



Top 20 Women ranked by IPF points

Classic Powerlifting IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition	
1	Hannah Yardy	M1	63	95.84	SW	EPF European Masters Classic
2	Lenka Pilnikova	M1	47	94.81	NW	EPF European Masters Classic
3	Helen Hughes	M1	57	86.56	SM	EPF European Masters Classic
4	Genevieve Collins	M1	76	84.16	NW	EPF European Masters Classic
5	Rebecca Coggle	M1	84+	83.50	SE	EPF European Masters Classic
6	Catherine Shamel	M1	57	82.99	WM	EPF European Masters Classic
7	Beth Clinkscales	U23	63	82.55	SCO	Scottish University
8	Georgina Hazell	M2	84	81.65	EM	EPF European Masters Classic
9	Helen Ferguson-Ford	M1	84+	80.92	SCO	EPF European Masters Classic
10	Amelia Allen	M2	76	80.71	SW	EPF European Masters Classic
11	Aimee Guthrie	U23	76	80.21	SCO	Scottish University
12	Karren Burns	M2	57	76.89	NI	EPF European Masters Classic
13	Libby Blair	M2	84+	75.62	NI	EPF European Masters Classic
14	Terrie Redmore	M2	69	75.48	EM	EPF European Masters Classic
15	Fiona Macdonald	U23	69	73.57	SCO	Scottish University
16	Jacqui North	M2	63	73.57	YNE	EPF European Masters Classic
17	Deborah Tiernan	M3	57	73.07	EM	EPF European Masters Classic
18	Rona Hitchens	U23	57	72.91	SCO	Scottish University
19	Sharon Holmes	M2	63	72.36	NW	EPF European Masters Classic
20	Beverley Rodgers	M2	69	72.24	SM	EPF European Masters Classic

Equipped Powerlifting IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition	
1	Sheri Miles	Senior	76	88.84	SE	British Equipped
2	Emma Goodwin	Senior	52	88.43	SM	British Equipped
3	Kate Sweatman	Senior	84+	86.95	EM	British Equipped
4	Lauren Elder	Senior	63	85.99	NI	British Equipped
5	Christie Civetta	Senior	84	85.40	EM	British Equipped
6	Lucy Hart	Senior	57	81.26	SM	British Equipped
7	Amy Spencer	Senior	76	79.58	SW	British Equipped
8	Catherine Hoaresmith	Senior	57	76.84	WM	British Equipped
9	Faye Jordan	M1	69	76.57	EM	British Equipped
10	Catherine Gordon	M2	76	75.23	SCO	British Equipped
11	Jennifer Sherwood	M2	76	71.09	WM	British Equipped
12	Louise Edwards	M1	52	68.59	NM	British Equipped
13	Amanda Hughes	M1	57	68.07	SM	British Equipped
14	Maureen Gordon	M2	69	67.85	SCO	British Equipped
15	Lottie Hall	Senior	69	65.42	EM	British Equipped
16	Rita Shergold	M2	63	62.34	SM	British Equipped
17	Wendie Kirkland	M2	69	61.82	NM	British Equipped
18	Gracie Besant	U18	69	61.25	EM	British Equipped
19	Allison Rodney	M2	57	57.76	GL	British Equipped
20	Michelle Brand	M2	84	56.33	SCO	British Equipped

Classic Bench IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition	
1	Camille Holland	Senior	133	93.66	EM	British Classic Bench Press
2	Melina Irawo	U23	120.5	90.34	GL	British Classic Bench Press
3	Victoria Cavalier- Hirth	Senior	127.5	89.92	SM	British Classic Bench Press
4	Caitlin Marie Baxter	U23	100	89.62	YNE	British Classic Bench Press
5	Rebecca Coggle	M1	117.5	82.85	SE	EPF European Masters Classic
6	Lenka Pilnikova	M1	77.5	82.70	NW	EPF European Masters Classic
7	Charlotte Macpherson	Senior	100	81.92	EM	British Classic Bench Press
8	Ruth Grigg	Senior	87.5	81.86	YNE	British Classic Bench Press
9	Jacqueline Gough	M1	115	80.99	NM	British Classic Bench Press
10	Hannah Yardy	M1	95	79.76	SW	EPF European Masters Classic
11	Helen Hughes	M1	87.5	78.64	SM	EPF European Masters Classic
12	Sheina Kaye	Senior	85	78.55	NW	British Classic Bench Press
13	Yasmin Burt	U23	93	77.88	NM	British Classic Bench Press
14	Karen Lai	Senior	95	76.46	GL	British Classic Bench Press
15	Bettina Hanlon	U23	95	76.05	NW	British Classic Bench Press
16	Amelia Allen	M2	97.5	75.47	SW	EPF European Masters Classic
17	Joanne Parkin	M1	105	74.48	SCO	British Classic Bench Press
18	Sinead Hines	M1	92.5	74.45	NW	British Classic Bench Press
19	Helen Ferguson-Ford	M1	105	74.24	SCO	EPF European Masters Classic
20	Beverley Rodgers	M2	92.5	73.96	SM	EPF European Masters Classic

Equipped Bench IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition	
1	Kate Sweatman	Senior	84+	88.72	EM	British Equipped
2	Rachel Steedman	Senior	76	78.06	SCO	British Equipped Bench Press
3	Christie Civetta	Senior	84	70.55	EM	British Equipped
4	Faye Jordan	M1	69	69.17	EM	British Equipped
5	Camille Holland	Senior	84+	66.73	EM	British Equipped Bench Press
6	Amila Dissanayake	Senior	52	66.68	GL	British Equipped Bench Press
7	Siobhan Taylor	M1	84+	66.46	EM	British Equipped Bench Press
8	Romina Basting	Senior	57	66.34	EM	British Equipped Bench Press
9	Karen Lai	Senior	69	65.32	GL	British Equipped Bench Press
10	Maureen Gordon	M2	69	64.20	SCO	British Equipped Bench Press
11	Sheri Miles	Senior	76	63.14	SE	British Equipped
12	Amy Spencer	Senior	76	62.67	SW	British Equipped
13	Catherine Gordon	M2	76	59.73	SCO	British Equipped
14	Joanne Laird	M2	84+	58.52	YNE	British Equipped Bench Press
15	Lucy Hart	Senior	57	56.71	SM	British Equipped
16	Rita Shergold	M2	63	56.39	SM	British Equipped Bench Press
17	Wendie Kirkland	M2	69	56.15	NM	British Equipped Bench Press
18	Katie Higgins	Senior	76	56.06	EM	British Equipped Bench Press
19	Emma Goodwin	Senior	52	55.70	SM	British Equipped
20	Lauren Elder	Senior	63	54.48	NI	British Equipped

47kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Lenka Pilnikova	M1	340	94.81	NW	EPF European Masters Classic
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Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Lenka Pilnikova	M1	77.5	82.70	NW	EPF European Masters Classic
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Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
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52kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Asia Di Tella	U23	237.5	63.25	SCO	Scottish University
2	Jennifer Hunter	M3	237.5	60.43	EM	EPF European Masters Classic
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Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Emma Goodwin	Senior	432.5	88.43	SM	British Equipped
2	Louise Edwards	M1	335	68.59	NM	British Equipped
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Kate Clarke	M1	65	63.81	YNE	British Classic Bench Press
2	Jennifer Hunter	M3	60	57.90	EM	EPF European Masters Classic
3	Clare Dane	Senior	57.5	57.10	GBR	British Classic Bench Press
4	Niamh Mallen	Senior	57.5	56.66	WM	British Classic Bench Press
5	Violet Clarke Waller	U18	42.5	40.97	YNE	British Classic Bench Press
6	Asia Di Tella	U23	40	40.53	SCO	Scottish University
7	Judith McGauley	M4	32.5	33.07	EM	British Classic Bench Press
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Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Amila Dissanayake	Senior	95	66.68	GL	British Equipped Bench Press
2	Emma Goodwin	Senior	80	55.70	SM	British Equipped
3	Louise Edwards	M1	67.5	47.07	NM	British Equipped
4	Judith McGauley	M4	35	25.61	EM	British Equipped Bench Press
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57kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Helen Hughes	M1	365	86.56	SM	EPF European Masters Classic
2	Catherine Shamel	M1	352.5	82.99	WM	EPF European Masters Classic
3	Karren Burns	M2	325	76.89	NI	EPF European Masters Classic
4	Deborah Tiernan	M3	307.5	73.07	EM	EPF European Masters Classic
5	Rona Hitchins	U23	307.5	72.91	SCO	Scottish University
6	Valerie Dourley	M3	257.5	61.00	SCO	EPF European Masters Classic
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Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Lucy Hart	Senior	422.5	81.26	SM	British Equipped
2	Catherine Hoaresmith	Senior	395	76.84	WM	British Equipped
3	Amanda Hughes	M1	347.5	68.07	SM	British Equipped
4	Allison Rodney	M2	300	57.76	GL	British Equipped
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Caitlin Marie Baxter	U23	100	89.62	YNE	British Classic Bench Press
2	Ruth Grigg	Senior	87.5	81.86	YNE	British Classic Bench Press
3	Helen Hughes	M1	87.5	78.64	SM	EPF European Masters Classic
4	Sheina Kaye	Senior	85	78.55	NW	British Classic Bench Press
5	Catherine Shamel	M1	82.5	73.63	WM	EPF European Masters Classic
6	Justine Lee	Senior	72.5	67.83	YNE	British Classic Bench Press
7	Rachael Pawson	Senior	65	60.43	WM	British Classic Bench Press
8	Deborah Tiernan	M3	65	58.53	EM	EPF European Masters Classic
9	Emma Stott	M1	65	58.25	NM	British Classic Bench Press
10	Amelia Hoggard- Leathers	Senior	62.5	56.77	YNE	British Classic Bench Press
11	Amelia Fox	U23	60	54.65	WM	British Classic Bench Press
12	Karren Burns	M2	60	53.80	NI	EPF European Masters Classic
13	Maggie McCormick	M2	55	51.14	NI	British Classic Bench Press
14	Kayleigh Grimble	U18	55	50.10	SE	British Classic Bench Press
15	Rona Hitchins	U23	55	49.42	SCO	Scottish University
16	Joanne Holden	M2	45	40.76	YNE	British Classic Bench Press
17	Valerie Dourley	M3	45	40.40	SCO	EPF European Masters Classic
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Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Romina Basting	Senior	102.5	66.34	EM	British Equipped Bench Press
2	Lucy Hart	Senior	87.5	56.71	SM	British Equipped
3	Catherine Hoaresmith	Senior	80	52.53	WM	British Equipped
4	Amanda Hughes	M1	77.5	51.31	SM	British Equipped
5	Allison Rodney	M2	75	48.67	GL	British Equipped
6	Nicola Murphy	M1	62.5	41.32	EM	British Equipped Bench Press
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63kg Class Top 20 Women ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Hannah Yardy	M1	435	95.84	SW	EPF European Masters Classic
2	Beth Clinkscapes	U23	375	82.55	SCO	Scottish University
3	Jacqui North	M2	330	73.57	YNE	EPF European Masters Classic
4	Sharon Holmes	M2	330	72.36	NW	EPF European Masters Classic
5	Joan Trimble	M3	322.5	71.10	GL	EPF European Masters Classic
6	Molly Wickett	U23	312.5	69.16	SCO	Scottish University
7	Katie Trembath	U23	297.5	69.60	SCO	Scottish University
8	Anna Foster	U23	297.5	65.09	SCO	Scottish University
9	Chloe Wilson	U23	282.5	62.86	SCO	Scottish University
10	Lenka Trembecka	Senior	275	60.86	SCO	Scottish University
11	Barbara del Pino	U23	275	60.80	SCO	Scottish University
12	Jemimah Hall	U23	265	59.16	SCO	Scottish University
13	Lea Billich	U23	260	58.64	SCO	Scottish University
14	Rachel Lawson	U23	250	55.81	SCO	Scottish University
15	Susan Sabuda	M3	247.5	54.76	NW	EPF European Masters Classic
16	Grace Galvin	Senior	240	52.72	SCO	Scottish University
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Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Lauren Elder	Senior	475	85.99	NI	British Equipped
2	Rita Shergold	M2	342.5	62.34	SM	British Equipped
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Hannah Yardy	M1	95	79.76	SW	EPF European Masters Classic
2	Yasmin Burt	U23	93	77.88	NM	British Classic Bench Press
3	Suki Moss	Senior	80	67.89	EM	British Classic Bench Press
4	Emily Cakebread	U23	77.5	65.39	SE	British Classic Bench Press
5	Sharon Holmes	M2	77.5	64.80	NW	EPF European Masters Classic
6	Moira Pritchard	M2	75	63.04	NW	British Classic Bench Press
7	Beth Clinkscapes	U23	75	62.92	SCO	Scottish University
8	Debbie Bell	Senior	72.5	62.69	GL	British Classic Bench Press
9	Sarah Smart	Senior	70	59.29	NM	British Classic Bench Press
10	Natalie Matthews	U23	70	59.17	WM	British Classic Bench Press
11	Chloe Wilson	U23	67.5	57.17	SCO	Scottish University
12	Rita Shergold	M2	65	54.95	SM	British Classic Bench Press
13	Rachel Spragg	M2	62.5	52.44	SE	British Classic Bench Press
14	Jacqui North	M2	60	50.91	YNE	EPF European Masters Classic
15	Lenka Trembecka	Senior	60	50.57	SCO	Scottish University
16	Joan Trimble	M3	60	50.40	GL	EPF European Masters Classic
17	Katie Trembath	U23	57.5	51.01	SCO	Scottish University
18	Molly Wickett	U23	57.5	48.47	SCO	Scottish University
19	Anna Foster	U23	57.5	47.98	SCO	Scottish University
20	Lea Billich	U23	55	47.15	SCO	Scottish University

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Rita Shergold	M2	92.5	56.39	SM	British Equipped Bench Press
2	Lauren Elder	Senior	90	54.48	NI	British Equipped
3	Natalie Matthews	U23	80	48.67	WM	British Equipped Bench Press
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69kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Terrie Redmore	M2	362.5	75.48	EM	EPF European Masters Classic
2	Fiona Macdonald	U23	352.5	73.57	SCO	Scottish University
3	Beverley Rodgers	M2	347.5	72.24	SM	EPF European Masters Classic
4	Lizzy Olowe	U23	307.5	64.39	SCO	Scottish University
5	Jean Lagman	Senior	287.5	59.81	SCO	Scottish University
6	Caroline Calver	M3	247.5	52.09	EM	EPF European Masters Classic
7	Jenny Lawson	U23	232.5	48.77	SCO	Scottish University
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Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Faye Jordan	M1	435.5	76.57	EM	British Equipped
2	Maureen Gordon	M2	387.5	67.85	SCO	British Equipped
3	Lottie Hall	Senior	380	65.42	EM	British Equipped
4	Wendie Kirkland	M2	357.5	61.82	NM	British Equipped
5	Gracie Besant	U18	355	61.25	EM	British Equipped
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Charlotte Macpherson	Senior	100	81.92	EM	British Classic Bench Press
2	Karen Lai	Senior	95	76.46	GL	British Classic Bench Press
3	Bettina Hanlon	U23	95	76.05	NW	British Classic Bench Press
4	Sinead Hines	M1	92.5	74.45	NW	British Classic Bench Press
5	Beverley Rodgers	M2	92.5	73.96	SM	EPF European Masters Classic
6	Lincoln Rose	M2	90	71.95	SE	British Classic Bench Press
7	Catherine Clarke	U23	80	65.96	SW	British Classic Bench Press
8	Dana Sutor	Senior	80	64.39	NI	British Classic Bench Press
9	Terrie Redmore	M2	80	64.05	EM	EPF European Masters Classic
10	Maureen Gordon	M2	77.5	62.82	SCO	British Classic Bench Press
11	Sharon Satish	U23	72.5	59.39	NM	British Classic Bench Press
12	Fiona Macdonald	U23	72.5	58.15	SCO	Scottish University
13	Wendie Kirkland	M2	67.5	54.18	NM	British Classic Bench Press
14	Lizzy Olowe	U23	65	52.28	SCO	Scottish University
15	Jenny Lawson	U23	45	36.24	SCO	Scottish University
16	Jean Lagman	Senior	45	36.00	SCO	Scottish University
17	Caroline Calver	M3	42.5	34.32	EM	EPF European Masters Classic
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Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Faye Jordan	M1	118	69.17	EM	British Equipped
2	Karen Lai	Senior	112.5	65.32	GL	British Equipped Bench Press
3	Maureen Gordon	M2	110	64.20	SCO	British Equipped Bench Press
4	Wendie Kirkland	M2	97.5	56.15	NM	British Equipped Bench Press
5	Angharad Fraser-Williams	Senior	85	49.07	WAL	British Equipped
6	Lottie Hall	Senior	75	42.98	EM	British Equipped
7	Gracie Besant	U18	70	40.21	EM	British Equipped
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76kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Genevieve Collins	M1	417.5	84.16	NW	EPF European Masters Classic
2	Amelia Allen	M2	405	80.71	SW	EPF European Masters Classic
3	Aimee Guthrie	U23	400	80.21	SCO	Scottish University
4	Imaan Hasan	U23	327.5	64.65	SCO	Scottish University
5	Eilin Alsop	U23	312.5	62.28	SCO	Scottish University
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Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Sheri Miles	Senior	537.5	88.84	SE	British Equipped
2	Amy Spencer	Senior	485	79.58	SW	British Equipped
3	Catherine Gordon	M2	450	75.23	SCO	British Equipped
4	Jennifer Sherwood	M2	432.5	71.09	WM	British Equipped
5	Dawn Morrell	M3	275.5	46.03	SW	British Equipped
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Amelia Allen	M2	97.5	75.47	SW	EPF European Masters Classic
2	Aimee Guthrie	U23	95	73.87	SCO	Scottish University
3	Hollie Johnson	Senior	90	69.57	YNE	British Classic Bench Press
4	Genevieve Collins	M1	85	66.36	NW	EPF European Masters Classic
5	Nicola Edkins	Senior	82.5	64.15	SE	British Classic Bench Press
6	Natasha Eaton	Senior	82.5	63.96	WAL	British Classic Bench Press
7	Grace De La Haye	Senior	82.5	63.78	NM	British Classic Bench Press
8	Delyth Jones	M1	80	62.67	WAL	British Classic Bench Press
9	Lisa Liddy	M2	75	58.20	YNE	British Classic Bench Press
10	Katie Tatum	U18	70	54.96	SE	British Classic Bench Press
11	Imaan Hasan	U23	67.5	51.89	SCO	Scottish University
12	Eilin Alsop	U23	60	46.45	SCO	Scottish University
13	Janice Hawes	M3	52.5	40.95	EM	British Classic Bench Press
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Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Rachel Steedman	Senior	140.5	78.06	SCO	British Equipped Bench Press
2	Sheri Miles	Senior	115	63.14	SE	British Equipped
3	Amy Spencer	Senior	115	62.67	SW	British Equipped
4	Catherine Gordon	M2	107.5	59.73	SCO	British Equipped
5	Katie Higgins	Senior	102.5	56.06	EM	British Equipped Bench Press
6	Jennifer Sherwood	M2	92.5	50.50	WM	British Equipped
7	Dawn Morrell	M3	60	33.31	SW	British Equipped
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84kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Georgina Hazell	M2	430	81.65	EM	EPF European Masters Classic
2	Hannah McColl	U23	345	65.15	SCO	Scottish University
3	Ellie Foster	U23	280	54.45	SCO	Scottish University
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Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Christie Civetta	Senior	542.5	85.40	EM	British Equipped
2	Michelle Brand	M2	357.5	56.33	SCO	British Equipped
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Melina Irawo	U23	120.5	90.34	GL	British Classic Bench Press
2	Lucy Robinson	Senior	95	71.46	YNE	British Classic Bench Press
3	Georgina Hazell	M2	92.5	69.25	EM	EPF European Masters Classic
4	Amy McCarthy	Senior	87.5	65.56	NM	British Classic Bench Press
5	Lucy Hyde	M1	85	63.53	SE	British Classic Bench Press
6	Karen McKendry	M2	75	56.86	EM	British Classic Bench Press
7	Angela Lauder	M2	75	56.09	SCO	British Classic Bench Press
8	Kelly Fysh	M1	70	52.76	GBR	British Classic Bench Press
9	Lucy Gill	U23	65	49.24	GL	British Classic Bench Press
10	Ellie Foster	U23	57.5	43.74	SCO	Scottish University
11	Hannah McColl	U23	57.5	42.90	SCO	Scottish University
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Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Christie Civetta	Senior	135	70.5483	EM	British Equipped
2	Michelle Brand	M2	92.5	48.3841	SCO	British Equipped
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84kg+ Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Rebecca Coggle	M1	497.5	83.50	SE	EPF European Masters Classic
2	Helen Ferguson-Ford	M1	477.5	80.92	SCO	EPF European Masters Classic
3	Libby Blair	M2	440	75.62	NI	EPF European Masters Classic
4	Scarlet Pickering	U23	290	53.21	SCO	Scottish University
5	Dani McGregor	U23	197.5	36.90	SCO	Scottish University
6	Erin Livingstone	U23	165	28.54	SCO	Scottish University
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Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Kate Sweatman	Senior	625.5	86.95	EM	British Equipped
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Camille Holland	Senior	133	93.66	EM	British Classic Bench Press
2	Victoria Cavalier- Hirth	Senior	127.5	89.92	SM	British Classic Bench Press
3	Rebecca Coggle	M1	117.5	82.85	SE	EPF European Masters Classic
4	Jacqueline Gough	M1	115	80.99	NM	British Classic Bench Press
5	Joanne Parkin	M1	105	74.48	SCO	British Classic Bench Press
6	Helen Ferguson-Ford	M1	105	74.24	SCO	EPF European Masters Classic
7	Joanne Laird	M2	97.5	68.97	YNE	British Classic Bench Press
8	Libby Blair	M2	90	63.95	NI	EPF European Masters Classic
9	Lisa Pilkington	M2	87.5	62.09	NW	British Classic Bench Press
10	Emily Greaves	U23	85	62.27	YNE	British Classic Bench Press
11	Laura Etfer	Senior	85	61.13	YNE	British Classic Bench Press
12	Elaine Jackson	M2	85	60.54	GL	British Classic Bench Press
13	Jamiella Bruzulier	Senior	82.5	58.75	YNE	British Classic Bench Press
14	Senga Dent	M2	80	56.96	SCO	British Classic Bench Press
15	Hellen Frost	M1	80	56.75	SE	British Classic Bench Press
16	Karen Mouch	M2	77.5	55.29	SE	British Classic Bench Press
17	Barbara Leach	M4	66	47.88	NW	British Classic Bench Press
18	Scarlet Pickering	U23	55	40.32	SCO	Scottish University
19	Erin Livingstone	U23	45	32.05	SCO	Scottish University
20	Dani McGregor	U23	40	29.64	SCO	Scottish University

Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Kate Sweatman	Senior	190	88.72	EM	British Equipped
2	Camille Holland	Senior	145	66.73	EM	British Equipped Bench Press
3	Siobhan Taylor	M1	140	66.46	EM	British Equipped Bench Press
4	Joanne Laird	M2	125	58.52	YNE	British Equipped Bench Press
5	Ella Brincat-Smith	U18	75	38.04	NM	British Equipped Bench Press
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