



## Top 20 Men 2016 Ranked on Wilks

### Classic Squat

	Name	Division	Weight Class	Age class	Competition	Wilks
1	Stephen Manuel	NW	105	Senior	Classic World Championships	194.6655
2	Tony Cliffe	EM	120	Senior	Classic World Championships	191.6155
3	Iain MacConnachie	SW	120	Senior	SW Open	183.9600
4	Mark MacQueen	SCO	120	U23	Classic World Championships	182.8244
5	Owen Hubbard	WAL	83	Senior	European Classic	182.7525
6	Jord McLaughlin	NW	120+	U23	European Classic	176.1048
7	Sion Hughes	WAL	93	U23	Classic World Championships	174.7773
8	Colin Wright	NI	120	M1	Classic World Championships	174.7078
9	David Hughes	SM	120+	U23	All England Championships	170.1751
10	James Duff	YNE	74	Senior	European Classic	170.0235
11	Joshua Greenfield	YNE	105	U23	All England Championships	166.3287
12	Luke Rogers	WM	74	Sen	All England Championships	166.3247
13	Daniel Worsley	YNE	83	U23	Classic World Championships	165.1450
14	Sidney Jules	0	74	Senior	British Universities	163.5927
15	SCOTT MULHERON	SCO	93	Senior	Scottish Classic	163.3489
16	Russell Kirby	SE	105	M1	British Masters	161.9455
17	Andrew Dawes	SE	66	Senior	European Classic	161.5491
18	Iain Kendrick	SM	93	M1	British Masters	161.2783
19	Asif Ahmed	GL	120+	Sen	All England Championships	160.8681
20	Charlie Wade	SE	105	U23	Classic World Championships	160.7961

### Classic Bench Press (3 lift)

	Name	Division	Weight Class	Age class	Competition	Wilks
1	Owen Hubbard	WAL	83	Senior	Classic World Championships	136.1936
2	Tony Cliffe	EM	120	Senior	Classic World Championships	133.9868
3	Chris Baker	YNE	120+	M1	British Masters	127.4216
4	Stephen Manuel	NW	105	Senior	Classic World Championships	124.2864
5	MARC KEYS	SCO	120	Senior	Scottish Classic	120.0039
6	Michael Jones	WAL	120+	Senior	Welsh Championships	118.4868
7	Jord McLaughlin	NW	120+	U23	European Classic	118.3424
8	Sheridan Wray	YNE	93	M1	British Masters	113.7024
9	Paul Birnrose	YNE	105	M1	British Masters	113.6881
10	Daniel Lindsell	EM	120	Sen	All England Championships	112.7265
11	Russell Kirby	SE	105	M1	British Masters	112.4622
12	Iain MacConnachie	SW	120	Sen	All England Championships	112.3082
13	Michael Adams	SM	120+	M2	British Masters	111.0126
14	CALLUM CROZIER	SCO	105	U23	Scottish Classic	109.4588
15	Thomas Brannick	NM	105	Senior	Classic World Championships	108.2687
16	Charlie Wade	SE	105	U23	Classic World Championships	108.1992
17	Daniel Worsley	YNE	83	U23	Classic World Championships	107.8498
18	FRANCESCO PELIZZA	SCO	120+	Senior	Scottish Classic	107.7562
19	Pierre Shillingford	GL	93	Senior	European Classic	107.4331
20	Jack Johnson	SM	120	U18	European Classic	106.6781

### Classic Deadlift

Updated: 28/08/2016

	Name	Division	Weight Class	Age class	Competition	Wilks
1	Alexander McFarlane	NM	74	U23	British Universities	202.8009
2	Tony Cliffe	EM	120	Senior	Classic World Championships	198.8191
3	Jack Suljevic	SW	74	U23	All England Championships	195.5169
4	James Duff	YNE	74	Senior	European Classic	193.5374
5	Daniel Worsley	YNE	83	U23	European Classic	193.1401
6	David Hughes	SM	120+	U23	All England Championships	192.8651
7	Jeffrey Ocrah	GL	93	Sen	All England Championships	192.2916
8	Luke Rogers	WM	74	Sen	All England Championships	191.6350
9	Salman Khan	EM	74	U23	European Classic	191.2625
10	Pierre Shillingford	GL	93	Senior	European Classic	191.1678
11	Thomas Celestin	GL	105	M1	All England Championships	191.1463
12	Colin Wright	NI	120	M1	British Masters	190.5664
13	Ife Aberoba	GL	93	Senior	British Universities	190.0445
14	Stephen Manuel	NW	120	Senior	Reykjavik International Games	187.3234
15	Owen Hubbard	WAL	83	Senior	European Classic	187.1358
16	Tom Chang	NW	66	U23	All England Championships	187.1130
17	Francis Sanders	0	120	Senior	British Universities	186.4660
18	Mark Hodgett	NM	83	Sen	All England Championships	185.8991
19	Mark MacQueen	SCO	120	U23	Classic World Championships	185.7036
20	Jordan Lam	GL	66	U23	European Classic	184.4103

### Equipped Squat

	Name	Division	Weight Class	Age class	Competition	Wilks
1	Phil Richard	WAL	74	M1	British Equipped	208.6009
2	Jake O'Neill	EM	105	Senior	British Equipped	197.2587
3	Sunil Shahal	WM	74	Senior	British Equipped	192.2056
4	Jack Cook	EM	105	Senior	British Equipped	180.1282
5	Daniel Sherman	YNE	74	U18	British Equipped	174.7938
6	John Walsh	YNE	93	U23	British Equipped	174.6814
7	Ryan Strang	YNE	83	U23	British Equipped	172.4812
8	William Murray	SCO	74	Senior	British Equipped	171.8953
9	Mathew Pearce	WM	120+	Senior	British Equipped	171.3133
10	Ethan Brownlee	SW	83	U23	British Equipped	171.0752
11	Kevin Jane	EM	93	M3	British Equipped	168.2995
12	Jasvinder Singh	WM	83	M1	British Equipped	166.1651
13	Matt Watson	SW	93	Sen	All England Championships	164.4078
14	Steve Walker	EM	74	M3	European Masters	163.0600
15	Shaun Haynes	NM	83	M1	British Equipped	162.9278
16	Sam Harvey	EM	120	U23	British Equipped	161.4258
17	Robert Palmer	GL	93	Sen	All England Championships	159.4189
18	Jon Askey	WM	120+	Senior	British Equipped	158.8321
19	Allen Ottolangui	EM	74	M2	European Masters	157.6711
20	Harri Singh Cheema	WM	74	M3	British Equipped	155.8588

### Equipped Bench Press (3 lift)

	Name	Division	Weight Class	Age class	Competition	Wilks
1	Robert Palmer	GL	93	Sen	All England Championships	159.4189
2	Phil Richard	WAL	74	M1	British Equipped	152.8541
3	Sunil Shahal	WM	74	Senior	British Equipped	150.1035
4	Jake O'Neill	EM	105	Senior	European Open	139.2559
5	Jasvinder Singh	WM	83	M1	British Equipped	127.5611
6	Jack Cook	EM	105	Senior	British Equipped	126.0898
7	Shaun Haynes	NM	83	M1	British Equipped	125.9751
8	John Walsh	YNE	93	U23	British Equipped	125.4530
9	William Murray	SCO	74	Senior	British Equipped	124.3498
10	Steve Walker	EM	74	M3	British Equipped	119.6126
11	Ryan Strang	YNE	83	U23	British Equipped	118.3694
12	Jon Askey	WM	120+	Senior	British Equipped	113.0427
13	Sam Harvey	EM	120	U23	British Equipped	110.9803
14	Phil Frost	YNE	120	M2	European Masters	110.7088
15	Matt Watson	SW	93	Sen	All England Championships	109.6052
16	Mathew Pearce	WM	120+	Senior	British Equipped	106.3800
17	Daniel Sherman	YNE	74	U18	British Equipped	104.8763
18	Kevin Jane	EM	93	M3	British Equipped	103.8109
19	Steven Tyers	SW	74	Senior	British Equipped	102.6141
20	Allen Ottolangui	EM	74	M2	British Equipped	101.1918

### Equipped Deadlift

	Name	Division	Weight Class	Age class	Competition	Wilks
1	Sunil Shahal	WM	74	Senior	British Equipped	194.0362
2	Jack Suljevic	SW	74	U23	British Equipped	188.2954
3	Robert Palmer	GL	93	Sen	All England Championships	188.1143
4	Jack Cook	EM	105	Senior	European Open	186.0737
5	Phil Richard	WAL	74	M1	European Masters	183.9737
6	Steven Tyers	SW	74	Senior	British Equipped	183.2395
7	Calum Keenan	SCO	93	Senior	British Equipped	178.1993
8	Daniel Sherman	YNE	74	U18	British Equipped	176.6337
9	Jake O'Neill	EM	105	Senior	British Equipped	176.3373
10	Steve Walker	EM	74	M3	British Equipped	173.9819
11	Kevin Jane	EM	93	M3	British Equipped	169.8724
12	Ryan Strang	YNE	83	U23	British Equipped	164.0262
13	Mathew Pearce	WM	120+	Senior	British Equipped	161.6424
14	Doug D'Gama	EM	83	M2	British Equipped	161.1298
15	William Murray	SCO	74	Senior	British Equipped	160.9232
16	Daniel Saunders	NM	83	Senior	British Equipped	160.5451
17	Shaun Haynes	NM	83	M1	British Equipped	159.5685
18	Allen Ottolangui	EM	74	M2	British Equipped	159.0156
19	John Walsh	YNE	93	U23	British Equipped	158.8013
20	Harri Singh Cheema	WM	74	M3	British Equipped	155.8588

# 59kg Class

## Top 20 Ranked on Total

### Classic Squat

	Name	Division	Body weight	Age class	Competition	Total
1	Christopher Rattray	NW	58.17	U23	British Universities	160
2	Shishir Sikder	GL	57.89	Senior	British Universities	147.5
3	Jun Jie Ng	GL	56.74	U23	British Universities	145
4	Chris Allen	0	56.97	U23	British Universities	135
5	Dean Barton	NW	57.6	Senior	European Classic	135
6	Rajeev Parmar	YNE	57.84	Senior	British Universities	127.5
7	Jacob Melvin	WM	56.3	U18	All England Championships	122.5
8	Luis Corbo	SE	57.7	U18	All England Championships	120
9	Caolan McGlade	NI	56.8	U18	NI Men's Raw Power	110
10	Dave Brown	EM	57.75	M3	All England Championships	90
11	David Brown	EM	57.9	M3	British Masters	90
12	Ted Brown	SM	56.25	M5	All England Championships	70
13						
14						
15						
16						
17						
18						
19						
20						

### Classic Bench Press (3 lift)

	Name	Division	Body weight	Age class	Competition	Total
1	Chris Allen	0	56.97	U23	British Universities	105
2	Christopher Rattray	NW	58.17	U23	British Universities	100
3	Shishir Sikder	GL	57.89	Senior	British Universities	92.5
4	Dean Barton	NW	57.6	Senior	European Classic	85
5	Jacob Melvin	WM	56.3	U18	All England Championships	80
6	Jun Jie Ng	GL	56.74	U23	British Universities	77.5
7	Caolan McGlade	NI	56.8	U18	NI Men's Raw Power	75
8	David Brown	EM	57.9	M3	British Masters	75
9	Ted Brown	SM	56.25	M5	All England Championships	72.5
10	Dave Brown	EM	57.75	M3	All England Championships	70
11	Rajeev Parmar	YNE	57.84	Senior	British Universities	70
12	Luis Corbo	SE	57.7	U18	All England Championships	62.5
13						
14						
15						
16						
17						
18						
19						
20						

### Classic Deadlift

Updated: 28/08/2016

	Name	Division	Body weight	Age class	Competition	Total
1	Christopher Rattray	NW	58.17	U23	British Universities	205.5
2	Chris Allen	0	56.97	U23	British Universities	192.5
3	Shishir Sikder	GL	57.89	Senior	British Universities	187.5
4	Dean Barton	NW	57.6	Senior	European Classic	185
5	Rajeev Parmar	YNE	57.84	Senior	British Universities	160
6	Jacob Melvin	WM	56.3	U18	All England Championships	157.5
7	Jun Jie Ng	GL	56.74	U23	British Universities	155
8	Luis Corbo	SE	57.7	U18	All England Championships	145
9	Dave Brown	EM	57.75	M3	All England Championships	135
10	Caolan McGlade	NI	56.8	U18	NI Men's Raw Power	132.5
11	David Brown	EM	57.9	M3	British Masters	130
12	Ted Brown	SM	56.25	M5	All England Championships	117.5
13						
14						
15						
16						
17						
18						
19						
20						

### Equipped Squat

	Name	Division	Body weight	Age class	Competition	Total
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

### Equipped Bench Press (3 lift)

	Name	Division	Body weight	Age class	Competition	Total
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

### Equipped Deadlift

	Name	Division	Body weight	Age class	Competition	Total
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

# 66kg Class

Top 20 Ranked on Total

## Classic Squat

	Name	Division	Body weight	Age class	Competition	Total
1	Andrew Dawes	SE	64.75	Senior	European Classic	202.5
2	James McIlwaine	NI	66	U23	NI Men's Raw Power	200
3	Nathaniel Shaw	SE	64.9	U23	Classic World Championships	192.5
4	John Phillips	SW	65.8	Sen	All England Championships	192.5
5	Jordan Lam	GL	65.7	U23	Classic World Championships	190
6	Amrik Mehta	sw	62.39	U23	British Universities	175
7	Tom Chang	NW	64.9	U23	All England Championships	175
8	Mahfuzur Rahman	GL	64.55	Sen	All England Championships	172.5
9	Simon Talbot	WAL	65.9	Senior	Welsh Championships	172.5
10	Declan Zimmermann	WM	64.85	U18	All England Championships	171
11	Thomas Chang	NW	65.2	U23	British Universities	170
12	David Carleton	NI	65.8	U23	NI Men's Raw Power	170
13	Marl Barbosa	WAL	62.9	Senior	Welsh Championships	165
14	MICHAEL MORRIS	SCO	65.7	Senior	Scottish Classic	165
15	Callum Hodson	YNE	64.37	U23	University World Cup	162.5
16	Roger Hamilton-Smith	SM	64.4	M1	All England Championships	162.5
17	Kris Boyce	NI	64.9	Senior	NI Men's Raw Power	160
18	Leroy Lim	SM	62.8	U23	British Universities	155
19	Shaun Bateman	SW	63.6	M1	All England Championships	155
20	Sean Maloney	EM	65.8	Senior	East Midlands Classic	150

## Classic Bench Press (3 lift)

	Name	Division	Body weight	Age class	Competition	Total
1	David Carleton	NI	65.8	U23	NI Men's Raw Power	130
2	Tom Chang	NW	64.9	U23	All England Championships	126
3	Andrew Dawes	SE	64.75	Senior	European Classic	125
4	Kris Boyce	NI	64.9	Senior	NI Men's Raw Power	125
5	Jordan Lam	GL	65.2	U23	European Classic	125
6	Thomas Chang	NW	65.2	U23	British Universities	120
7	John Phillips	SW	65.8	Sen	All England Championships	120
8	Shaun Bateman	SW	63.6	M1	All England Championships	117.5
9	Leroy Lim	SM	62.8	U23	British Universities	112.5
10	Nathaniel Shaw	SE	65.05	U23	European Classic	112.5
11	Simon Talbot	WAL	65.9	Senior	Welsh Championships	112.5
12	Roger Hamilton-Smith	SW	63.9	M1	Classic World Championships	110
13	Callum Hodson	YNE	64.37	U23	University World Cup	107.5
14	MICHAEL MORRIS	SCO	65.7	Senior	Scottish Classic	107.5
15	Amrik Mehta	sw	62.39	U23	British Universities	105
16	Mahfuzur Rahman	GL	64.55	Sen	All England Championships	102.5
17	Aneek Shah	GL	64.71	U23	University World Cup	102.5
18	Declan Zimmermann	WM	64.85	U18	All England Championships	100
19	James McIlwaine	NI	66	U23	NI Men's Raw Power	100
20	Sean Maloney	EM	65.8	Senior	East Midlands Classic	97.5

## Classic Deadlift

Updated: 28/08/2016

	Name	Division	Body weight	Age class	Competition	Total
1	Tom Chang	NW	64.9	U23	All England Championships	235
2	Jordan Lam	GL	65.2	U23	European Classic	232.5
3	Declan Zimmermann	WM	64.85	U18	All England Championships	229
4	Nathaniel Shaw	SE	64.9	U23	Classic World Championships	227.5
5	David Carleton	NI	65.8	U23	NI Men's Raw Power	225
6	Thomas Chang	NW	65.2	U23	British Universities	220
7	John Phillips	SW	65.8	Sen	All England Championships	220
8	Andrew Dawes	SE	65.14	Senior	Classic World Championships	217.5
9	Mustafa Butt	GL	65.45	U23	University World Cup	217.5
10	Roger Hamilton-Smith	SM	64.4	M1	All England Championships	215
11	Simon Talbot	WAL	65.9	Senior	Welsh Championships	212.5
12	Marl Barbosa	WAL	62.9	Senior	Welsh Championships	207.5
13	Kris Boyce	NI	64.9	Senior	NI Men's Raw Power	205
14	MICHAEL MORRIS	SCO	65.7	Senior	Scottish Classic	205
15	Callum Hodson	YNE	64.37	U23	University World Cup	202.5
16	Amrik Mehta	sw	62.39	U23	British Universities	195
17	Shaun Bateman	SW	63.6	M1	All England Championships	195
18	Henry Chay	NW	63.7	M2	British Masters	195
19	Mahfuzur Rahman	GL	64.21	Senior	British Universities	195
20	Ted Byrne	NM	64.7	M3	British Masters	195

## Equipped Squat

	Name	Division	Body weight	Age class	Competition	Total
1	Joe Sherwood	YNE	63	U18	British Equipped	165
2	Peter Barrett	SE	64.3	M4	European Masters	120
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

## Equipped Bench Press (3 lift)

	Name	Division	Body weight	Age class	Competition	Total
1	Joe Sherwood	YNE	63	U18	British Equipped	90
2	Peter Barrett	SE	64.5	M4	British Equipped	67.5
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

## Equipped Deadlift

	Name	Division	Body weight	Age class	Competition	Total
1	Peter Barrett	SE	64.5	M4	British Equipped	177.5
2	Joe Sherwood	YNE	63	U18	British Equipped	170
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

# 74kg Class

## Top 20 Ranked on Total

### Classic Squat

	Name	Division	Body weight	Age class	Competition	Total
1	James Duff	YNE	73.4	Senior	European Classic	235
2	Luke Rogers	WM	73.45	Sen	All England Championships	230
3	Sidney Jules	0	72.9	Senior	British Universities	225
4	Jack Suljevic	SW	73.5	U23	All England Championships	220
5	Salman Khan	EM	74.5	U23	British Universities	215
6	Alexander McFarlane	NM	69.79	U23	British Universities	212.5
7	Adil Khan	NW	72.95	U23	European Classic	207.5
8	Philip Barr	NI	72.6	U23	Summer Showdown	205
9	Samuel Stott	SW	72.95	U23	All England Championships	205
10	Hasnain Ikram	WAL	74	U23	Welsh Championships	205
11	KEEN THAMMATHATAREE	SCO	73.2	U23	Scottish Classic	202.5
12	Tim Baker	SW	74	Senior	SW Open	200
13	Jeremy Ocampo	SM	72.95	U23	All England Championships	197.5
14	Ali Ghareeb	EM	73.9	Senior	British Universities	192.5
15	Ekin Arabul	0	71.79	Senior	British Universities	190
16	MARK HOURSTON	SCO	73.6	Senior	Scottish Classic	190
17	Christopher Wilkinson	NI	73.7	Senior	NI Men's Raw Power	190
18	Ayman Alhassan	0	72.55	U23	British Universities	180
19	Harri Singh Cheema	WM	73.4	M3	British Masters	180
20	Harri Sing Cheema	WM	73.6	M3	All England Championships	180

### Classic Bench Press (3 lift)

	Name	Division	Body weight	Age class	Competition	Total
1	Salman Khan	EM	73.65	U23	European Classic	147.5
2	Adil Khan	NW	72.95	U23	European Classic	142.5
3	Philip Barr	NI	72.6	U23	Summer Showdown	140
4	MARK HOURSTON	SCO	73.6	Senior	Scottish Classic	135
5	Reuben Glenn Clarke	NI	71.5	U23	Summer Showdown	132.5
6	James Duff	YNE	73.4	Senior	European Classic	132.5
7	Luke Rogers	WM	73.45	Sen	All England Championships	130
8	Theo Dodds	0	73.75	U23	University World Cup	130
9	Ricky Morrison	NI	74	Senior	Women's Raw Power	130
10	Tim Baker	SW	74	Senior	SW Open	130
11	Alexander McFarlane	NM	69.79	U23	British Universities	127.5
12	Richard Page	YNE	72.37	Senior	British Universities	127.5
13	Hasnain Ikram	WAL	74	U23	Welsh Championships	127.5
14	KEEN THAMMATHATAREE	SCO	73.2	U23	Scottish Classic	125
15	Ali Ghareeb	EM	73.9	Senior	British Universities	125
16	Jordan Lam	GL	67.45	U23	British Universities	120
17	Ben Johnson	EM	71.2	U23	All England Championships	120
18	Sidney Jules	0	72.9	Senior	British Universities	120
19	Ronan Bell	SE	71.1	M1	All England Championships	118
20	Anil Lad	GL	72.66	U23	University World Cup	117.5

### Classic Deadlift

Updated: 28/08/2016

	Name	Division	Body weight	Age class	Competition	Total
1	Jack Suljevic	SW	73.5	U23	All England Championships	270.5
2	Alexander McFarlane	NM	69.79	U23	British Universities	270
3	James Duff	YNE	73.4	Senior	European Classic	267.5
4	Luke Rogers	WM	73.45	Sen	All England Championships	265
5	Salman Khan	EM	73.65	U23	European Classic	265
6	Sidney Jules	0	72.9	Senior	British Universities	250
7	Adil Khan	NW	72.95	U23	European Classic	245
8	Ali Ghareeb	EM	73.9	Senior	British Universities	242.5
9	MARK HOURSTON	SCO	73.6	Senior	Scottish Classic	240
10	Jeremy Ocampo	SM	72.95	U23	All England Championships	232.5
11	Samuel Stott	SW	72.95	U23	All England Championships	227.5
12	Ayman Alhassan	0	72.55	U23	British Universities	225
13	KEEN THAMMATHATAR	SCO	73.2	U23	Scottish Classic	222.5
14	Alex Braithwaite	0	67.8	U23	British Universities	220
15	Tim Baker	SW	72.5	Sen	All England Championships	220
16	Wayne Reid	SCO	72.7	M1	British Masters	215
17	Jordan Lam	GL	67.45	U23	British Universities	210
18	Ekin Arabul	0	71.79	Senior	British Universities	210
19	Richard Page	YNE	72.37	Senior	British Universities	210
20	Hasnain Ikram	WAL	74	U23	Welsh Championships	210

### Equipped Squat

	Name	Division	Body weight	Age class	Competition	Total
1	Phil Richard	WAL	74	M1	British Equipped	290
2	Sunil Shahal	WM	72.2	Senior	British Equipped	262.5
3	Daniel Sherman	YNE	71.7	U18	British Equipped	237.5
4	William Murray	SCo	72.3	Senior	British Equipped	235
5	Steve Walker	EM	73.23	M3	European Masters	225
6	Allen Ottolangui	EM	73.2	M2	European Masters	217.5
7	Harri Singh Cheema	WM	73.2	M3	British Equipped	215
8	Jack Suljevic	SW	73.3	U23	British Equipped	205
9	Steven Tyers	SW	72.1	Senior	British Equipped	200
10	Desmond Scott	NI	72.1	M4	British Equipped	85
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

### Equipped Bench Press (3 lift)

	Name	Division	Body weight	Age class	Competition	Total
1	Phil Richard	WAL	74	M1	British Equipped	212.5
2	Sunil Shahal	WM	72.2	Senior	British Equipped	205
3	William Murray	SCo	72.3	Senior	British Equipped	170
4	Steve Walker	EM	73.2	M3	British Equipped	165
5	Daniel Sherman	YNE	71.7	U18	British Equipped	142.5
6	Steven Tyers	SW	72.1	Senior	British Equipped	140
7	Allen Ottolangui	EM	73.5	M2	British Equipped	140
8	Harri Singh Cheema	WM	73.2	M3	British Equipped	130
9	Desmond Scott	NI	72.1	M4	British Equipped	70
10	Jack Suljevic	SW	73.3	U23	British Equipped	50
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

### Equipped Deadlift

	Name	Division	Body weight	Age class	Competition	Total
1	Sunil Shahal	WM	72.2	Senior	British Equipped	265
2	Jack Suljevic	SW	73.3	U23	British Equipped	260
3	Phil Richard	WAL	77.1	M1	Welsh Championships	255
4	Steven Tyers	SW	72.1	Senior	British Equipped	250
5	Daniel Sherman	YNE	71.7	U18	British Equipped	240
6	Steve Walker	EM	73.2	M3	British Equipped	240
7	William Murray	SCo	72.3	Senior	British Equipped	220
8	Allen Ottolangui	EM	73.5	M2	British Equipped	220
9	Harri Singh Cheema	WM	73.2	M3	British Equipped	215
10	Desmond Scott	NI	70.29	M4	European Masters	145
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

# 83kg Class

## Top 20 Ranked on Total

### Classic Squat

	Name	Division	Body weight	Age class	Competition	Total
1	Owen Hubbard	WAL	81.6	Senior	European Classic	271
2	Daniel Worsley	YNE	81.66	U23	Classic World Championships	245
3	Erik Mata	EM	82.6	U23	All England Championships	237.5
4	Daniel Bedford	YNE	81.8	Senior	Yorkshire Counties	230
5	Mark Hodgett	NM	82.5	Sen	All England Championships	220
6	Salman Khan	EM	74.5	U23	British Universities	215
7	Daniel Ben-Chorin	GL	82.35	Sen	All England Championships	215
8	Omar Merican	YNE	85.28	U23	British Universities	215
9	Andrew Barr	NI	81.5	Senior	NI Men's Raw Power	212.5
10	David O'Brien	YNE	82.6	M1	British Masters	212.5
11	Alex Burrell	SW	82.8	Sen	All England Championships	212.5
12	Scott Webb	NI	80.3	U23	Summer Showdown	210
13	Mahavira Sing	NM	81.75	Sen	All England Championships	210
14	Matt Lingard	WM	82.1	M1	British Masters	210
15	Mahavira Sng	NM	79.88	Senior	British Universities	205
16	Kristopher Franklin	GL	82.25	U23	All England Championships	202.5
17	Wassim Arsalani	EM	77	Sen	All England Championships	200
18	Jamie Gee	SW	79.7	Senior	SW Classic	200
19	DEAN ROBERTSON	SCO	81.1	Senior	Scottish Classsic	200
20	Ethan Brownlee	NI	82.1	U23	NI Men's Raw Power	200

### Classic Bench Press (3 lift)

	Name	Division	Body weight	Age class	Competition	Total
1	Owen Hubbard	WAL	81.96	Senior	Classic World Championships	202.5
2	Daniel Worsley	YNE	81.66	U23	Classic World Championships	160
3	Erik Mata	EM	82.6	U23	All England Championships	155
4	Daniel Byrne	WM	78.2	U23	British Universities	150
5	Andrew Barr	NI	81.5	Senior	NI Men's Raw Power	150
6	Daniel Bedford	YNE	81.8	Senior	Yorkshire Counties	150
7	Matt Lingard	WM	82.1	M1	British Masters	150
8	Mark Hodgett	NM	82.7	Senior	NM Classic	150
9	Jamie Sinclair	SM	82.8	Sen	All England Championships	150
10	Salman Khan	EM	73.65	U23	European Classic	147.5
11	Jasvinder Singh	WM	81.6	M1	British Masters	147.5
12	Daniel Ben-Chorin	GL	82.6	Senior	Greater London	147.5
13	Jamie Gee	SW	80.65	Sen	All England Championships	145
14	James Vickers	SM	78.8	U23	All England Championships	142.5
15	Scott Webb	NI	80.3	U23	Summer Showdown	142.5
16	Fred Anson	YNE	78.86	U23	British Universities	140
17	DEAN ROBERTSON	SCO	81.1	Senior	Scottish Classsic	140
18	Mahavira Sing	NM	81.75	Sen	All England Championships	137.5
19	Kristopher Franklin	GL	82.25	U23	All England Championships	137.5
20	Joshua Bosman	YNE	82.35	Sen	All England Championships	137.5

### Classic Deadlift

Updated: 28/08/2016

	Name	Division	Body weight	Age class	Competition	Total
1	Daniel Worsley	YNE	80.95	U23	European Classic	285
2	Owen Hubbard	WAL	81.6	Senior	European Classic	277.5
3	Mark Hodgett	NM	82.5	Sen	All England Championships	277.5
4	Joshua Bosman	YNE	82.35	Sen	All England Championships	270
5	Salman Khan	EM	73.65	U23	European Classic	265
6	Daniel Ben-Chorin	GL	82.35	Sen	All England Championships	265
7	Daniel Bedford	YNE	82.78	Senior	Classic World Championships	262.5
8	Andrew Barr	NI	81.5	Senior	NI Men's Raw Power	260
9	Matthew Price	EM	81.6	U23	British Universities	255
10	Scott Webb	NI	80.3	U23	Summer Showdown	252.5
11	Adam Ferret	SW	79.15	Sen	All England Championships	250
12	Ethan Brownlee	NI	82.1	U23	NI Men's Raw Power	250
13	Kristopher Franklin	GL	82.25	U23	All England Championships	250
14	Alex Burrell	SW	82.8	Sen	All England Championships	250
15	Alan Joseph	GL	82.2	M2	British Masters	247.5
16	Mahavira Sing	NM	81.75	Sen	All England Championships	245
17	Mahavira Sng	NM	79.88	Senior	British Universities	242.5
18	Aaron Wade	0	81.23	U23	University World Cup	242.5
19	Grant Sugarman	EM	80.3	M2	British Masters	240
20	Matthew Henry	NI	82.3	U23	Summer Showdown	240

### Equipped Squat

	Name	Division	Body weight	Age class	Competition	Total
1	Phil Richard	WAL	74	M1	British Equipped	290.0000
2	Ryan Strang	YNE	81.2	U23	British Equipped	255.0000
3	Ethan Brownlee	SW	82.3	U23	British Equipped	255.0000
4	Jasvinder Singh	WM	82.2	M1	British Equipped	247.5000
5	Shaun Haynes	NM	82.1	M1	British Equipped	242.5000
6	Daniel Saunders	NM	82.7	Senior	British Equipped	220.0000
7	Jakub Zaruba	NM	80.9	U18	British Equipped	215.0000
8	Doug D'Gama	EM	82.2	M2	British Equipped	215.0000
9	Mick Amey	EM	81.7	M3	All England Championships	170.0000
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

### Equipped Bench Press (3 lift)

	Name	Division	Body weight	Age class	Competition	Total
1	Phil Richard	WAL	77.1	M1	Welsh Championships	205.0000
2	Jasvinder Singh	WM	82.2	M1	British Equipped	190.0000
3	Shaun Haynes	NM	82.1	M1	British Equipped	187.5000
4	Ryan Strang	YNE	81.2	U23	British Equipped	175.0000
5	Doug D'Gama	EM	82.2	M2	British Equipped	150.0000
6	Ethan Brownlee	SW	82.3	U23	British Equipped	147.5000
7	Daniel Saunders	NM	82.7	Senior	British Equipped	145.0000
8	Jakub Zaruba	NM	80.9	U18	British Equipped	125.0000
9	Mick Amey	EM	81.7	M3	All England Championships	105.0000
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

### Equipped Deadlift

	Name	Division	Body weight	Age class	Competition	Total
1	Phil Richard	WAL	77.1	M1	Welsh Championships	255.0000
2	Ryan Strang	YNE	81.2	U23	British Equipped	242.5000
3	Doug D'Gama	EM	82.2	M2	British Equipped	240.0000
4	Daniel Saunders	NM	82.7	Senior	British Equipped	240.0000
5	Shaun Haynes	NM	82.1	M1	British Equipped	237.5000
6	Jasvinder Singh	WM	82.2	M1	British Equipped	230.0000
7	Ethan Brownlee	SW	82.3	U23	British Equipped	230.0000
8	Jakub Zaruba	NM	80.9	U18	British Equipped	220.0000
9	Mick Amey	EM	81.7	M3	All England Championships	220.0000
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

# 93kg Class

## Top 20 Ranked on Total

### Classic Squat

	Name	Division	Body weight	Age class	Competition	Total
1	Sion Hughes	WAL	90.8	U23	Classic World Championships	275
2	SCOTT MULHERON	SCO	89.4	Senior	Scottish Classic	255
3	Iain Kendrick	SM	91.7	M1	British Masters	255
4	Robert Rogers	GL	91.16	Senior	Classic World Championships	247.5
5	Jason Coulthman	gl	91.2	Senior	Classic World Championships	247.5
6	Will James	SW	90.25	U23	All England Championships	245
7	Jeffrey Ocrah	GL	92.3	Sen	All England Championships	242.5
8	Robert Rodney	GL	90.9	M2	British Masters	237.5
9	Jaswinder Singh	WM	92.95	M2	All England Championships	235
10	Andy Bonner	SM	91.8	M3	British Masters	232.5
11	Pierre Shillingford	GL	91.85	Senior	European Classic	232.5
12	Alex Whitmore	EM	90.75	Sen	All England Championships	227.5
13	Daniel Mowbray	NI	90.5	U23	NI Men's Raw Power	225
14	Craig Harris	SW	90.8	U23	All England Championships	225
15	GRAEME LAMONT	SCO	91.5	Senior	Scottish Classic	220
16	Sheridan Wray	YNE	93	M1	British Masters	220
17	Richard Thimbleby	YNE	92.15	Senior	Yorkshire Counties	217.5
18	Dave Carter	YNE	92.5	M2	British Masters	217.5
19	Omar Merican	YNE	85.28	U23	British Universities	215
20	Sam Orange	YNE	91.25	Senior	British Universities	215

### Classic Bench Press (3 lift)

	Name	Division	Body weight	Age class	Competition	Total
1	Sheridan Wray	YNE	93	M1	British Masters	181
2	Pierre Shillingford	GL	91.85	Senior	European Classic	170
3	Dean Collins	YNE	87.75	Sen	All England Championships	162.5
4	Andrew Barber	YNE	90.1	Sen	All England Championships	160
5	Sion Hughes	WAL	90.8	U23	Classic World Championships	160
6	Alex Whitmore	EM	91.2	Senior	East Midlands Classic	160
7	Keith White	NI	92.1	Senior	NI Men's Raw Power	160
8	Jeffrey Ocrah	GL	92.3	Sen	All England Championships	160
9	Jaswinder Singh	WM	92.95	M2	All England Championships	160
10	Robert Rogers	GL	88	Senior	Greater London	157.5
11	Jason Coulthman	GL	91.75	Sen	All England Championships	155
12	Peter Davison	NI	89.4	Senior	NI Men's Raw Power	150
13	Robert Rodney	GL	90.8	M2	NW Masters & Novice	150
14	Jason Hunton	YNE	92.35	Sen	All England Championships	150
15	Martin Cummings	NI	92.1	Senior	NI Men's Raw Power	147.5
16	Iain Kendrick	SM	92.4	M1	Classic World Championships	147.5
17	Dave Carter	YNE	92.5	M2	British Masters	147.5
18	Andy Bonner	SM	91.8	M3	British Masters	145
19	Christopher Goodland	NI	87.3	Sen	Summer Showdown	140
20	DANIEL MACURA	SCO	87.6	Senior	Scottish Classic	140

### Classic Deadlift

Updated: 28/08/2016

	Name	Division	Body weight	Age class	Competition	Total
1	Jeffrey Ocrah	GL	92.3	Sen	All England Championships	305
2	Pierre Shillingford	GL	91.85	Senior	European Classic	302.5
3	Ife Aberoba	GL	91.4	Senior	British Universities	300
4	Dave Carter	YNE	92.5	M2	British Masters	285
5	Robert Rogers	GL	91.16	Senior	Classic World Championships	282.5
6	Jason Coulthman	GL	92.6	Senior	Greater London	282.5
7	Atamli-Ahmad Reineh	SM	90.7	Senior	British Universities	280
8	Robert Rodney	GL	91.7	M2	Classic World Championships	280
9	Andy Bonner	SM	91.8	M3	British Masters	278.5
10	Sion Hughes	WAL	90.8	U23	Classic World Championships	277.5
11	Joe Marks	YNE	88.95	Sen	All England Championships	272.5
12	Will James	SW	90.25	U23	All England Championships	270
13	Sam Orange	YNE	91.25	Senior	British Universities	270
14	Dean Collins	YNE	87.75	Sen	All England Championships	267.5
15	Iain Kendrick	SM	92.4	M1	Classic World Championships	267.5
16	SCOTT MULHERON	SCO	89.4	Senior	Scottish Classic	265
17	Sheridan Wray	YNE	93	M1	British Masters	265
18	Christopher Goodland	NI	87.3	Sen	Summer Showdown	262.5
19	Matthew Price	EM	87.74	u23	University World Cup	262.5
20	Jack West	0	87.9	U23	British Universities	260

### Equipped Squat

	Name	Division	Body weight	Age class	Competition	Total
1	John Walsh	YNE	90.9	U23	British Equipped	275
2	Kevin Jane	EM	92.7	M3	British Equipped	267.5
3	Matt Watson	SW	88.3	Sen	All England Championships	255
4	Robert Palmer	GL	90.2	Sen	All England Championships	250
5	Adam Thomas	WAL	92.1	Senior	Welsh Championships	230
6	Calum Keenan	SCO	92.2	Senior	British Equipped	230
7	T.S. Adewale	GL	83.1	M2	British Equipped	180
8	Farris Collins	SW	91	U18	British Equipped	180
9	Michael Ellender	SE	90.5	M4	British Equipped	160
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

### Equipped Bench Press (3 lift)

	Name	Division	Body weight	Age class	Competition	Total
1	Robert Palmer	GL	90.2	Sen	All England Championships	250
2	John Walsh	YNE	90.9	U23	British Equipped	197.5
3	Matt Watson	SW	88.3	Sen	All England Championships	170
4	Kevin Jane	EM	92.7	M3	British Equipped	165
5	Adam Thomas	WAL	92.1	Senior	Welsh Championships	152.5
6	Calum Keenan	SCO	92.2	Senior	British Equipped	145
7	Michael Ellender	SE	88.53	M4	European Masters	125
8	Farris Collins	SW	91	U18	British Equipped	125
9	T.S. Adewale	GL	83.1	M2	British Equipped	120
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

### Equipped Deadlift

	Name	Division	Body weight	Age class	Competition	Total
1	Robert Palmer	GL	90.2	Sen	All England Championships	295
2	Calum Keenan	SCO	92.2	Senior	British Equipped	282.5
3	Kevin Jane	EM	92.7	M3	British Equipped	270
4	John Walsh	YNE	90.9	U23	British Equipped	250
5	Adam Thomas	WAL	92.1	Senior	Welsh Championships	245
6	Matt Watson	SW	88.3	Sen	All England Championships	227.5
7	Michael Ellender	SE	90.5	M4	British Equipped	225
8	T.S. Adewale	GL	83.1	M2	British Equipped	220
9	Farris Collins	SW	91	U18	British Equipped	180
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

# 105kg Class

## Top 20 Ranked on Total

### Classic Squat

	Name	Division	Body weight	Age class	Competition	Total
1	Stephen Manuel	NW	104.3	Senior	Classic World Championships	325
2	Joshua Greenfield	YNE	104.1	U23	All England Championships	277.5
3	Russell Kirby	SE	103.9	M1	British Masters	270
4	Charlie Wade	SE	103.28	U23	Classic World Championships	267.5
5	Alex Pierides	GL	100.5	U23	British Universities	262.5
6	Thomas Brannick	NM	103.1	Senior	Classic World Championships	257.5
7	David Watkins	GL	104.6	Sen	All England Championships	252.5
8	Alec Hewstone	YNE	102.73	U23	British Universities	250
9	Andrew Richardson	YNE	103.71	u23	University World Cup	250
10	Paul Bimrose	YNE	104.6	M1	British Masters	245
11	Thomas Celestin	GL	99.15	M1	All England Championships	242.5
12	Craig Wolsey	YNE	99.7	Sen	All England Championships	242.5
13	Will Knowland	SM	103.2	Sen	All England Championships	242.5
14	Matthew Deacon-Smith	SW	100.1	U23	All England Championships	240
15	Reece Smith	GL	104.1	Senior	Greater London	240
16	Frankie Parke	EM	104.15	U23	All England Championships	240
17	Andrew Spiers	WM	103.9	Sen	All England Championships	235
18	CALLUM CROZIER	SCO	100.2	U23	Scottish Classic	230
19	James Robson	YNE	100.25	Senior	YNE Senior Classic	230
20	Samuel Duckett	NI	100.5	M1	British Masters	227.5

### Classic Bench Press (3 lift)

	Name	Division	Body weight	Age class	Competition	Total
1	Stephen Manuel	NW	104.3	Senior	Classic World Championships	207.5
2	Paul Bimrose	YNE	104.6	M1	British Masters	190
3	Russell Kirby	SE	103.9	M1	British Masters	187.5
4	CALLUM CROZIER	Sco	102.6	U23	Scottish Western Districts	180
5	Thomas Brannick	NM	103.1	Senior	Classic World Championships	180
6	Charlie Wade	SE	103.28	U23	Classic World Championships	180
7	Andrew Spiers	WM	103.9	Sen	All England Championships	172.5
8	Craig Wolsey	YNE	100.75	Senior	YNE Senior Classic	170
9	James Robson	YNE	100.25	Senior	YNE Senior Classic	165
10	George Souter	SE	102.6	Senior	Kent & Surrey Championships	165
11	Michael Goodwin	0	97.8	Sen	All England Championships	162.5
12	Joshua Greenfield	YNE	104.1	U23	All England Championships	162.5
13	Chris Cooper	YNE	102.5	M2	Classic World Championships	160
14	Alec Hewstone	YNE	102.73	U23	British Universities	160
15	Alex Pierides	GL	100.5	U23	British Universities	157.5
16	Joe Wicks	SM	102.6	U23	All England Championships	155
17	Mike Roberts	SW	104.05	Senior	SW Open	155
18	Daniel Byrne	NI	103	M1	NI Men's Raw Power	152.5
19	Will Knowland	SM	103.2	Sen	All England Championships	152.5
20	Reece Smith	GL	104.2	Sen	All England Championships	152.5

### Classic Deadlift

Updated: 28/08/2016

	Name	Division	Body weight	Age class	Competition	Total
1	Thomas Celestin	GL	99.15	M1	All England Championships	313
2	David Watkins	GL	104.6	Sen	All England Championships	307.5
3	Stephen Manuel	NW	104.3	Senior	Classic World Championships	305
4	Matthew Deacon-Smith	SW	100.1	U23	All England Championships	300
5	James Robson	YNE	103.8	Sen	All England Championships	300
6	Andrew Spiers	WM	103.9	Sen	All England Championships	300
7	Paul Bimrose	YNE	104.6	M1	British Masters	290
8	Thomas Brannick	NM	103.1	Senior	Classic World Championships	287.5
9	Charles McGivern	WM	96.38	U23	British Universities	280
10	Reece Smith	GL	104.2	Sen	All England Championships	280
11	Charlie Wade	SE	101.95	U23	European Classic	275
12	Lucas Tavos	0	102.5	Senior	British Universities	275
13	Russell Kirby	SE	103.9	M1	British Masters	275
14	Joshua Greenfield	YNE	104.1	U23	All England Championships	275
15	CALLUM CROZIER	SCO	100.2	U23	Scottish Classic	270
16	Andrew Richardson	YNE	103.71	u23	University World Cup	270
17	Samuel Duckett	NI	100.5	M1	NI Men's Raw Power	262.5
18	Mike Roberts	SW	104.4	Sen	All England Championships	262.5
19	Michael Goodwin	0	97.8	Sen	All England Championships	260
20	Dave Downs	SE	102.5	Sen	All England Championships	260

### Equipped Squat

	Name	Division	Body weight	Age class	Competition	Total
1	Jake O'Neill	EM	104.9	Senior	British Equipped	330
2	Jack Cook	EM	103.6	Senior	British Equipped	300
3	Steven Barber	WM	100.2	U23	British Equipped	240
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

### Equipped Bench Press (3 lift)

	Name	Division	Body weight	Age class	Competition	Total
1	Jake O'Neill	EM	104.31	Senior	European Open	232.5
2	Jack Cook	EM	103.6	Senior	British Equipped	210
3	Steven Barber	WM	100.2	U23	British Equipped	150
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

### Equipped Deadlift

	Name	Division	Body weight	Age class	Competition	Total
1	Jack Cook	EM	103.69	Senior	European Open	310
2	Jake O'Neill	EM	104.9	Senior	British Equipped	295
3	Steven Barber	WM	100.2	U23	British Equipped	255
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

# 120kg Class

## Top 20 Ranked on Total

### Classic Squat

	Name	Division	Body weight	Age class	Competition	Total
1	Tony Cliffe	EM	118.8	Senior	Classic World Championships	332.5
2	Mark MacQueen	SCO	119.2	U23	Classic World Championships	317.5
3	Iain MacConnachie	SW	112.9	Senior	SW Open	315
4	Stephen Manuel	NW	109.1	Senior	Reykjavik International Games	310
5	Colin Wright	NI	117.74	M1	Classic World Championships	302.5
6	MARC KEYS	SCO	117.1	Senior	Scottish Classic	275
7	Logan Ostler	WAL	117.1	u23	Welsh Championships	265
8	Francis Sanders	0	113.8	Senior	British Universities	260
9	Adam Berry	EM	115.2	Sen	All England Championships	260
10	WILLIAM ROGERS	SCO	119.4	Senior	Scottish Classic	260
11	Steve Gott	YNE	119.6	M1	British Masters	255
12	Daniel Lindsell	EM	117.3	Sen	All England Championships	250
13	Tom Shaw	SE	118.3	Sen	All England Championships	242.5
14	Christopher Farrow	NM	117.7	Sen	All England Championships	240
15	Andy Rodney	EM	120	M2	British Masters	240
16	Jack Johnson	SM	117.68	U18	Classic World Championships	232.5
17	David Charnock	NW	118.2	M2	British Masters	230
18	Balal Ahmed	WM	106.4	U23	All England Championships	225
19	Stuart Ackerman	SM	112.6	Sen	All England Championships	225
20	David Spelman	0	112.87	Senior	University World Cup	220

### Classic Bench Press (3 lift)

	Name	Division	Body weight	Age class	Competition	Total
1	Tony Cliffe	EM	118.8	Senior	Classic World Championships	232.5
2	MARC KEYS	SCO	117.1	Senior	Scottish Classic	207.5
3	Daniel Lindsell	EM	117.3	Sen	All England Championships	195
4	Stephen Manuel	NW	109.1	Senior	Reykjavik International Games	192.5
5	Iain MacConnachie	SW	113.3	Sen	All England Championships	192.5
6	Jack Johnson	SM	118.5	U18	European Classic	185
7	Tommy Bebb	WAL	117	u23	Welsh Championships	180
8	Mark MacQueen	SCO	119.2	U23	Classic World Championships	180
9	Colin Wright	NI	117.8	M1	British Masters	177.5
10	Andy Rodney	EM	120	M2	British Masters	175.5
11	Shane Flowers	SW	117	Sen	All England Championships	165
12	Francis Sanders	0	117.38	Senior	University World Cup	165
13	Adam Berry	EM	115.2	Sen	All England Championships	160
14	Christopher Farrow	NM	117.7	Sen	All England Championships	160
15	Steve Gott	YNE	119.6	M1	British Masters	160
16	David Spelman	0	112.87	Senior	University World Cup	155
17	Logan Ostler	WAL	117.1	u23	Welsh Championships	152.5
18	Jonathan Cathcart	NI	108.7	Senior	NI Men's Raw Power	150
19	WILLIAM ROGERS	SCO	119.4	Senior	Scottish Classic	150
20	Stuart Ackerman	SM	112.6	Sen	All England Championships	145

### Classic Deadlift

Updated: 28/08/2016

	Name	Division	Body weight	Age class	Competition	Total
1	Tony Cliffe	EM	118.8	Senior	Classic World Championships	345
2	Colin Wright	NI	117.8	M1	British Masters	330
3	Mark MacQueen	SCO	119.2	U23	Classic World Championships	322.5
4	Francis Sanders	0	113.8	Senior	British Universities	320
5	WILLIAM ROGERS	SCO	119.4	Senior	Scottish Classic	320
6	Stephen Manuel	NW	109.1	Senior	Reykjavik International Games	317.5
7	MARC KEYS	SCO	117.1	Senior	Scottish Classic	300
8	Logan Ostler	WAL	117.1	u23	Welsh Championships	300
9	Iain MacConnachie	SW	112.9	Senior	SW Open	290
10	Tom Shaw	SE	118.3	Sen	All England Championships	290
11	Shane Flowers	SW	117	Sen	All England Championships	285
12	Balal Ahmed	WM	106.4	U23	All England Championships	282.5
13	Daniel Lindsell	EM	117.3	Sen	All England Championships	280
14	Ben Leyland	EM	112.3	Sen	All England Championships	277.5
15	Andy Rodney	EM	120	M2	British Masters	275
16	Adam Berry	EM	115.2	Sen	All England Championships	270
17	Jack Johnson	SM	118.5	U18	European Classic	270
18	Steve Gott	YNE	119.6	M1	British Masters	257.5
19	Christopher Farrow	NM	117.7	Sen	All England Championships	250
20	David Charnock	NW	118.2	M2	British Masters	250

### Equipped Squat

	Name	Division	Body weight	Age class	Competition	Total
1	Sam Harvey	EM	118.6	U23	British Equipped	280
2	Jon Askey	WM	119	Sen	All England Championships	272.5
3	Phil Frost	YNE	113.82	M2	European Masters	245
4	Dylan Hywel Davies	WAL	119	M1	British Equipped	240
5	Jack Johnson	SM	118.7	U18	British Equipped	220
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

### Equipped Bench Press (3 lift)

	Name	Division	Body weight	Age class	Competition	Total
1	Sam Harvey	EM	118.6	U23	British Equipped	192.5
2	Phil Frost	YNE	113.82	M2	European Masters	190
3	Jon Askey	WM	119	Sen	All England Championships	180
4	Jack Johnson	SM	118.7	U18	British Equipped	172.5
5	Dylan Hywel Davies	WAL	119	M1	British Equipped	160
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

### Equipped Deadlift

	Name	Division	Body weight	Age class	Competition	Total
1	Jon Askey	WM	122.4	Senior	British Equipped	270
2	Sam Harvey	EM	118.6	U23	British Equipped	257.5
3	Dylan Hywel Davies	WAL	119	M1	British Equipped	250
4	Jack Johnson	SM	118.7	U18	British Equipped	245
5	Phil Frost	YNE	113.82	M2	European Masters	242.5
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						