



Top 20 Men 2016 Ranked on Wilks

Classic Powerlifting

	Name	Division	Weight Class	Age class	Competition	Wilks
1	Tony Cliffe	EM	120	Senior	Mens British Classic	525.1282
2	Stephen Manuel	NW	105	Senior	Mens British Classic	524.6156
3	Owen Hubbard	WAL	83	Senior	European Classic	504.7610
4	Mike Pennington	NM	105	Senior	Mens British Classic	488.7812
5	Michael Jones	WAL	120+	Senior	Mens British Classic	480.3311
6	CHRISTOPHER WONG	SCO	74	Senior	Mens British Classic	477.0421
7	Jord McLaughlin	NW	120+	U23	Classic Cup	476.2045
8	James Duff	YNE	74	Senior	Mens British Classic	476.1948
9	Luke Richardson	YNE	120+	U23	British Classic Juniors	473.2562
10	Mark MacQueen	SCO	120	U23	Classic World Championships	472.1765
11	Paul Cooper	YNE	74	Senior	Mens British Classic	470.7384
12	Daniel Worsley	YNE	83	U23	British Classic Juniors	467.2920
13	Iain MacConnachie	SW	120	Senior	All England Championships	465.2615
14	Colin Wright	NI	120	M1	Classic World Championships	463.4811
15	David Hughes	SM	120+	U23	All England Championships	460.9313
16	Alexander McFarlane	NM	74	U23	British Universities	458.1799
17	Sion Hughes	WAL	93	U23	British Classic Juniors	456.2285
18	Baruch Sekenofsk	GL	120	U23	British Classic Juniors	455.4515
19	Luke Rogers	WM	74	Senior	Mens British Classic	453.6029
20	Pierre Shillingford	GL	93	Senior	Mens British Classic	453.4294

Equipped Powerlifting

Updated: 28/12/2016

	Name	Division	Weight Class	Age class	Competition	Wilks
1	Phil Richard	WAL	74	M1	British Equipped	543.0818
2	Sunil Shahal	WM	74	Senior	British Equipped	536.3453
3	Jake O'Neill	EM	105	Senior	British Equipped	511.0793
4	Robert Palmer	GL	93	Senior	All England Championships	506.9715
5	ROBERT LOVE	SCO	93	Senior	Scottish Seniors	496.2038
6	Jack Johnson	SM	120	U18	World Juniors	487.6606
7	Jack Cook	EM	105	Senior	British Equipped	486.3462
8	Stuart Crichton	SCO	105	M1	Scottish Masters	469.1160
9	Ryan Strang	YNE	83	U23	World Juniors	465.9237
10	Daniel Sherman	YNE	74	U18	World Juniors	465.3302
11	Bernie McGurk	SCO	74	M1	Western European Championships	462.1850
12	JOHN MAXWELL	SCO	66	M2	Scottish Seniors	459.5975
13	John Walsh	YNE	93	U23	British Equipped	458.9356
14	William Murray	SCo	74	Senior	British Equipped	457.1683
15	Steve Walker	EM	74	M3	British Equipped	454.8903
16	Shaun Haynes	NM	83	M1	British Equipped	448.4715
17	Jasvinder Singh	WM	83	M1	British Equipped	448.1423
18	Kevin Jane	EM	93	M3	British Equipped	441.9828
19	Mathew Pearce	WM	120+	Senior	British Equipped	439.3357
20	Matt Watson	SW	93	Senior	Home Nations	438.6849

Classic Bench Press

	Name	Division	Weight Class	Age class	Competition	Wilks
1	Adam Alderman	EM	59	Senior	British Bench Press	132.0005
2	Andy Rigby	NW	120	M2	Arnold Classic Europe	130.7848
3	Lee Mortimer	YNE	120+	Senior	British Bench Press	128.5149
4	Paul Merricks	WM	120+	M1	British Bench Press	127.5527
5	Ed Karim	GL	83	Senior	World Classic Bench Press Champior	123.2561
6	Sheridan Wray	YNE	93	M1	British Bench Press	116.3940
7	Roman Adamski	YNE	93	Senior	British Bench Press	116.2746
8	Richard Patman	EM	105	Senior	British Bench Press	114.6438
9	Richard Bruce	EM	74	Senior	British Bench Press	113.8412
10	Alex Kirby	YNE	83	M1	British Bench Press	113.6376
11	Sam Hinks	YNE	93	U23	British Bench Press	112.0838
12	Neal Collinson	SW	83	M2	British Bench Press	105.7414
13	Daniel Lindsell	EM	120	Senior	British Bench Press	105.1937
14	Paul Campbell	NM	74	Senior	British Bench Press	105.1141
15	Marc Giles	NM	120	M2	World Classic Bench Press Champior	104.2002
16	Stuart Hamilton	EM	93	M2	British Bench Press	103.6514
17	Scott McConnell	NI	66	M1	NI Big Lift Combo	102.3309
18	Daniel Worsley	YNE	83	U23	British Bench Press	101.3828
19	Sebastian Viteri	EM	83	Senior	British Bench Press	99.5431
20	Graham Mellor	NM	120+	U23	British Bench Press	99.4445

Equipped Bench Press

	Name	Division	Weight Class	Age class	Competition	Wilks
1	Graham Mellor	NM	120+	U23	Arnold Classic Europe	164.0005
2	Pinda Singh	EM	120	Senior	British Bench Press	152.5968
3	Martin Green	SM	105	M1	British Bench Press	152.4272
4	Aaron Lohan	NW	93	Senior	World Bench Press Championships	141.7489
5	Aaron Gideon	GL	66	Senior	British Bench Press	139.0212
6	Jasvinder Singh	WM	83	M1	British Bench Press	134.1766
7	Jack Johnson	SM	120	U18	British Bench Press	132.6812
8	David Williams	SW	93	M3	World Bench Press Championships	128.3024
9	Ranbir Sahota	WM	120+	Senior	British Bench Press	125.6797
10	Shaun Haynes	NM	83	M1	British Bench Press	120.1499
11	Tom Collins	YNE	105	M4	World Bench Press Championships	116.5399
12	Paul Hammond	NM	105	M2	World Bench Press Championships	114.3658
13	John Wright	YNE	105	M1	British Bench Press	110.8096
14	Chris Farrow	NM	120	Senior	British Bench Press	109.1004
15	Dave Brooks	SM	120	M3	British Bench Press	103.5569
16	Martin Flett	SCO	105	M3	British Bench Press	101.9657
17	William Dudley	SM	83	M2	World Bench Press Championships	101.0790
18	Jesse Johnson	NM	59	Senior	British Bench Press	98.8566
19	Alexander Lee	YNE	83	M4	European Masters Bench Press Cha	97.3614
20	Bill Dadley	SM	83	M2	British Bench Press	97.2080

59kg Class

Top 20 Ranked on Total

Classic Powerlifting

	Name	Division	Body weight	Age class	Competition	Total
1	Christopher Rattray	NW	58.17	U23	British Universities	465.5
2	Amrik Mehta	SM	58.2	U23	British Classic Juniors	460
3	Christopher Allen	Sw	58.4	U23	British Classic Juniors	452.5
4	Daniel Meston	SM	57.8	U23	British Classic Juniors	435
5	Chris Allen	0	56.97	U23	British Universities	432.5
6	Shishir Sikder	GL	57.65	Senior	Mens British Classic	432.5
7	Mohib Miah	GL	58.6	U23	British Classic Juniors	430
8	Dean Barton	NW	57.48	Senior	Western European Championships	420
9	Ralph Atkinson	SE	58.6	u18	British Classic Juniors	415
10	Chris Marshall	YNE	58	u18	British Classic Juniors	400
11	Jesse Johnson	NM	57.85	Senior	Mens British Classic	397.5
12	Jun Jie Ng	GL	58.8	U23	British Classic Juniors	385
13	Jacob Melvin	WM	56.8	u18	British Classic Juniors	382.5
14	BRUCE FARMER	SCO	58.2	U23	Scottish Juniors	372.5
15	Jake Richardson	EM	57.2	U16	British Classic Juniors	357.5
16	Mark Jenkins	SE	57.4	U23	British Classic Juniors	357.5
17	Rajeev Parmar	YNE	57.84	Senior	British Universities	357.5
18	Caolan McGlade	NI	58	U18	All Ireland	355
19	Luis Corbo	SE	57.7	U18	All England Championships	327.5
20	Dave Brown	EM	57.9	M3	British Masters	295

Equipped Powerlifting

	Name	Division	Body weight	Age class	Competition	Total
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

Classic Bench Press

	Name	Division	Body weight	Age class	Competition	Total
1	Adam Alderman	EM	56	Senior	British Bench Press	145
2	Ted Brown	SM	56.5	M5	British Bench Press	75
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

Equipped Bench Press

	Name	Division	Body weight	Age class	Competition	Total
1	Jesse Johnson	NM	58.1	Senior	British Bench Press	112.5
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

66kg Class

Top 20 Ranked on Total

Classic Powerlifting

	Name	Division	Body weight	Age class	Competition	Total
1	David Gray	0	65.04	M2	Western European Championships	554.5
2	Andrew Dawes	SE	64.25	Senior	Mens British Classic	550
3	Tom Chang	NW	65.6	U23	British Classic Juniors	548
4	Jordan Lam	GL	65.2	U23	European Classic	542.5
5	Thomas Chang	NW	64.9	U23	All England Championships	536
6	Nathaniel Shaw-Wiesendang	SE	64	U23	British Classic Juniors	535
7	John Phillips	SW	65.8	Senior	All England Championships	532.5
8	Nathaniel Shaw	SE	64.9	U23	Classic World Championships	527.5
9	David Carleton	NI	65.8	U23	NI Men's Raw Power	525
10	Declan Zimmermann	WM	65.4	u18	British Classic Juniors	513
11	Richard Gallagher	YNE	64.25	Senior	Mens British Classic	507.5
12	OMAR KHAN	Sco	65.2	U23	British Classic Juniors	507.5
13	Kris Boyce	NI	63.7	Senior	Home Nations	502.5
14	Ploutis Koumi	WM	65	U23	British Classic Juniors	500
15	Simon Talbot	WAL	65.9	Senior	Welsh Championships	497.5
16	James McIlwaine	NI	66	U23	NI Men's Raw Power	492.5
17	GRIEG MURRAY	YNE	65.4	Senior	Scottish Seniors	488
18	Roger Hamilton-Smith	SM	64.4	M1	All England Championships	487.5
19	Mahfuzur Rahman	GL	64.5	Senior	Mens British Classic	480
20	MICHAEL MORRIS	SCO	65.7	Senior	Scottish Classic	477.5

Equipped Powerlifting

	Name	Division	Body weight	Age class	Competition	Total
1	JOHN MAXWELL	SCO	64.6	M2	Scottish Seniors	575
2	Joe Sherwood	YNE	64.4	U18	World Juniors	437.5
3	Peter Barrett	SE	64.8	M4	World Masters	382.5
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

Classic Bench Press

	Name	Division	Body weight	Age class	Competition	Total
1	Scott McConnell	NI	65.8	M1	NI Big Lift Combo	130
2	Kris Boyce	NI	64.6	Senior	NI Big Lift Combo	122.5
3	David Brown	EM	59.3	M3	British Bench Press	77.5
4	Roger Little	NM	66	M4	British Bench Press	62.5
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

Equipped Bench Press

	Name	Division	Body weight	Age class	Competition	Total
1	Aaron Gideon	GL	62.9	Senior	British Bench Press	170
2	Roger Little	NM	66	M4	British Bench Press	62.5
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

74kg Class

Top 20 Ranked on Total

Classic Powerlifting

	Name	Division	Body weight	Age class	Competition	Total
1	James Duff	YNE	73.45	Senior	Mens British Classic	658.5
2	CHRISTOPHER WONG	SCO	72.35	Senior	Mens British Classic	652.5
3	Paul Cooper	YNE	73.3	Senior	Mens British Classic	650
4	Luke Rogers	WM	73.9	Senior	Mens British Classic	630
5	Salman Khan	EM	73.65	U23	European Classic	625
6	Jack Suljevic	SW	73.4	U23	British Classic Juniors	615.5
7	Alexander McFarlane	NM	69.79	U23	British Universities	610
8	Scott Bradwell	YNE	73.2	Senior	Mens British Classic	605
9	Sidney Jules	0	72.9	Senior	British Universities	595
10	Adil Khan	NW	72.95	U23	European Classic	595
11	Daniel Smith	SM	73.05	Senior	Mens British Classic	592.5
12	Steve Tyers	SW	72.95	Senior	Mens British Classic	580
13	Kurtis Charnock	NW	71.6	U23	British Classic Juniors	565
14	MARK HOURSTON	SCO	73.6	Senior	Scottish Classsic	565
15	Terry Martin	SM	72.2	U23	British Classic Juniors	560
16	Chris Sumner	SM	73	Senior	Mens British Classic	560
17	Philip Barr	NI	73.2	U23	All Ireland	560
18	Ali Ghareeb	EM	73.9	Senior	British Universities	560
19	LEWIS WALKER	SCO	72.4	U23	British Classic Juniors	552.5
20	Tim Baker	SW	72.5	Senior	All England Championships	550

Equipped Powerlifting

	Name	Division	Body weight	Age class	Competition	Total
1	Phil Richard	WAL	74	M1	British Equipped	755
2	Sunil Shahal	WM	72.2	Senior	British Equipped	732.5
3	Daniel Sherman	YNE	72.9	U18	World Juniors	640
4	Bernie McGurk	SCO	73.19	M1	Western European Championships	637.5
5	Steve Walker	EM	73.2	M3	British Equipped	627.5
6	William Murray	SCo	72.3	Senior	British Equipped	625
7	Steven Tyers	SW	72.1	Senior	British Equipped	590
8	Allen Ottolangui	EM	73.5	M2	British Equipped	570
9	Harri Singh Cheema	WM	73.2	M3	British Equipped	560
10	Jack Suljevic	SW	73.3	U23	British Equipped	515
11	SHAUN CLARKIN	SCO	73.4	M3	Scottish Masters	427.5
12	Desmond Scott	NI	70.29	M4	European Masters	297.5
13						
14						
15						
16						
17						
18						
19						
20						

Classic Bench Press

	Name	Division	Body weight	Age class	Competition	Total
1	Richard Bruce	EM	71.9	Senior	British Bench Press	155
2	Paul Campbell	NM	73.2	Senior	British Bench Press	145
3	Luke Hinton	WM	73.5	Senior	British Bench Press	130
4	Dullah Miah	EM	70.3	U23	British Bench Press	125
5	Gary Ferlance	WM	73.6	Senior	British Bench Press	125
6	Ricky Morrison	NI	73.7	Senior	NI Big Lift Combo	125
7	Patrick Woodside	NI	70.5	Senior	NI Big Lift Combo	120
8	Farhad Saiepour	NM	71.8	M1	British Bench Press	120
9	Paul Berry	NI	74	Senior	NI Big Lift Combo	115
10	Stephen Gregory	NI	72	m1	NI Big Lift Combo	112.5
11	Alan Twigg	YNE	73.5	M3	British Bench Press	107.5
12	Philip Gardiner	NI	72.2	u23	NI Big Lift Combo	102.5
13	Stan Macrow	WM	69.3	M3	British Bench Press	100
14	Patrick McCready	NI	71.1	Senior	NI Big Lift Combo	80
15						
16						
17						
18						
19						
20						

Equipped Bench Press

	Name	Division	Body weight	Age class	Competition	Total
1	Harri Singh Cheema	WM	73.9	M3	British Bench Press	130
2	Gary Prater	SW	73.9	M2	British Bench Press	130
3	Stan Macrow	WM	70	M3	British Bench Press	120
4	Stanley Macrow	WM	71.1	M3	European Masters Bench Press Cha	120
5	Alan Twigg	YNE	73.2	M3	British Bench Press	110
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

83kg Class

Top 20 Ranked on Total

Classic Powerlifting

	Name	Division	Body weight	Age class	Competition	Total
1	Owen Hubbard	WAL	81.6	Senior	European Classic	748.5
2	Daniel Worsley	YNE	82	U23	British Classic Juniors	695
3	Sean Ryan	NI	82.8	SENIOR	All Ireland	662.5
4	Daniel Bedford	YNE	82.15	Senior	Mens British Classic	657.5
5	Erik Mata	EM	82.2	U23	British Classic Juniors	657.5
6	Mark Hodgett	NM	82.5	Senior	All England Championships	647.5
7	Daniel Ben-Chorin	GL	82.25	Senior	Mens British Classic	642.5
8	Andrew Barr	NI	79.8	SENIOR	All Ireland	640
9	Salman Khan	EM	79.2	U23	British Classic Juniors	637.5
10	Dylan Nelson	yNE	81.8	U23	British Classic Juniors	622.5
11	Ben Croft	YNE	82.05	Senior	Mens British Classic	620
12	Alex Burrell	SW	82.45	Senior	Mens British Classic	620
13	Luke Rogers	0	76	Senior	Home Nations	610
14	Scott Webb	NI	80.3	U23	Summer Showdown	605
15	Ben Willis	YNE	81.4	U23	British Classic Juniors	605
16	Joshua Bosman	YNE	82.35	Senior	All England Championships	597.5
17	Matt Lingard	WM	82.1	M1	British Masters	595
18	Mahavira Sing	NM	81.75	Senior	All England Championships	592.5
19	Dan Gibson	YNE	81.2	Senior	Mens British Classic	590
20	Kristopher Franklin	GL	82.25	U23	All England Championships	590

Equipped Powerlifting

	Name	Division	Body weight	Age class	Competition	Total
1	Phil Richard	WAL	76.5	M1	Home Nations	762.5
2	Ryan Strang	YNE	82.4	U23	World Juniors	695
3	Shaun Haynes	NM	82.1	M1	British Equipped	667.5
4	Jasvinder Singh	WM	82.2	M1	British Equipped	667.5
5	Ethan Brownlee	SW	82.3	U23	British Equipped	632.5
6	Doug D'Gama	EM	82.2	M2	British Equipped	605
7	Daniel Saunders	NM	82.7	Senior	British Equipped	605
8	Douglas D'gama	EM	81.75	M2	World Masters	595
9	Jakub Zaruba	NM	81.5	U18	World Juniors	585
10	George Millar	NI	81.3	Senior	Home Nations	557.5
11	Mick Amey	EM	81.7	M3	All England Championships	495
12						
13						
14						
15						
16						
17						
18						
19						
20						

Classic Bench Press

	Name	Division	Body weight	Age class	Competition	Total
1	Ed Karim	GL	81.4	Senior	World Classic Bench Press Champion	182.5
2	Alex Kirby	YNE	82.8	M1	British Bench Press	170
3	Neal Collinson	SW	82.2	M2	British Bench Press	157.5
4	Daniel Worsley	YNE	81.3	U23	British Bench Press	150
5	Sebastian Viteri	EM	81.5	Senior	British Bench Press	147.5
6	Mark Hodgett	NM	83	Senior	British Bench Press	145
7	Jack Kuhnert	SW	80.4	Senior	British Bench Press	142.5
8	Kit Burgoyne	YNE	83	Senior	British Bench Press	140
9	Alexander Lee	YNE	78.9	M4	World Classic Bench Press Champion	125
10	Gordan Kay	EM	79.6	M1	British Bench Press	125
11	Bill Dadley	SM	80.3	M2	British Bench Press	120
12	George Millar	NI	81	m1	NI Big Lift Combo	110
13	Matthew Henry	NI	83	u23	NI Big Lift Combo	105
14	Ryan Carville	NI	82.2	u23	NI Big Lift Combo	100
15	Timothy Millar	NI	81.4	u18	NI Big Lift Combo	90
16	Matthew Rice	NI	79.9	u18	NI Big Lift Combo	70
17						
18						
19						
20						

Equipped Bench Press

	Name	Division	Body weight	Age class	Competition	Total
1	Aaron Lohan	NW	82.9	Senior	British Bench Press	205
2	Jasvinder Singh	WM	82.3	M1	British Bench Press	200
3	Shaun Haynes	NM	83	M1	British Bench Press	180
4	William Dadley	SM	81.7	M2	World Bench Press Championships	150
5	Alexander Lee	YNE	79.9	M4	European Masters Bench Press Cha	142.5
6	Bill Dadley	SM	80.1	M2	British Bench Press	142.5
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

93kg Class

Top 20 Ranked on Total

Classic Powerlifting

	Name	Division	Body weight	Age class	Competition	Total
1	Sion Hughes	WAL	92	U23	British Classic Juniors	722.5
2	Pierre Shillingford	GL	92.4	Senior	Essex County Championships	715
3	Robert Rogers	GL	90.5	Senior	Mens British Classic	710
4	Carl Louden	SE	91.7	Senior	Mens British Classic	710
5	Jeffrey Ocrah	GL	92.3	Senior	All England Championships	707.5
6	Owen Hubbard	WAL	83.8	Senior	Home Nations	700
7	Jason Coultman	GL	91.9	Senior	Mens British Classic	700
8	Robert Rodney	GL	90.2	M2	Mens British Classic	695
9	Devon Blackwood	NM	90.5	Senior	Mens British Classic	690
10	Henry Tosh	SW	91.3	Senior	Mens British Classic	687.5
11	Iain Kendrick	SM	92.4	M1	Classic World Championships	670
12	Greg Lewis	WM	92.65	Senior	Western European Championships	670
13	Sheridan Wray	YNE	93	M1	British Masters	666
14	SCOTT MULHERON	SCO	88.2	Senior	Mens British Classic	660
15	Peter Davison	NI	88.9	Senior	Home Nations	657.5
16	Andy Bonner	SM	91.8	M3	British Masters	656
17	Aleem Majid	WM	92	Senior	Mens British Classic	650
18	Dave Carter	YNE	92.5	M2	British Masters	650
19	Alex Tosh	SW	89	Senior	Mens British Classic	647.5
20	Ryan Brett-Williams	EM	92.4	U23	British Classic Juniors	645

Equipped Powerlifting

	Name	Division	Body weight	Age class	Competition	Total
1	Robert Palmer	GL	90.2	Senior	All England Championships	795
2	ROBERT LOVE	SCO	92.4	Senior	Scottish Seniors	787.5
3	John Walsh	YNE	90.9	U23	British Equipped	722.5
4	Kevin Jane	EM	92.7	M3	British Equipped	702.5
5	Matt Watson	SW	89.24	Senior	Western European Championships	675
6	Calum Keenan	SCO	92.2	Senior	British Equipped	657.5
7	Adam Thomas	WAL	92.2	Senior	Home Nations	652.5
8	JAMES MUTRIE	SCO	92	M2	Scottish Masters	557.5
9	T.S. Adewale	GL	83.1	M2	British Equipped	520
10	Michael Ellender	SE	90.5	M4	British Equipped	505
11	Farris Collins	SW	91	U18	British Equipped	485
12	BRIAN BAKER	SCO	92.6	M3	Scottish Masters	450.5
13						
14						
15						
16						
17						
18						
19						
20						

Classic Bench Press

	Name	Division	Body weight	Age class	Competition	Total
1	Sheridan Wray	YNE	92.7	M1	British Bench Press	185
2	Roman Adamski	YNE	92.9	Senior	British Bench Press	185
3	Sam Hinks	YNE	92	U23	British Bench Press	177.5
4	Stuart Hamilton	EM	93	M2	British Bench Press	165
5	Keith White	NI	90	Senior	NI Big Lift Combo	155
6	Robert Rodney	GL	91.4	M2	British Bench Press	152.5
7	David Williams	SW	90.5	M3	British Bench Press	135
8	Billy Osborn	NM	88.8	U18	British Bench Press	130
9	Gary Lovett	YNE	91.2	M1	British Bench Press	130
10	Tom Gee	NM	84	U23	British Bench Press	127.5
11	Mike Edwards	WM	91.5	M4	British Bench Press	107.5
12	Robert McMaster	NI	87.1	u18	NI Big Lift Combo	92.5
13						
14						
15						
16						
17						
18						
19						
20						

Equipped Bench Press

	Name	Division	Body weight	Age class	Competition	Total
1	Aaron Lohan	NW	88.41	Senior	World Bench Press Championships	220
2	David Williams	SW	89.15	M3	World Bench Press Championships	200
3	Glyn Belsher	0	92.22	M2	European Masters Bench Press Cha	132.5
4	Mike Edwards	WM	90.3	M4	British Bench Press	130
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

105kg Class

Top 20 Ranked on Total

Classic Powerlifting

	Name	Division	Body weight	Age class	Competition	Total
1	Stephen Manuel	NW	102.25	Senior	Mens British Classic	869.5
2	Mike Pennington	NM	102.55	Senior	Mens British Classic	811
3	Charlie Wade	SE	104.6	U23	British Classic Juniors	750.5
4	Robert Rees	GL	103.8	Senior	Mens British Classic	747.5
5	Thomas Brannick	NM	102.2	Senior	Mens British Classic	732.5
6	Russell Kirby	SE	103.9	M1	British Masters	732.5
7	Russell Kirkby	SE	103.3	M1	Mens British Classic	730
8	Paul Bimrose	YNE	104.6	M1	British Masters	725
9	Paul Bennett	YNE	103.95	Senior	Mens British Classic	722.5
10	Joshua Greenfield	YNE	104	U23	British Classic Juniors	720
11	Josh Edwards	WAL	100	U23	British Classic Juniors	715
12	Andrew Spiers	WM	103.9	Senior	All England Championships	707.5
13	Michael Bruce	NI	103.6	Senior	NI Autumn Advance	705
14	David Watkins	GL	104.85	Senior	Mens British Classic	702.5
15	Will Knowland	SM	103.25	Senior	Mens British Classic	695
16	James Robson	YNE	103.8	Senior	All England Championships	695
17	Charlie Smith	SM	103.8	U23	British Classic Juniors	690
18	Thomas Celestin	GL	99.15	M1	All England Championships	685.5
19	Matthew Deacon-Smith	SW	100.1	U23	All England Championships	680
20	CALLUM CROZIER	SCO	100.2	U23	Scottish Classic	680

Equipped Powerlifting

	Name	Division	Body weight	Age class	Competition	Total
1	Jake O'Neill	EM	104.9	Senior	British Equipped	855
2	Jack Cook	EM	103.6	Senior	British Equipped	810
3	Stuart Crichton	SCO	105	M1	Scottish Masters	785
4	Kevin Jane	EM	95	M3	Home Nations	685
5	Farris Collins	SW	95.2	U23	World Juniors	645
6	Steven Barber	WM	100.2	U23	British Equipped	645
7	ARTHUR COWLEY	SCO	102	M2	Scottish Masters	612.5
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

Classic Bench Press

	Name	Division	Body weight	Age class	Competition	Total
1	Andy Rigby	NW	104.3	M2	World Classic Bench Press Champion	217.5
2	Richard Patman	EM	95.8	Senior	British Bench Press	185
3	Richard Twycross-Lewis	GL	103.3	M1	World Classic Bench Press Champion	165
4	Tom Collins	YNE	104.7	M4	British Bench Press	162.5
5	Ciarán Conroy	NI	104.8	Senior	NI Big Lift Combo	152.5
6	John Wright	YNE	103.9	M1	British Bench Press	150
7	Balal Ahmed	WM	102	U23	British Bench Press	145
8	Martin Flett	SCO	104.7	M3	British Bench Press	140
9	Matthew Doyle	NI	99.4	Senior	NI Big Lift Combo	135
10	Robert Downey	NI	102.4	m3	NI Big Lift Combo	115
11	John Bevan	EM	102.6	M4	British Bench Press	80
12	Mike Gabby	NI	103	m3	NI Big Lift Combo	80
13						
14						
15						
16						
17						
18						
19						

Equipped Bench Press

	Name	Division	Body weight	Age class	Competition	Total
1	Martin Green	SM	104.9	M1	British Bench Press	255
2	Tom Collins	YNE	102.74	M4	World Bench Press Championships	193.5
3	Paul Hammond	NM	102.9	M2	World Bench Press Championships	190
4	John Wright	YNE	104.3	M1	British Bench Press	185
5	Martin Flett	SCO	103.9	M3	British Bench Press	170
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						

120kg Class

Top 20 Ranked on Total

Classic Powerlifting

	Name	Division	Body weight	Age class	Competition	Total
1	Tony Cliffe	EM	119.5	Senior	Mens British Classic	912.5
2	Stephen Manuel	NW	109.1	Senior	Reykjavik International Games	820
3	Mark MacQueen	SCO	119.2	U23	Classic World Championships	820
4	Colin Wright	NI	117.74	M1	Classic World Championships	802.5
5	Iain MacConnachie	SW	114.95	Senior	Mens British Classic	800
6	Baruch Sekenofsk	GL	118.6	U23	British Classic Juniors	790
7	MARC KEYS	SCO	117.1	Senior	Scottish Classic	782.5
8	Luke Conboy	YNE	117.55	Senior	Mens British Classic	770
9	Francis Sanders	EM	113.35	Senior	Mens British Classic	747.5
10	Joshua Greenfield	YNE	110.8	u23	Home Nations	745
11	Daniel Lindsell	EM	117.15	Senior	Mens British Classic	740
12	WILLIAM ROGERS	SCO	119.4	Senior	Scottish Classic	730
13	Logan Ostler	WAL	117.1	u23	Welsh Championships	717.5
14	Jack Johnson	SM	119.4	u18	British Classic Juniors	702.5
15	Shane Flowers	SW	117.2	U23	British Classic Juniors	700
16	Tom Shaw	SE	119.65	Senior	Mens British Classic	692.5
17	Andy Rodney	EM	120	M2	British Masters	690.5
18	Adam Berry	EM	115.2	Senior	All England Championships	690
19	Nathan Turner	NM	115.9	Senior	Mens British Classic	687.5
20	Rhett Lloyd Milton	EM	107.95	Senior	Mens British Classic	675

Equipped Powerlifting

	Name	Division	Body weight	Age class	Competition	Total
1	Jack Johnson	SM	118.1	U18	World Juniors	845
2	Jake O'Neill	0	105.6	Senior	Home Nations	835
3	Sam Harvey	EM	118.6	U23	British Equipped	730
4	Jon Askey	WM	119	Senior	All England Championships	722.5
5	FRANCESCO PELIZZ	SCO	117.2	Senior	Home Nations	707.5
6	Phil Frost	YNE	113.82	M2	European Masters	677.5
7	Dylan Hywel Davies	WAL	119	M1	British Equipped	650
8	LEE CHRISTIE	SCO	109	M1	Scottish Masters	575
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

Classic Bench Press

	Name	Division	Body weight	Age class	Competition	Total
1	Andy Rigby	NW	106.59	M2	Arnold Classic Europe	220
2	Daniel Lindsell	EM	118.7	Senior	British Bench Press	182.5
3	Marc Giles	NM	110.9	M2	World Classic Bench Press Champior	177.5
4	Jack Johnson	SM	118.7	U18	British Bench Press	172.5
5	David Coyle	YNE	119.2	M1	British Bench Press	170
6	Andy Rodney	EM	119.4	M2	British Bench Press	170
7	Tom Weavers	EM	119.7	Senior	British Bench Press	167.5
8	Rhett Lloyd Milton	EM	109.8	Senior	British Bench Press	160
9	James Downs	YNE	112.5	Senior	British Bench Press	160
10	Trevor Jordan	NI	112.7	Senior	NI Big Lift Combo	157.5
11	Adam Gisby	SW	117.5	Senior	British Bench Press	152.5
12	Alan Jordan	NI	107.5	Senior	NI Big Lift Combo	150
13	David Brooks	SM	113.8	M3	British Bench Press	142.5
14						
15						
16						
17						
18						

Equipped Bench Press

	Name	Division	Body weight	Age class	Competition	Total
1	Pinda Singh	EM	114.8	Senior	British Bench Press	262.5
2	Jack Johnson	SM	118.3	U18	British Bench Press	230
3	Chris Farrow	NM	114.4	Senior	British Bench Press	187.5
4	Dave Brooks	SM	113.3	M3	British Bench Press	177.5
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						

120+kg Class

Top 20 Ranked on Total

Classic Powerlifting

	Name	Division	Body weight	Age class	Competition	Total
1	Michael Jones	WAL	167.75	Senior	Mens British Classic	882.5
2	Jord McLaughlin	NW	137.66	U23	Classic Cup	850
3	Luke Richardson	YNE	125	U23	British Classic Juniors	830.5
4	Aaron Thompson	NM	153.8	Senior	Mens British Classic	815
5	David Hughes	SM	127.95	U23	All England Championships	812.5
6	Asif Ahmed	GL	135.85	Senior	Mens British Classic	770
7	Chris Baker	YNE	141.48	M1	Classic World Championships	765
8	Andy Foster	NW	129.25	Senior	Mens British Classic	760
9	Mitchal Flowers	SW	150.65	Senior	Mens British Classic	745
10	FRANCESCO PELIZZA	SCO	120.2	Senior	Scottish Classsic	730
11	Ricky Mullan	NI	125.5	M1	British Masters	725
12	Andy Rodney	EM	121.2	M2	Classic World Championships	722.5
13	Michael Adams	SM	125.6	M2	British Masters	710.5
14	Frazer Pennington	NW	122.2	U23	British Classic Juniors	710
15	William Rodgers	SCO	125.1	Senior	Home Nations	700
16	Robert Newman	NI	135	SENIOR	All Ireland	700
17	Dax Dyer	WAL	142.3	m1	Welsh Championships	680
18	Lee Richards	SE	137.5	M1	British Masters	675
19	Ben Rant	SW	132.2	u18	British Classic Juniors	660
20	Maximilian Semple	WAL	133.85	Senior	Mens British Classic	650

Equipped Powerlifting

	Name	Division	Body weight	Age class	Competition	Total
1	Mathew Pearce	WM	151.3	Senior	British Equipped	795
2	Jon Askey	WM	122.4	Senior	British Equipped	745
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

Classic Bench Press

	Name	Division	Body weight	Age class	Competition	Total
1	Paul Merricks	WM	159.2	M1	British Bench Press	232.5
2	Lee Mortimer	YNE	130.9	Senior	British Bench Press	227.5
3	Graham Mellor	NM	151.6	U23	British Bench Press	180
4	Christopher Hartwig	EM	130.1	Senior	British Bench Press	172.5
5	Rick Booth	NW	146.9	M1	British Bench Press	162.5
6	Ricky Mullan	NI	127.9	m1	NI Big Lift Combo	145
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

Equipped Bench Press

	Name	Division	Body weight	Age class	Competition	Total
1	Graham Mellor	NM	162	U23	NM Extra comp	300
2	Ranbir Sahota	WM	123.5	Senior	British Bench Press	220
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						
