spending £5k for an independent audit of BP accounts within the year 2023.

TC will aim to establish a finance committee (FSC) in the coming months to help with day-to-day expense management and historic account admin tasks and expense policies.

TC and FSC will produce an extended 2024 budget to be presented at the 2024 AGM

TC is aiming to conclude current negotiations with Paypal and Stripe to reduce the fees BP currently pay on transactions by the end of September.

TC and the FSC are aiming to establish either quarterly or biannual finance reports, published on the BP website.



TC and FSC will be looking to work with competition promoters and potential future Comp Director to establish a working budget for the cost of running national competitions. If and when the aforementioned national budget is established, an equipment spending plan will be produced in order to better facilitate the needs of promoters to run consistent competitions.

4.

From James Brincat-Smith and Ben Davis - Amendments and removal of items from British Powerlifting articles of Association By Special Resolution:

Paragraphs to be amended.

1-5 i. to strive for formal recognition of the sport of Powerlifting by governing bodies within the United Kingdom, including but not limited to 'UK Sport' and 'Sport England'

To be amended to

5 i. to ensure that British Powerlifting is compliant with all aspects of Home Nations Sports Councils Tier 1, with a view to strive towards elevating to Tier 2 through transparent governance and regular outside auditing.

Special Resolutions require 75% (85 votes) of the vote to pass.

In favour: 93

Against: 0

Abstaining: 21

Motion Passed

Will Brown will look to update the text in the articles.

4.(b)

From James Brincat-Smith and Ben Davis - Amendments and removal of items from British Powerlifting articles of Association By Special Resolution:

Paragraphs to be amended.

2-46. No single Director may serve for more than 20 consecutive years on the board of British Powerlifting.

An amendment to the motion called by Bryn Evans, seconded by James Brincat-Smith to remove the word 'consecutive' from the motion

To be amended to

46. a - No single Director may serve for more than 8yrs on the board of British Powerlifting



A lively discussion followed regarding tier 1 compliance and the wording of requirements, regarding the need for desirable qualities versus required criteria.

Special Resolutions require 75% (85 votes) of the vote to pass.

In favour: 68

Against: 33

Abstaining: 13

Motion NOT Passed

4(c).

From James Brincat-Smith and Ben Davis - Amendments and removal of items from British Powerlifting articles of Association By Special Resolution:

Paragraphs to be removed.

6:t. - to give or award pensions, annuities, gratuities, superannuation, or other allowances or benefits or charitable aid and generally to provide advantages, facilities, and services for any persons who are or have been directors of, or who are to have been employed by, or who are serving or have served British Powerlifting, and to the wives, widows, children and other relatives and dependents of such persons; to make payments towards insurance; and to set up, establish, support and maintain superannuation and other funds or schemes (whether contributory or non-contributory) for the benefit of any such persons and of their wives, widows, children and other relatives and dependents.

Discussion followed whereby it was established that this was boilerplate legality from the establishment of the articles, and has yet to ever be used.

Special Resolutions require 75% (85 votes) of the vote to pass.

In favour: 111

Against: 0

Abstaining: 3

Motion Passed

[Will Brown will look to update the text in the articles.](#)



5.

Armed forces Motions Proposed -James Brincat-Smith GB234508 Seconded - Ben Davis GB239980Armed Forces integration.

5.1 Dispensation for all current Military BDFPA approved referees and current Military BDFPA members.

JBS proposed an amendment to change practical observation, to sitting the referee exam, Seconded BD

JBS proposed to amend to remove 1.7 Interservices as a nationals Seconded BD

JBS Proposed to amend to add 2024 to 1.6.

1.1 - British Powerlifting to waive the current 2yr membership rule for current Military referees, and for those who have been members of the BDFPA for 2yrs.

1.2 - Current BDFPA Military officials, are to be allowed to sit the divisional referee exam free of charge (FOC), they must achieve a passing grade to referee with BP.

1.3 - Those who have been members of the BDFPA for 2yrs to be able to sit the BP referee exam FOC

~~1.4 - 1.1-1.3 to have been facilitated, and ratified before 27th September 2023 (inter-service championships)~~ Removed due to amendments to 1.1-1.3

1.5 - Interim support to be given by neighbouring divisions until Military Powerlifting has sufficient referees to be self-governing.

1.6 - Inter Service Championships from 2024 onwards are to be treated as a National Championship for officials in that it counts as a championship towards their free membership.

~~1.7 - Inter-service Championships to be granted National Status and Selection for National Teams to be available from these championships.~~

1.8 - A British Military Records Register to be established.

Discussion regarding amendments and expectations regarding UKAF members and their integration into BP.



An email from Neil Thomas (current chair of UKAFPA) was read by Bernie McGurk regarding the scope and expectations of the integration, and the nature of UKAFPA as it stands.

Regular Motion only needs a majority vote to pass (59 votes)

Also, certain proxy votes listed specific instructions to vote no on military issues:

William Brown -4

Kevin Jane -3

Jennifer Sherwood -1 & 1 abstention

In favour: 72

Against: 15

Abstaining: 27

Motion Passed

[WB will look to adapt the membership sign-up form and membership database to include Forces criteria for locations and divisions.](#)

5.2 Armed forces Powerlifting to be given Home Nation Status and afforded the same financial commitment as all other home nations under the following transitional arrangement,

Armed Forces affiliated members are to be granted the following tiered membership charges. Free Membership for Armed Forces Club members for the remainder of 2023, 50% of current financial commitment for 2024, with a full Home Nations agreed financial contribution for 2025

Discussion regarding the wording of 'Home Nation' being inaccurate, and a likely better comparison would be to BUCS/University competition brought attention to the lack of need for special status. As Interservice Championships would be a competition gated by service number, and service members would likely just be members of the division where they are based.

Regular Motion only needs a majority vote to pass (59 votes)

For 0

Against 113

Abstain 1

Motion NOT Passed



5.3 Military Powerlifting to be given a representative Non-executive role within British Powerlifting.

One OIC to represent the tri-services on a rotational basis every 3yrs in line with current election years for ease of organisational protocol, Suggested in order of seniority Navy term 1, Army term 2, Royal Air Force term 3

An amendment to change 'board position' to 'non-executive role' put forward by Ben Davies, seconded by JBS.

Regular Motion only needs a majority vote to pass (59 votes)

For 88

Against 6

Abstain 20

Motion Passed

~~**5.4 AFPL Divisional affiliate.**~~

Removed after 5.2 not passing.

~~**5.5 British Powerlifting to assist all regions and divisions in helping deliver the 2023 InterServices championships. North and West Midlands divisions to be the lead on divisional support for these championships with the backing of British Powerlifting by way of equipment and officials.**~~

Removed after 5.1 passing and including 1.5 regarding divisional assistance.

6 .Motion from Kimberley Cowell (North West)

The board meeting minutes/summary shall be published within 44 21 days of board meetings taking place

Amended by Kim Cowell to 21 days seconded by Thomas Morgan

Regular Motion only needs a majority vote to pass (59 votes)

For 106

Against 0

Abstain 0

Motion Passed

[Will Brown will attend and minute future board meetings and provide minutes within 21 days](#)

7. Motion from Kimberley Cowell (North West) & Paul Marsh (Greater London).



There is a publication of a policy pertaining to international expenses for Head Coaches and Referees (hereafter 'the representatives'), as follows:

1. The head coach shall submit the names and number of nights required for his /herself and up to three referees, confirming the precise duration that each has made themselves available for and either (a) confirmation that the payment can be made direct to the EPF / IPF to prepay for accommodation, or (b) the representatives' respective BACS details.
2. The calculation is made on the basis of the number of nights x the rate of a single room at the official hotel(s).
3. British Powerlifting will transmit, via BACS, the necessary sums either to the EPF /IPF confirming the individuals to which the payment(s) refer, or to the representative directly.
4. In the event a representative withdraws from their nominated duty, all funds, and any cancellation charges (if they are incurred due to late withdrawal for e.g.) are to be repaid accordingly.
5. British Powerlifting will not otherwise interfere with the process.

Kim Cowel and Paul Marsh, willing to liaise with Tony Cliffe regarding a policy document.
Charlie Marller offers to help regarding policy writing.

Regular Motion only needs a majority vote to pass (59 votes)

For 106

Against 0

Abstain 0

Motion Passed

[Kim Cowell Paul Marsh will collaborate with Tony Cliffe and draft a clear and concise expenditure claim policy for referees and head coaches](#)

8 Proposed by James Brincat-Smith GB234205, Seconded by Gigi Nicolson GB2310607

8.1 For the promotion of Quiet Focus series competitions by the federation on a national level, with a view to support divisions in a phased-in national network of competitions (3-5yrs)

8.2 BP to work with current existing divisional mental health partners to facilitate fully funded safeguarding training, enhanced DBS and an option for Mental Health awareness courses for divisional leads of QF competitions.

8.3 BP to form a sub-committee to look to delivering a competition Guide pack for those willing to host, guide to include a live lessons-learnt register to include feedback from previous athletes on improvements they feel will make the series more inclusive.

JBS referenced an agreement from Shaw mind, Peter Winborough (mental health charity)



For free enhanced DBS checks

Regular Motion only needs a majority vote to pass (59 votes)

For 78

Against 0

Abstain 36

Motion Passed

[JBS, Gigi Nicolson, and Jennifer Sherwood will get in contact with the future competition director and future communications director to facilitate the construction and distribution of the competition guide pack, to divisional boards.](#)

9 From James Brincat-Smith The removal from the post of the incumbent elected board (CEO and Chairman). In line with our letter dated 18/06/2023 (per Company Act 2006, Section 303) and in accordance with the British Powerlifting Articles of Association paragraph 130, and Company Act 2006, Section 168; we wish to discuss and vote on matters pertaining to our desire to see a dissolution of the current elected board of British Powerlifting Executives.

This motion is void and cannot be voted on as the incumbent Chairman and CEO have resigned.

10. Meeting Concludes.