



British University Records

updated: 04/11/2022

Men	59	66	74	83	93	105	120	120+
SQUAT	193 Benedict Grant 02/04/2022	195.5 Remi Rufus-Toye 23/03/2019	225.5 Gabriel Tan 24/03/2018	257.5 Hamza Bham 02/11/2022	280.5 Cyrus Khine 04/04/2022	287.5 Michael Pierides 05/04/2022	300 William Flynn 05/04/2022	317.5 Kierran Leith 01/04/2018
BENCH PRESS	122.5 Benedict Grant 02/04/2022	137.5 Martin Nguyen 02/04/2022	160 Max Guo 03/04/2022	193 Harrison Sparks 03/04/2022	216 Jack Taylor 04/04/2022	187.5 Michael Pierides 05/04/2022	178 Aron Hegedus 13/04/2019	185 Conor Curran 14/04/2019
DEADLIFT	220 Christopher Rattray 24/03/2018	251 Samiul Kobir 25/03/2017	265 Hugo Beaumont 24/03/2018	315 Joey Awala 02/11/2022	345 Adedapo Ojewale 04/04/2022	310.5 Abdul Majeed 13/04/2019	320 Francis Sanders 25/03/2017	315 Conor Curran 14/04/2019
TOTAL	525.5 Benedict Grant 02/04/2022	565 Remi Rufus-Toye 23/07/2019	620 Max Guo 03/04/2022	732.5 Hamza Bham 02/11/2022	790 Adedapo Ojewale 04/04/2022	775 Michael Pierides 05/04/2022	780 William Flynn 05/04/2022	797.5 Kierran Leith 14/04/2019