

| | U16 | U18 | U23 |
|--------------------|---------------------------------|-------------------------------------|---------------------------------------|
| -53kg | | | |
| SQUAT | 100 Liam Welsh 19/05/2013 | 125 Alex Summers 02/11/2019 | 162.5 Standard |
| BENCH PRESS | 60 Liam Welsh 19/05/2013 | 85 Matthew Scanlan 11/12/2021 | 85 Matthew Scanlan 11/12/2021 |
| DEADLIFT | 150 Liam Welsh 19/05/2013 | 180 Faiyaz Moolji 02/11/2019 | 187.5 Eren Oguz 12/07/2014 |
| TOTAL | 310 Liam Welsh 19/05/2013 | 380 Faiyaz Moolji 02/11/2019 | 380 Faiyaz Moolji 02/11/2019 |
| BENCH (A/C) | 60 Liam Welsh 19/05/2013 | 85 Matthew Scanlan 11/12/2021 | 85.5 Matthew Scanlan 04/03/2023 |



British Records - Male Classic

updated: 18/03/2023

| | U16 | U18 | U23 | open | M1 | M2 | M3 | M4 | M5 | M6 |
|--------------------|---------------------------------------|-----------------------------------------|-------------------------------------|-------------------------------------|------------------------------------|--------------------------------------|-----------------------------------|----------------------------------|---------------------------------|---------------------------------|
| -59kg | | | | | | | | | | |
| SQUAT | 162.5 Edward Butcher 26/11/2022 | 172.5 Joel Wakeham 08/06/2019 | 193 Benedict Grant 02/04/2022 | 193 Benedict Grant 02/04/2022 | 160 Standard | 155 Henry Chay 20/10/2018 | 140 Henry Chay 24/07/2021 | 110 Ted Byrne 24/07/2021 | 87.5 Ted Brown 17/08/2013 | 60 Ted Brown 24/07/2021 |
| BENCH PRESS | 95 Edward Butcher 26/11/2022 | 115 Kai Gajewiak 10/06/2018 | 127.5 Ishtyaq Nabi 31/08/2022 | 130.5 Ishtyaq Nabi 16/03/2022 | 117.5 Rajesh Babu 31/07/2021 | 107.5 Shaun Bateman 20/10/2018 | 81.5 Henry Chay 18/06/2022 | 81 Ted Brown 17/08/2013 | 81 Ted Brown 17/08/2013 | 65 Ted Brown 24/07/2021 |
| DEADLIFT | 182.5 Edward Butcher 26/11/2022 | 205 Callum Glendenning 02/11/2019 | 250 Ishtyaq Nabi 24/10/2021 | 255 Ishtyaq Nabi 16/03/2023 | 202.5 Rajesh Babu 31/07/2021 | 197.5 Henry Chay 20/10/2018 | 192.5 Henry Chay 18/06/2022 | 185.5 Ted Byrne 24/07/2021 | 135 Ted Brown 06/08/2012 | 100 Ted Brown 24/07/2021 |
| TOTAL | 440 Edward Butcher 26/11/2022 | 465 Joel Wakeham 08/06/2019 | 546.5 Ishtyaq Nabi 24/10/2021 | 568 Ishtyaq Nabi 16/03/2023 | 450 Rajesh Babu 31/07/2021 | 442.5 Shaun Bateman 20/10/2018 | 414 Henry Chay 18/06/2022 | 365.5 Ted Byrne 24/07/2021 | 295 Ted Brown 20/05/2012 | 225 Ted Brown 24/07/2021 |
| BENCH (A/C) | 95 Edward Butcher 26/11/2022 | 115 Kai Gajewiak 10/06/2018 | 127.5 Ishtyaq Nabi 31/08/2022 | 150 Ali Jawad 18/02/2018 | 117.5 Rajesh Babu 31/07/2021 | 107.5 Shaun Bateman 20/10/2018 | 81.5 Henry Chay 18/06/2022 | 81 Ted Brown 17/08/2013 | 81 Ted Brown 17/08/2013 | 72.5 Ted Brown 23/02/2020 |

| | U16 | U18 | U23 | open | M1 | M2 | M3 | M4 | M5 | M6 |
|--------------------|----------------------------------------|--------------------------------------|----------------------------------------|--------------------------------------|-----------------------------------|---------------------------------|------------------------------------|------------------------------------|----------|----------|
| -66kg | | | | | | | | | | |
| SQUAT | 177.5 Gregory Pearson 15/05/2022 | 200 Finley Mercer 21/10/2018 | 210 Elliot Stone 24/11/2017 | 240.5 Kibria Ali 17/03/2023 | 195 David Gray 03/10/2015 | 195 David Gray 03/10/2015 | 147.5 Ted Byrne 08/03/2015 | 135 Michael James 26/10/2019 | Standard | Standard |
| BENCH PRESS | 107.5 Gregory Pearson 15/05/2022 | 133 Finley Mercer 21/10/2018 | 145 Hamish Ballantyne 24/10/2021 | 152.5 Joseph Diva 13/08/2022 | 137 David Gray 08/09/2016 | 137 David Gray 08/09/2016 | 105 David Pelta 19/11/2011 | 90 Michael James 26/10/2019 | Standard | Standard |
| DEADLIFT | 205.5 Gregory Pearson 15/05/2022 | 245.5 Finley Mercer 21/10/2018 | 257 Daniel Sherman 13/10/2018 | 275 Alexander Espin 28/05/2022 | 253 David Gray 08/03/2018 | 253 David Gray 08/03/2018 | 205.5 Ted Byrne 08/03/2015 | 183 Michael James 26/10/2019 | Standard | Standard |
| TOTAL | 490.5 Gregory Pearson 15/05/2022 | 578.5 Finley Mercer 21/10/2018 | 582 Daniel Sherman 13/10/2018 | 635.5 Kibria Ali 17/03/2023 | 581 David Gray 03/10/2015 | 581 David Gray 03/10/2015 | 438 Ted Byrne 08/03/2015 | 408 Michael James 26/10/2019 | Standard | Standard |
| BENCH (A/C) | 118 Gregory Pearson 04/03/2023 | 133 Finley Mercer 21/10/2018 | 147.5 Ed Kimber 03/08/2022 | 182.5 Jason Irving 02/10/2011 | 145 Aaron Gideon 12/06/2022 | 137 David Gray 08/09/2016 | 107.5 David Pelta 18/05/2019 | 107.5 David Pelta 18/05/2019 | Standard | Standard |

| | U16 | U18 | U23 | open | M1 | M2 | M3 | M4 | M5 | M6 |
|--------------------|-----------------------------------------------|-----------------------------------------|-------------------------------------|-----------------------------------|-----------------------------------|----------------------------------------|-------------------------------------|-------------------------------------|-----------------------------------|----------|
| -74kg | | | | | | | | | | |
| SQUAT | 170.5 Fergus Falconer 15/05/2022 | 218 Isaac Wong 15/05/2022 | 258 Krishan Mistry 22/10/2021 | 281 Dylan Nelson 16/03/2023 | 242.5 Dave White 11/03/2022 | 217.5 Phillip Richard 02/03/2023 | 192.5 Nigel Gillis 25/07/2021 | 155 Ernie Parkes 11/03/2020 | 85 Dessie Scott 25/09/2021 | Standard |
| BENCH PRESS | 125 Fergus Falconer 15/05/2022 | 148 James Kenneth Anar 24/10/2021 | 185 Lee Harris 22/10/2021 | 190 Owen Hubbard 18/02/2017 | 165 Paul Cooper 03/10/2015 | 140 Phillip Richard 18/06/2022 | 130 Cliff Haynes 25/07/2021 | 120 Alex Lee 01/02/2013 | 60 Dessie Scott 25/09/2021 | Standard |
| DEADLIFT | 210 William Comsteanu Bailey 13/10/2018 | 253 Ivan Dela Cruz 24/10/2021 | 308 Ade Omisakin 05/12/2021 | 308 Ade Omisakin 05/12/2021 | 280 Paul Cooper 03/10/2015 | 240.5 Bernie McGurk 20/10/2018 | 227.5 Ernie Parkes 06/06/2018 | 227.5 Ernie Parkes 06/06/2018 | 120 Dessie Scott 25/09/2021 | Standard |
| TOTAL | 500 William Comsteanu Bailey 13/10/2018 | 583 Ivan Dela Cruz 24/10/2021 | 723 Ade Omisakin 05/12/2021 | 723 Ade Omisakin 05/12/2021 | 650 Paul Cooper 03/10/2015 | 582.5 Phillip Richard 02/03/2023 | 526 Steve Walker 11/03/2017 | 462.5 Ernie Parkes 06/06/2018 | 265 Dessie Scott 25/09/2021 | Standard |
| BENCH (A/C) | 125 Fergus Falconer 15/05/2022 | 148 James Kenneth Anar 24/10/2021 | 185 Lee Harris 07/08/2021 | 190 Owen Hubbard 18/02/2017 | 165 Paul Cooper 03/10/2015 | 140 Phillip Richard 18/06/2022 | 135.5 Cliff Haynes 23/02/2020 | 120 Alex Lee 01/02/2013 | 60 Dessie Scott 25/09/2021 | Standard |

| | U16 | U18 | U23 | open | M1 | M2 | M3 | M4 | M5 | M6 |
|--------------------|--------------------------------------|-------------------------------------|-------------------------------------|---------------------------------------|-------------------------------------|---------------------------------------|---------------------------------------|-------------------------------------|-----------------------------------|----------|
| -83kg | | | | | | | | | | |
| SQUAT | 213 Cai Read 15/05/2022 | 232.5 Isaak Manuel 03/09/2022 | 290.5 Dylan Nelson 25/11/2017 | 310.5 Jurins Kengamu 18/03/2023 | 240 Phil Richard 27/04/2019 | 227.5 Phil Richard 01/05/2022 | 195 Willie Lincoln 15/10/2011 | 173 Mick Amey 26/10/2019 | 80 Dessie Scott 11/12/2021 | Standard |
| BENCH PRESS | 145 Kirill Sakharov 25/11/2017 | 162.5 Theo Goff 27/09/2021 | 205 Owen Hubbard 10/06/2015 | 218.5 Owen Hubbard 06/12/2019 | 170 Danny Potter 28/05/2022 | 146 Phil Richard 01/05/2022 | 127.5 Willie Lincoln 15/10/2011 | 105 Alan Twigg 02/06/2019 | 65 Dessie Scott 11/12/2021 | Standard |
| DEADLIFT | 250.5 Theo Goff 03/11/2019 | 265 Jonathan Lewis 03/11/2019 | 327.5 Nathan Gevao 03/09/2022 | 343 Saheed Aregbe 28/05/2022 | 305 Robert Rodney 20/01/2019 | 305 Robert Rodney 20/01/2019 | 238 Grant Sugarman 18/06/2022 | 232.5 Ernie Parkes 19/03/2016 | 130 Dessie Scott 11/12/2021 | Standard |
| TOTAL | 597.5 Jack Hopkins 03/11/2019 | 627.5 Theo Goff 04/12/2021 | 782.5 Nathan Gevao 03/09/2022 | 820.5 Jurins Kengamu 18/03/2023 | 665 Robert Rodney 20/01/2019 | 665 Robert Rodney 20/01/2019 | 535.5 Grant Sugarman 18/06/2022 | 495 Ernie Parkes 19/03/2016 | 275 Dessie Scott 11/12/2021 | Standard |
| BENCH (A/C) | 145 Kirill Sakharov 25/11/2017 | 162.5 Theo Goff 27/09/2021 | 205 Owen Hubbard 10/06/2015 | 220 Owen Hubbard 02/12/2022 | 171 Barrie Tavener 12/06/2022 | 157.5 Neal Collinson 24/01/2016 | 154 Phillip Stringer 03/03/2012 | 126 Alexander Lee 06/09/2014 | 65 Dessie Scott 11/12/2021 | Standard |

| -93kg | U16 | U18 | U23 | open | M1 | M2 | M3 | M4 | M5 | M6 |
|--------------------|-------------------------------------|-------------------------------------|------------------------------------|--------------------------------------------|--------------------------------------|--------------------------------------|-------------------------------------|------------------------------------|----------|----------|
| SQUAT | 210 Seb Hillsdon 24/10/2021 | 270 Jack Hopkins 04/12/2021 | 303 James Adcock 14/05/2022 | 303 James Adcock 14/05/2022 | 270 Robert Love 03/12/2017 | 250 Andy Bonner 16/08/2015 | 250 Andy Bonner 16/08/2015 | 200 Kevin Jane 18/06/2022 | Standard | Standard |
| BENCH PRESS | 135 Oliver Philpot 15/05/2022 | 190 Luke Tolman 25/11/2017 | 216 Jack Taylor 04/04/2022 | 216 Jack Taylor 04/04/2022 | 190.5 Sheridan Wray 21/10/2018 | 161 Jaswinder Singh 27/10/2019 | 153 Gordon Scott 12/06/2022 | 120 Kevin Jane 25/07/2021 | Standard | Standard |
| DEADLIFT | 255 Seb Hillsdon 24/10/2021 | 310 Jack Hopkins 28/09/2021 | 343 James Adcock 14/05/2022 | 360 Christian Ayandokun 02/12/2022 | 311 Thomas Celestin 25/07/2021 | 310 Robert Rodney 08/03/2018 | 278.5 Andy Bonner 20/03/2016 | 237.5 Kevin Jane 25/07/2021 | Standard | Standard |
| TOTAL | 577.5 Seb Hillsdon 24/10/2021 | 752.5 Jack Hopkins 04/12/2021 | 811 James Adcock 14/05/2022 | 842.5 Christian Ayandokun 02/12/2022 | 703 Robert Rodney 16/06/2017 | 703 Robert Rodney 16/06/2017 | 668.5 Andy Bonner 16/08/2015 | 552.5 Kevin Jane 25/07/2021 | Standard | Standard |
| BENCH (A/C) | 135 Oliver Philpot 15/05/2022 | 190 Luke Tolman 25/11/2017 | 217.5 Jack Taylor 03/08/2022 | 217.5 Jack Taylor 03/08/2022 | 205 Andrew Rigby 15/05/2018 | 205 Andrew Rigby 15/05/2018 | 190.5 Andrew Rigby 19/02/2022 | 125 Mie Edmondson 04/03/2012 | Standard | Standard |

| -105kg | U16 | U18 | U23 | open | M1 | M2 | M3 | M4 | M5 | M6 |
|--------------------|--------------------------------------|----------------------------------------|----------------------------------------|----------------------------------------------|------------------------------------|------------------------------------|--------------------------------------|----------------------------------------|----------|----------|
| SQUAT | 210 Edward Crossley 13/10/2018 | 270 Kirill Sakharov 01/12/2019 | 320 Joshua Greenfield 26/11/2017 | 345.5 Joshua Greenfield 01/09/2019 | 327.5 Samuel Watt 01/09/2019 | 325 Samuel Watt 13/03/2022 | 215.5 Arthur Cowley 19/05/2019 | 190 John Gavin Walker 21/08/2011 | Standard | Standard |
| BENCH PRESS | 140 Edward Crossley 13/10/2018 | 195.5 Kirill Sakharov 01/12/2019 | 213 Kirill Sakharov 14/05/2022 | 220 Aaron Hull 22/10/2017 | 198 Scott Simon 19/06/2022 | 195 Samuel Watt 13/03/2022 | 135 Standard | 116 John Gavin Walker 21/08/2011 | Standard | Standard |
| DEADLIFT | 227.5 Bradley May 31/10/2015 | 330 Nonso Chinye 03/09/2022 | 330 Nonso Chinye 03/09/2022 | 372.5 Abdul Majeed Sulayman 10/06/2022 | 367.5 Samuel Watt 13/03/2022 | 367.5 Samuel Watt 13/03/2022 | 253 Arthur Cowley 19/05/2019 | 231 John Gavin Walker 21/08/2011 | Standard | Standard |
| TOTAL | 575 Edward Crossley 13/10/2018 | 740.5 Kirill Sakharov 01/12/2019 | 800 Joshua Greenfield 26/11/2017 | 897.5 Abdul Majeed Sulayman 10/06/2022 | 887.5 Samuel Watt 13/03/2022 | 887.5 Samuel Watt 13/03/2022 | 592.5 Kevin Jane 17/08/2014 | 537 John Gavin Walker 21/08/2011 | Standard | Standard |
| BENCH (A/C) | 140 Edward Crossley 13/10/2018 | 195.5 Kirill Sakharov 01/12/2019 | 213 Kirill Sakharov 14/05/2022 | 230 Mihails Monastirkis 10/08/2019 | 225 Andrew Rigby 06/10/2013 | 225 Andrew Rigby 06/10/2013 | 203 Andrew Rigby 04/03/2023 | 162.5 Tom Collins 24/01/2016 | Standard | Standard |

| -120kg | U16 | U18 | U23 | open | M1 | M2 | M3 | M4 | M5 | M6 |
|--------------------|---------------------------------------|-------------------------------------|--------------------------------------|-----------------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|------------------------------------|----------|
| SQUAT | 225 Connor O'Donnell 02/11/2019 | 275 Bradley May 17/09/2017 | 327.5 Mark MacQueen 20/06/2017 | 340 Tony Cliffe 22/10/2017 | 307.5 Adam Berry 25/07/2021 | 287.5 Colin Wright 11/03/2017 | 234 Nigel Haigh 05/06/2019 | 167.5 Chris Gladding 10/02/2013 | Standard | Standard |
| BENCH PRESS | 140 Lee McCafferty 25/11/2018 | 185 Jack Johnson 07/03/2016 | 217.5 Kieran Gray 10/06/2019 | 245 Tony Cliffe 27/02/2023 | 215 Alistair Murdoch 12/03/2020 | 215 Alistair Murdoch 12/03/2020 | 155 Mike Claydon 07/07/2012 | 130 Chris Gladding 05/06/2015 | Standard | Standard |
| DEADLIFT | 260 Connor O'Donnell 02/11/2019 | 280.5 Josh Pearson 02/11/2019 | 333.5 Kieran Gray 02/11/2019 | 375.5 Inderraj Singh Dhillon 04/12/2022 | 340 Nick Clarke 27/10/2019 | 320 Colin Wright 11/03/2017 | 262.5 Steven Lambert 29/05/2022 | 195.5 Trevor Walker 27/05/2018 | Standard | Standard |
| TOTAL | 625 Connor O'Donnell 02/11/2019 | 702.5 Jack Johnson 29/10/2016 | 865 Kieran Gray 10/06/2019 | 945 Tony Cliffe 27/02/2023 | 810 Nick Clarke 27/10/2019 | 777.5 Colin Wright 11/03/2017 | 610 Mike Claydon 07/07/2012 | 485 Chris Gladding 10/02/2013 | Standard | Standard |
| BENCH (A/C) | 150 Craig Williams 17/09/2011 | 185 Jack Johnson 07/03/2016 | 217.5 Kieran Gray 10/06/2019 | 245 Tony Cliffe 27/02/2023 | 222.5 Andrew Rigby 09/03/2013 | 222.5 Andrew Rigby 09/03/2013 | 201 Andrew Rigby 26/05/2022 | 155 Tom Collins 16/05/2018 | 95 Chris Gladding 13/06/2021 | Standard |

| 120kg+ | U16 | U18 | U23 | open | M1 | M2 | M3 | M4 | M5 | M6 |
|--------------------|------------------------------------|------------------------------------|-----------------------------------------|-----------------------------------------|--------------------------------------|----------------------------------------|-------------------------------------|------------------------------------|----------|----------|
| SQUAT | 240 Ray Bowring 25/11/2018 | 305 Ray Bowring 01/12/2019 | 403 Luke Richardson 28/11/2018 | 403 Luke Richardson 28/11/2018 | 295 Paul Walker 19/06/2022 | 275 Andy Rodney 16/06/2017 | 247.5 Nigel Haigh 12/03/2020 | 172.5 Standard | Standard | Standard |
| BENCH PRESS | 130 Ray Bowring 25/11/2018 | 160.5 Ray Bowring 02/11/2019 | 222.5 Luke Richardson 28/11/2018 | 242.5 Tony Cliffe 19/01/2020 | 230 Chris Baker 21/10/2018 | 195 Michael Adams 20/03/2016 | 160 Frank O Donnel 25/07/2021 | 117.5 Standard | Standard | Standard |
| DEADLIFT | 222.5 Tom Whinnie 14/05/2022 | 285.5 Ray Bowring 02/11/2019 | 385 Luke Richardson 28/11/2018 | 385 Luke Richardson 28/11/2018 | 313 Ricky Mullan 27/10/2019 | 291 Frank O'Donnell 27/10/2019 | 280 Frank O Donnel 25/07/2021 | 200 Trevor Walker 30/05/2022 | Standard | Standard |
| TOTAL | 590 Ray Bowring 25/11/2018 | 748.5 Ray Bowring 02/11/2019 | 1010.5 Luke Richardson 28/11/2018 | 1010.5 Luke Richardson 28/11/2018 | 792.5 Chris Baker 10/12/2017 | 722.5 Andy Rodney 20/06/2016 | 650 Frank O Donnel 25/07/2021 | 435 Trevor Walker 30/05/2022 | Standard | Standard |
| BENCH (A/C) | 130 Ray Bowring 25/11/2018 | 170 Graham Mellor 11/11/2012 | 222.5 Luke Richardson 28/11/2018 | 242.5 Tony Cliffe 19/01/2020 | 237.5 Paul Merricks 03/06/2017 | 202.5 John Bernasconi 08/02/2015 | 160 Frank O Donnel 25/07/2021 | 117.5 Standard | Standard | Standard |

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