



British Powerlifting Coaching Course Schedule

2023

Month	Start date	End date	Location	Level	Tutor	Contact details	How to book
JANUARY	7	8	The Farm Powerlifting Club Moulton College, Northampton NN3 7QL	1	Kevin Jane	kevinjane51@btinternet.com	Fill in our booking form including details on how to pay
FEBRUARY	4	5	PB Performance Gym(Cardiff) Unit 49, Portmanmoor road, Cardiff, CF24 5HB	1	Lawrence Farncombe	coachfarncombe@hotmail.co.uk	
	18	19	Hirst Welfare Centre, Alexandra Rd, Ashington NE63 9HN	2	Fred Mackenzie	frederick575@btinternet.com	
MARCH							
APRIL	15	16	Northern Ireland, address TBC	1	Fred Mackenzie	frederick575@btinternet.com	
	15	16	Swindon Barbell, Princess Place, Trow Lane, Lyneham, Wiltshire, SN154DL	2	Charlie Marillier	lifter@swindonbarbell.com	
MAY	13	14	Energize gym, 259 Greenstead Road, Colchester, CO1	1	Kevin Jane	kevinjane51@btinternet.com	
	20	21	Hirst Welfare Centre, Alexandra Rd, Ashington NE63 9HN	1	Fred Mackenzie	frederick575@btinternet.com	
JUNE	24	25	Hirst Welfare Centre, Alexandra Rd, Ashington NE63 9HN	1	Fred Mackenzie	frederick575@btinternet.com	
	24	25	Swindon Barbell, Princess Place, Trow Lane, Lyneham, Wiltshire, SN154DL	1	Charlie Marillier	lifter@swindonbarbell.com	
JULY	15	16	Manor Gym, Pimlico, London SW1V 1PX	1	Jason Coultman	strengthcoach@jasoncoultman.com	
AUGUST	5	6	PB Performance Gym(Cardiff) Unit 49, Portmanmoor road, Cardiff, CF24 5HB	2	Lawrence Farncombe	coachfarncombe@hotmail.co.uk	
SEPTEMBER	Online section in August	23 Practical	Revolution, Unit 38, Balthane Park, Ballasalla, IM9 2AX	1	Charlie Marillier	lifter@swindonbarbell.com Manpowerlifting@gmail.com	
OCTOBER	TBC	TBC	RAW STRENGTH GYM, Trinity Court, Warrington, WA3 6QT	1	Charlie Marillier	lifter@swindonbarbell.com	
NOVEMBER							
	18	19	PB Performance Gym(Cardiff) Unit 49, Portmanmoor road, Cardiff, CF24 5HB	1	Lawrence Farncombe	coachfarncombe@hotmail.co.uk	
DECEMBER							

More dates will be posted as soon as they are available. If you are looking to organise a date or group for a course please contact either:

Charlie Marillier lifter@swindonbarbell.com

Please note: These dates are subject to change at any time due to COVID-19 restrictions or changes to lockdown measures. Your tutor will be in touch with you as soon as is possible, if anything should change about the course you have booked on to, and you will be eligible to a full refund if the cancellation is on our part.

We are always aiming to provide courses around the UK and will be looking to host them in Northern Ireland and Scotland. As soon as these have been confirmed dates and locations will be released