

## British Classic Qualifying Totals 2023

### Classic Women

B/W	U18	U23	Open	M1	M2	M3	M4	Uni
43	140	220						
47	157.5	242.5	262.5	212.5	185	167.5	130	225
52	175	270	292.5	235	207.5	190	145	250
57	180	277.5	297.5	240	210	192.5	147.5	257.5
63	207.5	322.5	347.5	280	245	217.5	165	297.5
69	215	332.5	360	287.5	252.5	225	172.5	307.5
76	225	350	380	302.5	265	237.5	182.5	325
84	242.5	375	402.5	325	285	257.5	200	347.5
84+	247.5	385	415	332.5	290	245	205	357.5

### Classic Women Bench Press

B/W	U18	U23	Open	M1	M2
43	27.5	40			
47	30	42.5	50	42.5	40
52	32.5	47.5	57.5	47.5	42.5
57	35	50	62.5	50	45
63	37.5	52.5	65	52.5	47.5
69	40	57.5	67.5	57.5	50
76	42.5	62.5	70	62.5	52.5
84	45	65	80	67.5	60
84+	47.5	67.5	82.5	70	62.5

### Classic Men

B/W	U18	U23	Open	M1	M2	M3	M4	Uni
53	272.5	397.5						
59	325	440	465	395	347.5	297.5	227.5	407.5
66	355	487.5	512.5	435	385	327.5	250	452.5
74	385	527.5	555	472.5	417.5	355	272.5	487.5
83	440	600	635	540	475	402.5	310	557.5
93	457.5	625	660	562.5	495	420	322.5	582.5
105	475	647.5	680	580	512.5	435	332.5	600
120	490	667.5	700	602.5	525	447.5	342.5	620
120+	502.5	687.5	725	615	545	462.5	355	637.5

### Classic Men Bench Press

B/W	U18	U23	Open	M1	M2	M3
53	70	77.5				
59	77.5	85	107.5	100	85	67.5
66	87.5	92.5	122.5	110	97.5	77.5
74	92.5	102.5	135	120	105	82.5
83	102.5	110	145	130	115	90
93	107.5	120	155	137.5	120	95
105	115	125	162.5	147.5	127.5	100
120	120	127.5	167.5	150	130	105
120+	122.5	135	175	157.5	135	107.5

## British Equipped Qualifying Totals 2023

### Equipped Women

B/W	U18	U23	Open	M1	M2	M3	M4
43	122.5	220					
47	130	242.5	262.5	212.5	185	167.5	130
52	140	270	292.5	235	207.5	190	145
57	150	277.5	297.5	240	210	192.5	147.5
63	162.5	322.5	347.5	280	245	217.5	165
69	172.5	332.5	360	287.5	252.5	225	172.5
76	182.5	350	380	302.5	265	237.5	182.5
84	225	375	402.5	325	285	257.5	200
84+	242.5	385	415	332.5	290	245	205

### Equipped Women Bench Press

B/W	U18	U23	Open	M1	M2
43	37.5	47.5			
47	40	50	60	50	45
52	42.5	55	65	55	47.5
57	45	57.5	70	60	52.5
63	47.5	62.5	75	62.5	55
69	50	65	77.5	65	57.5
76	55	70	82.5	70	62.5
84	60	75	90	77.5	67.5
84+	62.5	77.5	95	80	70

### Equipped Men

B/W	U18	U23	Open	M1	M2	M3	M4
53	272.5	397.5					
59	325	440	485	410	372.5	337.5	227.5
66	355	487.5	545	460	417.5	377.5	250
74	385	527.5	592.5	502.5	455	412.5	272.5
83	440	600	640	540	492.5	442.5	310
93	457.5	625	660	575	522.5	470	322.5
105	475	647.5	680	605	550	495	332.5
120	490	667.5	700	627.5	570	515	342.5
120+	502.5	687.5	725	642.5	582.5	527.5	355

### Equipped Men Bench Press

B/W	U18	U23	Open	M1	M2	M3
53	80	87.5				
59	87.5	97.5	125	112.5	97.5	87.5
66	100	107.5	140	127.5	110	100
74	107.5	117.5	152.5	137.5	120	107.5
83	117.5	127.5	165	150	130	117.5
93	125	135	175	157.5	137.5	125
105	130	142.5	185	167.5	145	130
120	135	147.5	192.5	172.5	150	135
120+	140	140	197.5	177.5	152.5	140