

Top 20 Men ranked by IPF points

Classic Powerlifting IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition
1 Abdul Majeed Sulayman	Senior	105	111.16	YNE	IPF World Classic
2 Jurins Kengamu	Senior	83	111.00	GL	EPF Classic
3 Christian Ayandokun	Senior	93	110.46	EM	EPF Classic
4 Samuel Watt	M2	105	109.65	YNE	British Classic
5 Nathan Gevao	U23	83	108.32	GL	IPF World Junior Classic
6 Ben Pape	Senior	105	108.28	EM	EPF Classic
7 James Adcock	U23	93	106.94	SE	British Juniors
8 Owen Hubbard	Senior	83	106.85	SW	IPF World Classic
9 Kieran Gray	Senior	120	105.50	YNE	EPF Classic
10 Tony Cliffe	Senior	120	104.89	NW	Reykjavik International Games
11 Adam Fulat	Senior	93	104.66	SM	Arnold Classic UK
12 Dylan Nelson	Senior	74	104.38	YNE	British Classic
13 Adedapo Ojewale	Senior	93	104.12	GL	British University
14 Saheed Aregbe	Senior	83	103.58	SE	All England
15 Ade Omisakin	Senior	83	103.57	NW	All England
16 William Pickering	Senior	93	103.40	SM	British Classic
17 Inderraj Singh	Senior	120	103.15	GL	All England
18 Krishan Mistry	Senior	74	102.90	GL	British Classic
19 Ben Wharton	Senior	120	102.90	YNE	British Classic
20 Jack Hopkins	U23	93	102.58	SW	EPF Classic

Equipped Powerlifting IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition
1 Tony Cliffe	Senior	120+	105.33	NW	World Games
2 Robert Palmer	M1	83	99.53	GL	EPF Equipped
3 Jack Johnson	Senior	105	93.84	SM	Arnold Classic UK
4 Ray Bowring	U23	120+	92.21	SM	IPF World Juniors
5 Hugo Duarte	Senior	93	91.03	EM	EPF Equipped
6 Jordan Bollard	Senior	120+	86.71	SM	IPF World Open
7 Bernard McGurk	M2	66	86.65	SCO	EPF Masters Equipped
8 Andy Champ	Senior	105	85.92	EM	Home Nations
9 Dean Bowring	M1	120+	84.77	SW	British Equipped
10 Ranbir Sahota	Senior	120+	84.71	WM	British Equipped
11 Phil Richard	M2	74	83.65	WAL	British Equipped
12 Thomas Morgan	Senior	93	83.08	WAL	Commonwealth Championships
13 Matthew Hallet	Senior	93	82.83	SM	Western European
14 Paul Campbell	Senior	83	82.57	NM	British Equipped
15 Felix Vallejo Ruiz	Senior	93	81.61	SCO	Home Nations
16 Thomas Saunders	Senior	83	81.07	EM	British Equipped
17 Matt Watson	Senior	105	79.25	EM	IPF World Open
18 Khalon Hodson	Senior	93	78.44	NM	British Equipped
19 William Murray	M1	66	76.68	SCO	Home Nations
20 Jas Singh Cheema	M1	83	75.96	WM	British Equipped

Classic Bench IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition
1 Owen Hubbard	Senior	83	110.72	SW	EPF Classic
2 Jack Taylor	U23	93	103.80	NM	EPF Bench Press
3 Lee Harris	Senior	74	99.45	EM	British Classic
4 Tony Cliffe	Senior	120	99.39	GBR	Reykjavik International Games
5 Harrison Sparks	Senior	83	97.67	EM	British University
6 Anujan Srikantha	Senior	83	95.85	GL	British Classic Bench Press
7 Kirill Sakharov	U23	105	95.59	NI	British Juniors
8 Anthony McCleggan	M1	105	95.08	NI	NI Bench Press
9 Christopher Teague	Senior	93	93.93	WM	EPF Bench Press
10 Kieran Gray	Senior	120	93.87	YNE	EPF Classic
11 Sebastian Viteri	Senior	74	93.80	EM	British Classic
12 Abdul Majeed Sulayman	Senior	105	93.33	YNE	Arnold Classic UK
13 Thomas Brannick	Senior	105	93.03	NM	English Bench Press
14 Christian Ayandokun	Senior	93	92.72	EM	EPF Classic
15 Adam Alderman	Senior	59	92.35	EM	English Bench Press
16 Lewis Bennett	U23	105	91.98	SW	EPF Classic
17 Moses Onyegbule	Senior	120	91.53	WM	All England
18 Thomas Evans	U23	93	91.47	GBR	EPF Bench Press
19 Matthew Pond	U23	83	91.09	NW	British Juniors
20 Andrew Ward	Senior	74	90.86	WM	IPF World Bench Press

Equipped Bench IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition
1 Tony Cliffe	Senior	120+	93.16	NW	World Games
2 Keelum Walton	Senior	120+	91.97	SE	Arnold Classic UK
3 Michael Gibson	Senior	105	87.41	NI	NI Bench Press
4 Robert Palmer	M1	93	85.67	GL	British Equipped
5 Duncan Sharp	Senior	120	83.28	YNE	British Equipped
6 Aaron Gideon	M1	66	80.28	GL	Arnold Classic UK
7 Andy Champ	Senior	105	79.65	EM	Home Nations
8 Matthew Hallet	Senior	93	78.74	SM	Western European
9 Jack Johnson	Senior	105	78.68	SM	Arnold Classic UK
10 Thomas Morgan	Senior	93	76.00	WAL	Arnold Classic UK
11 Jordan Bollard	Senior	120+	75.07	SM	IPF World Open
12 Martin Green	M1	105	74.72	SM	English Bench Press
13 Phil Richard	M2	74	73.99	WAL	British Equipped
14 Ray Bowring	U23	120+	73.17	SM	IPF World Juniors
15 Emmanuel Franklin	Senior	74	72.99	GL	English Bench Press
16 Jasvinder Cheema Singh	M1	83	72.48	WM	EPF Masters Equipped
17 Hugo Duarte	Senior	93	71.11	EM	English Bench Press
18 Dean Bowring	M1	120+	71.07	SW	British Equipped
19 James Taylor	Senior	83	68.61	SM	EPF Bench Press
20 Matt Watson	Senior	105	68.19	EM	IPF World Open

59kg Class Top 20 Men ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Ishtyaq Nabi	U23	542.5	90.34	EM	IPF World Junior Classic
2	Benedict Grant	U23	525.5	87.39	SW	British University
3	Aftab Uddin	Senior	517.5	85.71	GL	British Classic
4	Ben Hampson	Senior	502.5	83.53	EM	British Classic
5	Santosh Guru	U23	467.5	77.61	EM	British University
6	Faiad Sharif	U23	465	77.16	SW	IPF University Cup
7	Bailey James	U23	460	76.29	WAL	IPF University Cup
8	Lawrence White	Senior	452.5	75.43	EM	British Classic
9	Michael Morris	Senior	445	74.04	SCO	Scottish Classic
10	Edward Butcher	U16	440	73.13	YNE	EPF Classic
11	Shaun Bateman	M2	432.5	72.03	SW	All England
12	Alfie Bonsell	U16	427.5	71.78	NM	EPF Classic
13	Chung Ho Chow	U23	427.5	71.49	GL	British University
14	Matt Chan	U23	422.5	72.49	SW	British University
15	Jason Lau	Senior	420	69.50	SCO	Scottish Classic
16	Matthew Scanlan	U23	390	67.61	NI	Home Nations
17	Callum Robertson	Senior	390	65.62	NM	British University
18	Henry Chay	M3	387.5	64.56	NW	EPF Masters
19	Rick Gould	M3	350	58.34	NW	All England
20	Louis Eastwood	Senior	322.5	53.66	NI	NI Open

Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Daniel McGauley	Senior	292.5	43.69	EM	British Equipped
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Adam Alderman	Senior	147	92.35	EM	English Bench Press
2	Ishtyaq Nabi	U23	127.5	77.45	EM	IPF World Junior Classic
3	Ben Hampson	Senior	125	75.50	EM	British Classic Bench Press
4	Benedict Grant	U23	122.5	74.30	SW	British University
5	Aftab Uddin	Senior	112.5	67.95	GL	British Classic
6	Jason Lau	Senior	112.5	67.88	SCO	Scottish Classic
7	Chung Ho Chow	U23	105	64.06	GL	British University
8	Santosh Guru	U23	105	63.57	EM	British University
9	Faiad Sharif	U23	102.5	63.05	SW	British University
10	Bailey James	U23	102.5	62.00	WAL	IPF University Cup
11	Shaun Bateman	M2	100	60.98	SW	EPF Masters
12	Michael Morris	Senior	100	60.69	SCO	Scottish Classic
13	Lawrence White	Senior	97.5	59.28	EM	British Classic
14	Alfie Bonsell	U16	95	58.20	NM	EPF Classic
15	Edward Butcher	U16	95	57.59	YNE	EPF Classic
16	Callum Robertson	Senior	92.5	56.79	NM	British University
17	Matthew Scanlan	Senior	90	57.19	NI	NI Open
18	Matt Chan	U23	85	53.26	SW	British University
19	Daniel McGauley	Senior	85	52.29	EM	British Classic Bench Press
20	Henry Chay	M3	81.5	49.27	NW	British Masters Classic

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Daniel McGauley	Senior	80	41.11	EM	British Equipped
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66kg Class Top 20 Men ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Alexander Espin	Senior	625	97.43	GL	All England
2	Kibria Ali	Senior	612.5	96.65	WM	British Classic
3	Joseph Diva	Senior	588.5	92.41	GL	British Classic
4	Chris Jennings	Senior	587.5	91.66	YNE	British Classic
5	Aftab Uddin	Senior	570	89.21	GL	All England
6	Daniel Jay	Senior	562.5	88.04	SM	All England
7	Jerry George	U23	560	87.65	WM	IPF University Cup
8	Joel Wakeham	U23	552.5	86.61	NW	British Juniors
9	Robin Bermudez	Senior	550	87.51	GL	British Classic
10	Phenyo Botlhoko	U23	547.5	86.53	NW	British Juniors
11	Sammy Aboagye-Kodjoe	U23	542.5	86.53	NM	British Juniors
12	David Gray	M2	540	84.86	WM	British Masters Classic
13	Bernard McGurk	M2	535	83.94	SCO	British Masters Classic
14	Greig Murray	M2	535	83.91	SCO	IPF World Masters Classic
15	Lewis Best	U23	535	83.87	SE	British Juniors
16	Calum Glendinning	U23	515	81.91	YNE	British University
17	Anthony Moszuti	U23	515	81.00	GL	British University
18	Conor Gelston	Senior	512.5	80.94	NI	Commonwealth Championships
19	Probir Debnath	Senior	505	79.69	GL	All England
20	Patrick Obcena	U23	502.5	79.46	NM	British University

Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Bernard McGurk	M2	645.5	86.65	SCO	EPF Masters Equipped
2	William Murray	M1	572.5	76.68	SCO	Home Nations
3	Kaysan Chaudry	U23	480	65.14	SW	British Equipped
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Joseph Diva	Senior	152.5	86.75	GL	EPA Inter Divisional
2	Ed Kimber	U23	147.5	84.40	SW	EPF Bench Press
3	Daniel Thomas	Senior	147.5	83.73	GL	British Classic Bench Press
4	Aaron Gideon	M1	145	82.52	GL	English Bench Press
5	Edward Kimber	U23	140	80.28	SW	British Classic Bench Press
6	Martin Nguyen	U23	140	80.21	SW	British Juniors
7	Chris Jennings	Senior	140	79.47	YNE	British Classic
8	Daniel Jay	Senior	137.5	78.32	SM	All England
9	Jerry George	U23	135	77.28	WM	British University
10	Jai Hindocha	U23	132.5	75.85	GL	British University
11	Robin Bermudez	Senior	130	75.31	GL	British Classic
12	Joel Wakeham	U23	130	74.17	NW	British Juniors
13	Alexander Espin	Senior	130	73.74	GL	All England
14	Jason Lau	Senior	130	57.67	SCO	Scottish Bench Press
15	Patrick Obcena	U23	127.5	73.39	NM	British University
16	Lewis Best	U23	127.5	72.74	SE	British Juniors
17	David Gray	M2	125	71.50	WM	British Masters Classic
18	Lochie Suttie	U18	125	70.96	WM	British Juniors
19	Joseph Yip	Senior	122.5	70.30	NI	NI Open
20	Will Horsley	Senior	122.5	69.71	SW	British University

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Aaron Gideon	M1	182.5	80.28	GL	Arnold Classic UK
2	William Murray	M1	145	65.00	SCO	British Equipped
3	Bernard McGurk	M2	137.5	59.85	SCO	EPF Masters Equipped
4	Kaysan Chaudry	U23	110	48.66	SW	British Equipped
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74kg Class Top 20 Men ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Dylan Nelson	Senior	710.5	104.38	YNE	British Classic
2	Krishan Mistry	Senior	687.5	102.90	GL	British Classic
3	Antoine Darmon	U23	682.5	100.34	GL	British Juniors
4	Amari Robinson	Senior	662.5	97.26	GL	British Classic
5	Sebastion Viteri	Senior	660	97.37	EM	British Classic
6	Sam Dew	Senior	655	96.16	WAL	British Classic
7	Lee Harris	Senior	652.5	96.54	EM	British Classic
8	Saber Miah	Senior	645	94.96	GL	Home Nations
9	Steve Tyers	Senior	640	93.99	SW	British Classic
10	Adam McAlpine	U23	630	92.88	NI	NI Spring Open
11	Max Guo	U23	625	91.82	YNE	British Juniors
12	Connor Leadbeater	U23	615	90.48	YNE	All England
13	Findlay Falconer	U23	612.5	90.49	SCO	Scottish University
14	Lucas Silva	U23	612.5	90.30	SW	British Juniors
15	Brandon The	U23	607.5	92.79	EM	IPF University Cup
16	Raghul Parthipan	Senior	605	89.13	EM	British University
17	Rob Griffiths	Senior	605	89.04	EM	British Classic
18	Malcolm Long	M1	602.5	88.83	GL	All England
19	Harry Sugden	U23	600	91.86	YNE	British Juniors
20	Conor Eede	U23	600	88.84	SE	British Juniors

Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Phil Richard	M2	675	83.65	WAL	British Equipped
2	Cliff Haynes	M3	585	72.82	SM	British Equipped
3	Allen Ottolangui	M3	545	67.63	EM	EPF Masters Equipped
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Lee Harris	Senior	185	99.45	EM	British Classic
2	Sebastion Viteri	Senior	175	93.80	EM	British Classic
3	Andrew Ward	Senior	170	90.86	WM	IPF World Bench Press
4	Connor Leadbeater	U23	167.5	89.52	YNE	All England
5	Krishan Mistry	Senior	160	87.04	GL	British Classic
6	John Bermudez	Senior	160	85.73	WAL	British Classic
7	Max Guo	U23	160	85.33	YNE	British University
8	Sam Dew	Senior	160	85.33	WAL	British Classic
9	James Barker	U23	152.5	82.22	NW	British University
10	Adam Essex	U23	152.5	82.10	NM	British University
11	Emmanuel Franklin	Senior	152.5	81.98	GL	English Bench Press
12	Steve Tyers	Senior	152.5	81.36	SW	British Classic
13	Adam McAlpine	U23	150	80.34	NI	NI Spring Open
14	James Anar	U23	150	80.28	SCO	British Juniors
15	Dylan Nelson	Senior	150	80.14	YNE	Arnold Classic UK
16	Matthew Coppenhall	Senior	147.5	79.12	GL	British Classic
17	Antoine Darmon	U23	147.5	78.89	GL	IPF World Junior Classic
18	Rob Griffiths	Senior	147.5	78.86	EM	British Classic
19	Amari Robinson	Senior	147.5	78.66	GL	British Classic
20	Brandon The	U23	145	79.97	EM	British University

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Phil Richard	M2	190	73.99	WAL	British Equipped
2	Emmanuel Franklin	Senior	185	72.99	GL	English Bench Press
3	Cliff Haynes	M3	160	62.67	SM	British Equipped
4	Allen Ottolangui	M3	120	46.86	EM	IPF World Masters Classic
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83kg Class Top 20 Men ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Jurins Kengamu	Senior	800	111.00	GL	EPF Classic
2	Nathan Gevao	U23	782.5	108.32	GL	IPF World Junior Classic
3	Owen Hubbard	Senior	770	106.85	SW	IPF World Classic
4	Saheed Aregbe	Senior	745.5	103.58	SE	All England
5	Ade Omisakin	Senior	745	103.57	NW	All England
6	Joey Awala	U23	732.5	101.83	EM	IPF University Cup
7	Hamza Bham	Senior	732.5	101.49	WM	IPF University Cup
8	Luke Wilson	U23	712.5	98.74	SW	EPF Classic
9	Matthew Pond	U23	710	99.01	NW	British Juniors
10	Max Mansell-Rowe	U23	707.5	98.42	SE	Commonwealth Championships
11	James Parker	Senior	705	98.13	EM	All England
12	Andrew McEllistrim	Senior	700	97.25	NW	All England
13	Adam Mcalpine	U23	677.5	94.77	NI	Home Nations
14	Joseph Tang	U23	665	92.56	NW	British University
15	Harrison Sparks	Senior	663	92.46	EM	British University
16	Alex Hiew	U23	662.5	91.82	WM	British University
17	Peter Young	U23	660	92.21	SCO	Scottish Juniors
18	Jonathan Blackhurst	U23	660	92.15	WM	British University
19	Sean Issomura Gillard	U23	655	91.06	GL	British University
20	Callum Field	U23	652.5	91.22	SCO	Scottish University

Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Robert Palmer	M1	860	99.53	GL	EPF Equipped
2	Paul Campbell	Senior	712.5	82.57	NM	British Equipped
3	Thomas Saunders	Senior	692.5	81.07	EM	British Equipped
4	Jas Singh Cheema	M1	655	75.96	WM	British Equipped
5	James Taylor	Senior	650	75.17	SM	British Equipped
6	George Millar	M2	640	74.59	NI	British Equipped
7	Douglas D'Gama	M3	552.5	64.23	EM	IPF World Masters
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Owen Hubbard	Senior	220	110.72	SW	EPF Classic
2	Harrison Sparks	Senior	193	97.67	EM	British University
3	Anujan Srikantha	Senior	190	95.85	GL	British Classic Bench Press
4	Matthew Pond	U23	180	91.09	NW	British Juniors
5	Sunil Chahal	Senior	177.5	90.23	WM	All England
6	Jurins Kengamu	Senior	177.5	89.67	GL	Arnold Classic UK
7	Nathan Gevao	U23	177.5	89.38	GL	EPF Classic
8	Ade Omisakin	Senior	172.5	87.02	NW	All England
9	Hamza Bham	Senior	172.5	86.73	WM	IPF University Cup
10	Barrie Tavener	M1	171	86.10	EM	English Bench Press
11	Danny Potter	M1	170	85.71	NW	All England
12	Adam Mcalpine	U23	167.5	85.03	NI	Home Nations
13	Joseph Tang	U23	167.5	84.61	NW	British University
14	James Parker	Senior	165	83.34	EM	All England
15	Joey Awala	U23	165	83.24	EM	IPF University Cup
16	Saheed Aregbe	Senior	165	83.19	SE	All England
17	Luke Wilson	U23	165	82.98	SW	EPF Classic
18	Alin Carter	U23	162.5	82.34	SCO	Scottish Juniors
19	Jaideep Wasu	Senior	162.5	82.24	ENG	Commonwealth Championships
20	Thomas Field	U23	160	82.28	SM	British Classic Bench Press

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Robert Palmer	M1	240	85.57	GL	Arnold Classic UK
2	Jasvinder Cheema Singh	M1	202.5	72.48	WM	EPF Masters Equipped
3	James Taylor	Senior	192.5	68.61	SM	EPF Bench Press
4	Paul Campbell	Senior	177.5	63.45	NM	British Equipped
5	Thomas Saunders	Senior	175	63.34	EM	British Equipped
6	Jim Rossborough	Senior	155	55.51	NI	NI Bench Press
7	George Millar	M2	152.5	54.48	NI	IPF World Masters Classic
8	Douglas D'Gama	M3	120	43.06	EM	IPF World Masters Classic
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93kg Class Top 20 Men ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Christian Ayandokun	Senior	842.5	110.46	EM	EPF Classic
2	James Adcock	U23	811	106.94	SE	British Juniors
3	Adam Fulat	Senior	800	104.66	SM	Arnold Classic UK
4	Adedapo Ojewale	Senior	790	104.12	GL	British University
5	William Pickering	Senior	790	103.40	SM	British Classic
6	Jack Hopkins	U23	780	102.58	SW	EPF Classic
7	Aaron Blackmore	U23	745.5	97.89	SCO	Scottish Juniors
8	Nathaniel Massiah	U23	730	96.31	NM	British University
9	Scott Webb	Senior	722.5	96.26	SW	All England
10	Scientice Smile	Senior	720	96.27	WM	British Classic
11	Callum Donaldson	U23	720	95.25	WAL	Home Nations
12	Cyrus Khine	U23	718	94.58	GL	British University
13	Declan Powell	Senior	712.5	94.00	GL	British Classic
14	Tom Knapp	Senior	712.5	93.86	GL	EPA Inter Divisional
15	Billy Watson	Senior	710	93.47	SW	All England
16	Owen Leggett	Senior	710	93.03	NM	All England
17	Felix Vallejo Ruiz	Senior	708	92.96	SCO	Scottish Classic
18	Chago Bunton Cole	Senior	705	93.60	GL	British Classic
19	Thomas Knapp	U23	705	93.17	GL	British Juniors
20	Michael Ampofo	U23	702.5	92.84	NM	British University

Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Robert Palmer	M1	900	98.96	GL	British Equipped
2	Hugo Duarte	Senior	837.5	91.03	EM	EPF Equipped
3	Thomas Morgan	Senior	760	83.08	WAL	Commonwealth Championships
4	Matthew Hallet	Senior	755	82.83	SM	Western European
5	Felix Vallejo Ruiz	Senior	750	81.61	SCO	Home Nations
6	Khalon Hodson	Senior	720	78.44	NM	British Equipped
7	Matt Watson	Senior	717.5	78.18	EM	EPF Equipped
8	Ed Rimell	U23	665	72.57	WAL	Home Nations
9	Lewis Davies	Senior	650	71.30	WAL	Home Nations
10	Kevin Jane	M4	632.5	68.67	EM	British Equipped
11	Glen Blacklock	M2	620	69.09	YNE	British Equipped
12	James Mutrie	M2	617.5	67.08	SCO	British Equipped
13	Tim Higgins	Senior	605	65.65	NI	Home Nations
14	Michael Ellender	M4	395	43.02	SE	IPF World Masters
15	Brian Baker	M4	350	38.58	SCO	Scottish Masters
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Jack Taylor	U23	217.5	103.80	NM	EPF Bench Press
2	Owen Hubbard	Senior	215.5	104.67	SW	British Classic Bench Press
3	Christopher Teague	Senior	197.5	93.93	WM	EPF Bench Press
4	Christian Ayandokun	Senior	195	92.72	EM	EPF Classic
5	Thomas Evans	U23	192.5	91.47	GBR	EPF Bench Press
6	Andrew Rigby	M3	190.5	90.43	NW	British Classic Bench Press
7	Carl Louden	Senior	190	90.77	SE	British Classic Bench Press
8	Adam Fulat	Senior	190	90.62	SM	British Classic
9	Jack Hopkins	U23	190	90.62	SW	EPF Classic
10	Declan Powell	Senior	187.5	89.72	GL	British Classic
11	William Pickering	Senior	185	87.82	SM	British Classic
12	Scientice Smile	Senior	180	87.30	WM	British Classic
13	Tom Knapp	Senior	180	86.00	GL	EPA Inter Divisional
14	Michael Ampofo	U23	177.5	85.07	NM	British University
15	Hud Syafiq Herman	Senior	177.5	84.80	GL	British University
16	Michael Hezekiah	U23	175	83.47	SE	British University
17	Callum McHenery	Senior	175	83.14	YNE	British Classic
18	Aaron Blackmore	U23	173	82.38	SCO	Scottish Juniors
19	Thomas Knapp	U23	172.5	82.68	GL	British Juniors
20	Mykolas Jarmuska	Senior	170	82.38	GBR	English Bench Press

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Robert Palmer	M1	255	85.67	GL	British Equipped
2	Matthew Hallet	Senior	235	78.74	SM	Western European
3	Thomas Morgan	Senior	230	76.00	WAL	Arnold Classic UK
4	Hugo Duarte	Senior	215	71.11	EM	English Bench Press
5	Matt Watson	Senior	200	67.09	EM	Western European
6	Khalon Hodson	Senior	185	61.50	NM	British Equipped
7	Ed Rimell	U23	175	58.29	WAL	Home Nations
8	James Mutrie	M2	165	54.68	SCO	British Equipped
9	Angus Gardner	U23	157.5	52.95	WM	Commonwealth Championships
10	Kevin Jane	M4	152.5	50.51	EM	British Equipped
11	Felix Vallejo Ruiz	Senior	150	49.80	SCO	Home Nations
12	Glen Blacklock	M2	145	49.47	YNE	British Equipped
13	Kevin Barrs	M3	140	48.26	NM	British Equipped
14	Lewis Davies	Senior	135	45.23	WAL	Home Nations
15	Tim Higgins	Senior	135	44.68	NI	Home Nations
16	Michael Ellender	M4	130	43.33	SE	EPF Bench Press
17	Glyn Belcher	M3	130	43.03	NM	British Equipped
18	Brian Baker	M4	62.5	21.05	SCO	Scottish Masters
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105kg Class Top 20 Men ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Abdul Majeed Sulayman	Senior	897.5	111.16	YNE	IPF World Classic
2	Samuel Watt	M2	887.5	109.65	YNE	British Classic
3	Ben Pape	Senior	875	108.28	EM	EPF Classic
4	Michael Tennant	Senior	825.5	102.06	SE	British Classic
5	Anthony McCleggan	Senior	803	100.40	NI	NI Open
6	James Blundell	Senior	800	98.95	EM	EPA Inter Divisional
7	Sanchez Dillon	Senior	795	98.37	WM	British Classic
8	Michael Pierides	U23	790	97.62	GL	British Juniors
9	Lewis Bennett	U23	782.5	97.89	SW	IPF World Junior Classic
10	Scott Simon	M1	768	94.95	SCO	British Masters Classic
11	Kirill Sakharov	U23	765.5	94.72	NI	British Juniors
12	Dan Lodge	Senior	752.5	94.18	NM	British Classic
13	Simon Simpson	M1	752.5	93.11	SM	All England
14	Charlie Kidd	U23	750	93.95	SM	IPF University Cup
15	Earlando Grant -Favourite	Senior	745	94.55	GL	EPA Inter Divisional
16	Ross Brimsted	M1	742.5	91.92	SE	EPF Masters
17	Louis Keightley-Smith	Senior	735	90.81	EM	Commonwealth Championships
18	Nonso Chinye	U18	730	91.38	SE	IPF World Junior Classic
19	Joe Feeney	Senior	725	89.75	YNE	Commonwealth Championships
20	Mahin Zafar	U23	722.5	92.75	YNE	Home Nations

Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Jack Johnson	Senior	897.5	93.84	SM	Arnold Classic UK
2	Andy Champ	Senior	820	85.92	EM	Home Nations
3	Matt Watson	Senior	735	79.25	EM	IPF World Open
4	Joe Shaw	Senior	720	73.69	ENG	Commonwealth Championships
5	David Whitley	Senior	670	68.54	NI	Home Nations
6	Mick Ellender	M4	430	46.43	SE	Commonwealth Championships
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Kirill Sakharov	U23	213	95.59	NI	British Juniors
2	Anthony McCleggan	M1	209	95.08	NI	NI Bench Press
3	Abdul Majeed Sulayman	Senior	207.5	93.33	YNE	Arnold Classic UK
4	Thomas Brannick	Senior	207.5	93.03	NM	English Bench Press
5	Lewis Bennett	U23	202.5	91.98	SW	EPF Classic
6	Andrew Rigby	M3	201	90.20	NW	EPF Bench Press
7	Scott Simon	M1	198	88.78	SCO	British Masters Classic
8	James Blundell	Senior	197.5	89.03	EM	British Classic
9	Samuel Watt	M2	195	87.37	YNE	British Classic
10	Wesley McGuinness	Senior	190	86.80	SW	Commonwealth Championships
11	Stephen Moore	M1	190	86.04	NI	British Masters Classic
12	Michael Pierides	U23	190	85.31	GL	EPF Classic
13	Ben Pape	Senior	190	85.28	EM	IPF World Classic
14	Simon Simpson	M1	187.5	84.10	SM	British Masters Classic
15	Dan Lodge	Senior	182.5	82.83	NM	British Classic
16	Louis Keightley-Smith	Senior	182.5	81.77	EM	Commonwealth Championships
17	Jamie Young	Senior	180	84.45	SCO	Scottish Bench Press
18	Michael Tennant	Senior	180	80.99	SE	All England
19	Sanchez Dillon	Senior	180	80.78	WM	British Classic
20	Joe Feeney	Senior	177.5	79.69	YNE	Commonwealth Championships

Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Michael Gibson	Senior	280.5	87.41	NI	NI Bench Press
2	Andy Champ	Senior	250	79.65	EM	Home Nations
3	Jack Johnson	Senior	247.5	78.68	SM	Arnold Classic UK
4	Martin Green	M1	240	74.72	SM	English Bench Press
5	Matt Watson	Senior	207.5	68.19	EM	IPF World Open
6	Joe Shaw	Senior	200	62.28	ENG	Commonwealth Championships
7	Joseph Shaw	Senior	195	60.66	EM	English Bench Press
8	Callum Sidebottom	Senior	180	57.56	NM	British Equipped
9	David Whitley	Senior	157.5	48.95	NI	Home Nations
10	Toby Clarke	Senior	155	51.19	NI	Commonwealth Championships
11	Martin Flett	M3	155	48.57	SCO	British Equipped
12	Bob Baxter	M4	142.5	44.65	EM	British Equipped
13	Michael Ellender	M4	130	42.74	SE	EPF Masters Equipped
14	Mick Ellender	M4	120	39.50	SE	Commonwealth Championships
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120kg Class Top 20 Men ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Kieran Gray	Senior	907.5	105.50	YNE	EPF Classic
2	Tony Cliffe	Senior	900	104.89	NW	Reykjavik International Games
3	Inderraj Singh	Senior	882.5	103.15	GL	All England
4	Ben Wharton	Senior	865	102.90	YNE	British Classic
5	Trevor Jordan	Senior	803	94.21	NI	NI Open
6	Daniel Gallagher	Senior	800	93.37	WAL	British Classic
7	Keelum Walton	Senior	800	93.27	SM	British Classic
8	Bradley May	U23	795	93.31	SE	IPF World Junior Classic
9	Francis Sanders	Senior	792.5	92.89	WAL	Commonwealth Championships
10	Curtis McLaren	Senior	785	93.64	NW	All England
11	William Flynn	U23	780	93.27	NM	British University
12	Lewis Kelly	U23	770	92.05	SCO	IPF World Junior Classic
13	Josh Pearson	U23	770	90.74	NW	EPA Inter Divisional
14	Augustine Adeosun	Senior	762.5	89.48	GL	British Classic
15	Paul Olowogboye	Senior	755	88.07	GL	British Classic
16	Scott Simon	M1	752.5	92.30	SCO	Home Nations
17	Moses Onyegbule	Senior	747.5	88.75	WM	All England
18	Adam Berry	M1	745	87.31	EM	British Masters Classic
19	Marc Keys	Senior	735	85.53	SCO	Scottish Classic
20	Tom Hollway	Senior	730	85.63	EM	British University

Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Tony Cliffe	Senior	1077.5	104.20	NW	Arnold Classic UK
2	Dylan Davies	M2	645	62.41	WAL	EPF Masters Equipped
3	David Charnock	M2	590	59.05	NW	British Equipped
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Tony Cliffe	Senior	235	99.39	GBR	Reykjavik International Games
2	Kieran Gray	Senior	222.5	93.87	YNE	EPF Classic
3	Moses Onyegbule	Senior	212.5	91.53	WM	All England
4	Trevor Jordan	Senior	205.5	87.49	NI	NI Open
5	Andrew Rigby	M3	201	89.98	NW	IPF World Bench Press
6	Harbans Bansal	M1	200	87.81	WM	English Bench Press
7	Keelum Walton	Senior	200	84.62	SM	British Classic
8	Ben Wharton	Senior	197.5	85.59	YNE	IPF World Classic
9	Scott Simon	M1	192.5	85.63	SCO	Home Nations
10	Richard Gibson (Guest)	M1	190	84.89	EM	British Classic Bench Press
11	Troy Atkin	Senior	190	80.48	SE	English Bench Press
12	Wesley McGuinness	Senior	185	82.82	SW	Commonwealth Championships
13	Steven Barber	Senior	185	79.09	WM	EPA Inter Divisional
14	Lewis Kelly	U23	180	78.30	SCO	British Juniors
15	Gus Ohlson	Senior	180	77.33	SE	British Classic Bench Press
16	Josh Pearson	U23	180	76.97	NW	EPA Inter Divisional
17	Bradley May	U23	180	76.66	SE	IPF World Junior Classic
18	Daniel Gallagher	Senior	180	76.24	WAL	British Classic
19	Derek Forsyth	M2	180	76.16	SCO	British Masters Classic
20	Marc Keys	Senior	180	76.02	SCO	Scottish Classic

Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Tony Cliffe	Senior	312.5	91.98	NW	Arnold Classic UK
2	Keelum Walton	Senior	300	88.61	SE	EPF Bench Press
3	Duncan Sharp	Senior	275	83.28	YNE	British Equipped
4	Allan Hulme	M3	200	60.88	YNE	English Bench Press
5	Dylan Davies	M2	165	48.59	WAL	EPF Masters Equipped
6	James Lovell	U23	162.5	48.18	NM	British Equipped
7	Darren Ball	M2	155	45.82	SE	Commonwealth Championships
8	David Charnock	M2	125	38.01	NW	British Equipped
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120kg+ Class Top 20 Men ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Aaron Thompson	Senior	895	89.67	NM	British Classic
2	Asif Ahmed	Senior	895	89.40	SM	British Classic
3	Kierran Leith	Senior	865.5	92.76	SCO	Scottish Classic
4	Ray Bowring	U23	845	91.07	SM	British Juniors
5	Lewis McLean	Senior	810	87.20	SCO	British Classic
6	Francis Sanders	Senior	802.5	92.04	WAL	Welsh Championships
7	Ross Shahin-Ajerlo	Senior	780	89.61	NW	All England
8	Paul Walker	M1	772.5	85.22	SCO	British Masters Classic
9	Ben Warren	Senior	750	80.47	WAL	Welsh Championships
10	Ben Gibson	Senior	740	74.15	YNE	British Classic
11	Matthew Henderson	U23	695	78.87	NW	EPA Inter Divisional
12	Cameron Stempt	U23	690	77.05	GL	British University
13	Craig Lowrie	Senior	690	75.94	SCO	Scottish Classic
14	Ron Kane	M1	680	74.21	SCO	British Masters Classic
15	Martin McGimpsey	M1	670	71.77	NW	British Masters Classic
16	Kieron Price	U23	660	76.50	SE	British Juniors
17	Josh Jones	Senior	660	69.12	WAL	Welsh Championships
18	Louis Parry	U18	650	74.33	SW	EPF Classic
19	Joseph Webb	Senior	645	67.12	WAL	Welsh Championships
20	David Lock	M2	620	70.16	YNE	Commonwealth Championships

Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Tony Cliffe	Senior	1112.5	105.33	NW	World Games
2	Ray Bowring	U23	1017.5	92.21	SM	IPF World Juniors
3	Jordan Bollard	Senior	960	86.71	SM	IPF World Open
4	Dean Bowring	M1	912.5	84.77	SW	British Equipped
5	Ranbir Sahota	Senior	910	84.71	WM	British Equipped
6	Phillip Frost	M3	707.5	66.53	YNE	EPF Masters Equipped
7	Dylan Davies	M2	660	62.10	WAL	British Equipped
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Asif Ahmed	Senior	215	78.38	SM	British Classic
2	Aaron Thompson	Senior	210	76.77	NM	British Classic
3	Ross Shahin-Ajerlo	Senior	207.5	85.65	NW	English Bench Press
4	Michael Jones	Senior	207.5	75.75	WAL	British Classic Bench Press
5	Steve Newell	Senior	205	79.25	SE	British Classic Bench Press
6	Lewis McLean	Senior	200	78.30	SCO	British Classic
7	Paul Kirkbride-Richards	Senior	200	75.83	SM	All England
8	Ben Gibson	Senior	200	73.13	YNE	British Classic
9	Dean Bowring	M1	195	79.57	SM	British Classic Bench Press
10	Ray Bowring	U23	195	76.43	SM	British Juniors
11	Scott Squire	M1	195	68.17	NW	British Classic Bench Press
12	Dan Kohut	Senior	192.5	75.89	NM	English Bench Press
13	Herb Sherman	M1	190	74.28	SE	British Classic Bench Press
14	Paul Walker	Senior	187.5	64.56	SCO	Scottish Bench Press
15	Martin McGimpsey	M1	185	72.08	NW	British Masters Classic
16	Kierran Leith	Senior	185	71.11	SCO	Commonwealth Championships
17	Francis Sanders	Senior	182.5	75.98	WAL	Welsh Championships
18	Toby Caswell	Senior	180	72.97	SE	English Bench Press
19	Xan Moody-Stuart	M2	175	68.75	SE	English Bench Press
20	Ben Warren	Senior	175	68.29	WAL	Welsh Championships

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Tony Cliffe	Senior	322.5	93.16	NW	World Games
2	Keelum Walton	Senior	315	91.97	SE	Arnold Classic UK
3	Jordan Bollard	Senior	270	75.07	SM	IPF World Open
4	Ray Bowring	U23	262.5	73.17	SM	IPF World Juniors
5	Dean Bowring	M1	250	71.07	SW	British Equipped
6	Martin Marshall	Senior	230	66.48	GL	British Equipped
7	Ranbir Sahota	Senior	225	63.79	WM	IPF World Open
8	Phil Frost	M3	220	63.18	YNE	EPF Masters Equipped
9	Graeme Reid	M1	210	59.70	SCO	IPF World Bench Press
10	Neal Campbell	Senior	192.5	54.64	NI	NI Bench Press
11	Dylan Davies	M2	160	45.97	WAL	British Equipped
12	Joe Spring	U23	150	40.84	EM	English Bench Press
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