



# Level 1 Coaching Course

## Application form:

I wish to apply to attend the British Powerlifting Level 1, Coaching Course at The Farm Powerlifting Club Moulton College, Northampton NN3 7QL, on 10th and 11th February 2108

Name: .....

Address: .....

..... Postcode .....

Phone: (H).....(W) .....(M) .....

Email: .....

Date of Birth: .....(Min. Age for Participation 14 Years)

BP membership number: .....

Prior Qualifications: .....

and .....

Experience as a Tutor:.....

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Declaration I hereby declare that my state of physical health and vision is such that I can safely and adequately participate in physical activity of training and coaching the 3 Powerlifts. Any injuries or other health conditions which may compromise or limit my participation in this course and its component exercises are listed here:

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Please let us know of any specific physical or learning needs that you may have or would like to make us aware of:

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Signature: .....Date:.....

**Please make payment £250 (cheque or postal order) to the Farm Weightlifting club, and send with your completed application form to Kevin Jane, 6, The Nurseries, Moulton, Northampton NN3 7SA by the 4th February 2018 or online sort code 05 06 33 account no. 41091563 using your surname and BPL1 as a reference please.**

[kevinjane51@btinternet.com](mailto:kevinjane51@btinternet.com)

*The course will be from 9.00am – 5.00pm approximately and will begin in classroom P7, Gate 4 entrance, Thorpe Centre and utilising the Gym in the Sports Centre next door. Snacks and lunches are usually available in the nearby Student café.*

**There is ample free parking.**

**There is often basic accommodation available on campus £25 PPPN which can be booked direct on 01604 491131 (Steve Lomas –accommodation services)**

