

GBPF powerlifting league 2015- Female

	LIFTER	DIV	AGE	TOTAL COMPS	COMBINED WILKS
1	Carole Taylor	YNE	M2	8	3190.67
2	Charlie Chester	SW	J	7	2421.81
3	Wendy Williams	EM	M1	7	2095.01
4	Faye Jordan	EM	S	8	1980.75
5	Khris Kyriacou	SE	M1	5	1901.76
6	Rebecca Heath	SE	S	6	1893.03
7	Emma Goodwin	SM	O	5	1864.39
8	Paula Gentle	EM	M1	7	1857.19
9	Sharn Rowlands	EM	J	4	1828.99
10	Beverley Rodgers	SM	M1	5	1763.13
11	Jackie Blasbery	EM	M2	7	1746.44
12	Maria Houghton	NW	J	5	1671.98
13	Louise Murray	SCO	S	5	1606.36
14	Louise Richardson	SE	S	4	1603.35
15	Jenny Hunter	EM	M2	5	1587.05
16	Vanessa Butler	EM	M1	6	1552.16
17	Alison Horne	SCO	SJ	4	1502.23
18	Nina Vicera	GL	O	5	1496.48
19	Hollie Johnson	YNE	S	6	1494.80
20	Nina Cambatta	EM	S	4	1472.54
21	Lucy Rayner	SW	SJ	4	1425.72
22	Leigh Wetheridge	SE	J	4	1416.10
23	Marina Cornwall	SM	M3	4	1407.62
24	Rebecca Lynn-Nicholson	GL	O	4	1396.13
25	Ruth Pottinger	SCO	S	4	1369.31
26	Joy Nnamani	GL	O	3	1336.82
27	Hannah Yardy	GL	S	4	1329.00
28	Anastasia Zinchenko	EM	S	4	1326.79
29	Laura Shea	SW	S	5	1308.07
30	Tracy O'Callaghan	WAL	S	4	1281.42
31	Kimberley Cowell	NM	S	5	1280.92
32	Vicky McDonald	WAL	S	4	1277.57
33	Louise Edwards	YNE	S	3	1274.33
34	Sophie Barringer	SCO	J	4	1260.41
35	Emma Stott	NW	M1	4	1256.91
36	Lynda Banks	SCO	M2	4	1253.76
37	Yasmina Couty	SW	O	4	1250.58
38	Danielle Johnson	YNE	S	4	1246.40
39	Elizabeth Hill	SCO	M1	4	1218.45
40	Megan Davies	GBR	J	4	1213.61
41	Sabrina Moore	WAL	S	3	1201.96
42	Joanna Montagu	EM	M1	4	1143.72
43	Sophie Walker	SW	O	3	1141.50
44	Sue Hollands	YNE	M3	3	1138.18
45	Hannah Beaven	SCO	S	3	1123.17
46	Hayley Parkin	YNE	S	4	1111.29
47	Michelle Brand	SCO	M1	3	1100.72
48	Laura Porter	GL	O	4	1097.34
49	Ellie Steel	WM	J	3	1096.97
50	Jeni Aulman	WM	M1	4	1086.40
51	Chloe Simpson	NI	S	4	1086.34
52	Camille Holland	EM	S	3	1085.61
53	Catherine Smith	WM	J	3	1085.03
54	Rachel Smith	GL	M1	4	1079.83
55	Rowan Hendry Horne	SCO	S	3	1066.72
56	Susannah Butler	SW	J	3	1064.55

57	Ruta Lendraitiene	YNE	S	3	1062.23
58	Leah Grant	GL	O	3	1048.19
59	Ellie Rahmani	GL	O	4	1047.42
60	Sue Narey	YNE	M1	4	1046.95
61	Chelsey Logue	NW	S	2	1026.64
62	Melissa Wall	SCO	M1	4	1007.55
63	Rebecca Avgerinopoulou	NW	J	4	1006.78
64	Gemma Pemrick	NW	S	3	1006.05
65	Amy Spencer	WAL	J	3	1005.09
66	Elizabeth Street	WM	M2	4	997.34
67	Debbie Macdonald	WM	M1	4	993.04
68	Abbie Gjoka	SM	O	3	992.98
69	Leanne Walker-Robinson	WAL	S	3	987.87
70	Sarah Freeman Dunn	NW	S	3	987.82
71	Diana Matlinger	GL	O	3	987.35
72	Louise Withington	YNE	S	3	981.75
73	Jodie Driver	SM	O	3	981.41
74	Imelda Flanagan	EM	M2	3	972.89
75	Tabetha Michell	SE	S	3	972.25
76	Avril Hughes	WAL	S	3	971.58
77	Sophie Bent	NW	J	4	963.45
78	Martha Gates	SCO	S	3	962.73
79	Leeza Watts	NW	J	4	935.91
80	Sylvia Osei-TuTu	GL	S	4	924.01
81	Teresa Dybisz	YNE	S	3	922.29
82	Emily Przeslak	GL	J	3	922.13
83	Katherine Keddie	SCO	J	3	911.55
84	Emma Sullivan	NW	S	3	909.69
85	Helen Toms	SW	M2	3	905.78
86	Debbie Schofield	YNE	S	3	904.76
87	Julia Fabrizi	SW	M2	4	903.73
88	Rosie Howard	SE	J	3	895.16
89	Wendie Kirkland	NM	M1	5	886.65
90	Joanne Todd	YNE	S	3	883.10
91	Paola Rocuzzo	GL	M1	3	878.73
92	Sarah Marsden	EM	M1	2	878.42
93	Joanne Mccully	NI	S	4	865.75
94	Michelle Franklin	NM	M1	3	864.61
95	Dorota Piotrowski	NW	S	3	850.17
96	Joanne Barnes	YNE	M1	3	849.40
97	Ruth Holloway	SM	O	3	844.94
98	Julia Gawel	GL	O	3	838.70
99	Kyla Mulholland	NI	M1	3	837.01
100	Joanna Jack	SCO	S	3	834.24
101	Sue Giles	NM	M2	4	834.17
102	Orla Kaye	G	S	4	829.72
103	Suzy Taljard	GL	O	3	824.20
104	Gersharron Shergill	SE	J	3	817.67
105	Abi Graham	EM	S	2	802.28
106	Lucy Cohen	WAL	S	2	792.78
107	Tanya Bull	WAL	O	2	787.21
108	Kelly Phasey	WM	O	3	785.28
109	Jemma Ransom	YNE	S	3	784.57
110	Hannah Newby	SM	O	3	782.56
111	Michelle Trench	SM	S	3	777.57
112	Sophie Adey	YNE	S	3	776.59
113	Tessa Hart	NW	S	3	771.94
114	Melanie Kaye	YNE	M2	3	756.77
115	Jo Myles	SE	S	3	756.37

116	Pelin Baykal	GL	M1	2	755.51
117	Julie Wright	YNE	M2	3	754.28
118	Jacqueline Pope	NI	M1	3	747.07
119	Apple Doepner	SCO	S	2	742.65
120	Melania Foditto	SW	O	3	733.91
121	Angela Houldershaw	NM	M1	3	727.48
122	Alice Hogg	SCO	J	2	723.26
123	Joanna Kirk	NM	M1	3	720.56
124	Charlie Shotton-Gale	SW	S	1	720.25
125	Danielle Malcom	SW	O	2	720.05
126	Susan Aldred	YNE	M2	3	719.81
127	Jean Maton	SM	M1	2	711.12
128	Janine Davis	SW	S	2	707.46
129	Frances Rogerson	SW	O	3	707.25
130	Molly Gray	SCO	J	2	705.09
131	Amelia Crook	WAL	J	2	704.95
132	Katie Long	SM	O	3	700.09
133	Shasha Bowers	SW	O	2	699.98
134	Charlotte Patchett	NM	S	3	688.45
135	Hannah Chan	SE	J	2	684.86
136	Karenjeet Kaur Bains	WM	J	2	683.85
137	Megan Batchelor	SM	O	2	683.34
138	Marcelle Brown	SCO	S	2	682.02
139	Selma Hannan	EM	S	2	681.90
140	Karen Sutherland	SCO	s	2	681.53
141	Emma Cresswell	WAL	S	2	666.00
142	Katherine White	SW	S	2	665.90
143	Katharine Teggarty	NI	S	2	664.94
144	Julie Briggs	SE	M2	3	664.72
145	Chloe Whyllie	GL	O	2	663.37
146	Nora Jones	SM	O	2	660.47
147	Amy Richardson	SM	O	2	659.95
148	Rebecca Williams	NM	S	4	659.76
149	Jamila Digankar	NW	SJ	3	659.02
150	Rhiannon Edwards	WAL	J	2	657.04
151	Claire Houston	NI	S	2	656.50
152	Kasia Huchrak-Reed	SW	S	2	654.36
153	Eve Fordyce	SCO	J	2	646.70
154	Alexandra Langberg	WAL	J	2	642.14
155	Karen Towersey	NM	M1	3	637.24
156	Eloise Hill	WAL	S	2	632.82
157	Tania Franklin	SM	O	2	624.79
158	Jenny Brown	NI	S	3	621.20
159	Sally Williams	EM	S	3	609.78
160	Elsbeth McLoud	YNE	J	2	603.41
161	Gill McNicholl	SCO	S	2	596.94
162	Lauren Rooney	NI	S	2	596.31
163	Nina Lepaus	SCO	J	2	587.33
164	Sheri Miles	SE	S	2	586.72
165	Danielle Broom	SW	SJ	2	581.34
166	Kimberly Morris	SW	O	2	580.25
167	Lucy Glover	NW	S	2	578.86
168	Joanne Hughes	NW	S	3	575.70
169	Angela Gee	YNE	M2	3	570.61
170	Heidi Markely	EM	S	2	569.29
171	Rachel Hassall	NW	S	2	565.57
172	Carrieann Hathaway	WM	O	2	564.60
173	Cathy Macsslan	SCO	M3	3	556.63
174	Sarah Kennet	WM	O	2	555.70

175	Michelle Gath	YNE	S	2	555.50
176	Carly Spencer	EM	O	2	554.64
177	Catherine Higgs	SW	O	4	552.54
178	Clare Bell	WM	O	2	549.36
179	Elizabeth Brown	SCO	S	2	549.34
180	Jennifer Newton	SCO	J	2	548.09
181	Christine Taylor	WM	S	2	546.25
182	Joanna Pickworth	SCO	M1	2	539.88
183	Antonietta Moch	EM	O	2	538.74
184	Ida Petersson	SCO	J	2	537.49
185	Betty Gray	SE	M2	2	534.19
186	Lauren-May Drake	NW	S	2	531.36
187	Jawine Westland	NI	S	2	530.69
188	Kristin Wilson	EM	J	2	529.00
189	Frankie Pagram	NM	S	3	524.79
190	Harriet Milligan	SE	S	2	523.88
191	Tori Charters	SW	O	2	523.58
192	Becky McGrath	EM	M1	2	522.88
193	Vicky Stewart	YNE	S	2	522.33
194	Abigail McLean	NI	SJ	2	520.19
195	Lucy Newcombe	WAL	S	2	518.51
196	Lottie Hall	EM	S	2	517.80
197	Anne Rennie	SCO	M1	3	516.14
198	Janet Dickinson	SW	O	2	515.61
199	Hanna Cross	GL	O	2	512.94
200	Caoilann Appleby	SE	S	2	510.85
201	Ylva Von Wright	SCO	J	2	509.63
202	Tiffany Croker	EM	S	2	509.27
203	Emma Wombwell	NW	S	3	508.12
204	Lisa Liddy	YNE	M1	2	500.65
205	Charlotte Rowley	NW	S	2	497.21
206	Helen Peers	NM	S	2	478.22
207	Bobbie-Louise Gannon	SW	O	2	477.33
208	Shannon Main	NI	S	3	477.00
209	Becky Peacock	EM	J	2	476.23
210	Jackie Day	SCO	M1	2	471.37
211	Rowan Smith	EM	M1	2	468.80
212	Jill Rutter	NW	S	3	457.53
213	Gloria Fitzpatrick	SE	M2	2	450.47
214	Karyn McIntosh	SCO	S	2	448.41
215	Faye Jordan 2	SW	M1	2	446.30
216	Hannah Mansfield	SW	O	2	445.81
217	Steph Elliott	SCO	M1	2	441.20
218	Izzy Mckerracher	SW	O	2	435.56
219	Vivien Duncan	SCO	S	2	429.77
220	Jo Whiteley	NW	M1	2	427.43
221	Jenny Hancock	SW	SJ	2	414.72
222	Gabrielle Ervine	NI	S	1	397.44
223	Jennifer Keane	WM	O	1	397.20
224	Rachael Bell	NI	S	1	394.91
225	Laura Berry	YNE	S	2	389.23
226	Aleksandra Wiacek	NW	S	2	388.50
227	Anna Macnab	GL	O	1	384.99
228	Ellysha Nester	SW	S	1	384.40
229	Chrystal Williams	NW	J	1	377.15
230	Zoe Newsham	YNE	S	1	377.06
231	Aimee Smillie	SCO	J	1	375.68
232	Ragheidur Siturardottir	GL	O	1	374.30
233	Louise Sinnah- Burr	GL	O	1	372.46

234	Louise Millar	NI	S	1	368.29
235	Caroline Shearer	WAL	O	1	366.53
236	Naomi McLean	NI	S	2	364.32
237	Hannah Philp	NW	S	1	362.40
238	Izzy Osborne	NW	S	1	352.21
239	Michaela Brodie	SCO	S	1	343.22
240	Lee Hellstrom	SCO	S	1	343.10
241	Takara Hawthorne-Smith	WM	O	1	342.30
242	Anastasia Dharma	GL	J	1	342.08
243	Katie Cunningham	SCO	S	1	336.90
244	Abbey Garner	SE	J	1	335.76
245	Kristina March	SE	S	1	334.73
246	Leanne Poingdestre	SE	S	1	329.51
247	Caroline O'Hagan	WAL	S	1	329.31
248	Anita Kidgell	SE	M1	1	328.83
249	Christie Civetta	SW	J	1	326.95
250	Kara Swankie	SCO	J	1	326.78
251	Bianca Jade Pennington	NM	J	1	325.39
252	Effie Ioannou	SCO	J	1	325.37
253	Cari Davies	MASS	J	1	324.87
254	Amy O'Halloran	YNE	O	1	322.21
255	Mariella fisher	NW	SJ	1	319.34
256	Danielle Toland	NI	S	1	317.19
257	Kat Parnell	EM	S	1	315.20
258	Emily Williams	GL	O	1	314.63
259	Katie Girdler	SE	J	1	313.63
260	Carrie Shearer	MASS	J	1	313.12
261	Katariina Latvala	GL	O	1	311.78
262	Roxanne Richards	EM	S	1	311.02
263	Karrie Childs	EM	S	1	310.59
264	Maryam Saberi	WM	O	1	310.00
265	Rebecca Jones	NW	S	1	309.51
266	Louise Burden	WM	O	1	307.30
267	Leane Knight	WM	O	1	307.10
268	Paulo Roccuzzo	GL	O	1	305.74
269	Lucy Triggs	NW	S	1	305.22
270	Becky Montague	MASS	J	1	305.12
271	Claire Pontet-Piccolomini	SE	S	1	304.68
272	Dionne Taylor	YNE	J	1	303.91
273	Marta Jaguslewska	YNE	S	1	303.81
274	Danielle Monaghan	NI	S	1	303.55
275	Kirsty Harness	NM	S	1	303.50
276	Amina Bux	EM	S	1	303.40
277	Jenni Sherwood	WM	O	1	303.40
278	Lauren Hunt	SW	J	1	301.42
279	Annelise Barnes	EM	S	1	297.17
280	Samantha Thomas	YNE	S	1	295.95
281	Jana Jackunaite	SE	S	1	295.60
282	Lois sharpe	NW	SJ	1	295.53
283	Bethany Wylie	EM	SJ	1	294.52
284	Abbie Walker	YNE	J	1	292.61
285	Linda Marson-Taylor	NM	M2	2	292.46
286	Carmen Jones	NW	S	1	292.44
287	Linda Kaminski	GL	O	1	291.54
288	Suzanne Goulder	EM	J	1	290.79
289	Liz Hill	YNE	M1	1	290.61
290	Erika Cule	GL	O	1	290.47
291	Holly Phillips	SE	S	1	289.20
292	Ursula Artjoki	MASS	J	1	288.63

293	Catriona Duncan	SCO	M1	1	288.04
294	Claire Lawler	SE	N	1	287.27
295	Bekki Williams	NM	S	1	286.82
296	Maggie Richmond	SCO	J	1	286.67
297	Siobhan Wasyliv	NM	S	1	286.01
298	Jenny Wildi	SE	N	1	284.73
299	Rhiannon Archer	EM	S	1	284.40
300	Sarah Calow	NI	J	1	284.29
301	Anneli Ritari-Stewart	SCO	M1	1	284.05
302	Emma Thorp	SE	S	1	283.39
303	Amy Louise Skeath	YNE	S	1	283.00
304	Helen Dennis	SW	S	1	282.98
305	Karen McLennan	YNE	O	1	282.85
306	Clare Durbin	NW	S	1	281.42
307	Samantha McHarg-Sharp	G	O	1	279.71
308	Angela Ferrier	SCO	M2	1	279.40
309	M Chapman	SW	J	1	278.93
310	Katie Gambier-Ross	SCO	J	1	278.66
311	Becky Hillman	SE	S	1	277.44
312	Carol Stein	SE	M1	1	276.95
313	Charlotte Jones	NW	S	1	275.21
314	Joanne Stoba	WAL	S	1	274.87
315	Stephanie Mullan	NI	S	2	274.41
316	Radha Balani	GL	O	1	273.11
317	Robyn Bagwell	SW	O	1	270.01
318	Vickie Cliffe	NM	S	1	269.13
319	Lucy Coyle	YNE	S	1	268.01
320	Emelie Fosberg	MASS	J	1	267.26
321	Carissa Fall	EM	N	1	266.74
322	Zoe Newson	EM	J	2	266.30
323	Vicky Cherry	SM	O	1	265.72
324	Taryn Mackay	YNE	O	1	264.97
325	Eva Bonin	GL	O	1	264.93
326	Lysianne Thomas	GL	O	1	264.73
327	Alison Wright	NM	S	1	264.50
328	Jade Shepherd	NW	J	1	264.11
329	Claire Dimmock	SM	O	1	263.99
330	Jolene Roberts	SCO	S	1	263.63
331	Sonia Onisszczuk	GL	O	1	263.42
332	Sarah Bouskill	NM	S	1	263.38
333	Ashleigh Lawrence	GL	O	1	263.09
334	Amber Downey	NI	SJ	1	262.97
335	Emma Harrison	GL	O	1	262.60
336	Eilidh Johnson	SCO	J	1	261.42
337	Stacy Reid	NM	S	1	261.30
338	Hayley Horne	EM	N	1	259.63
339	Siobhan Gillgrass	GBR	S	1	258.90
340	Sarah Broadbent-Spence	GL	O	1	258.86
341	Julia McGovern	SCO	S	1	258.15
342	Tahlia Elder	SM	O	1	257.90
343	Ruthana Christofides	GL	O	1	257.40
344	Laura Clark	NM	S	1	256.33
345	Laura Watson	G	O	1	256.10
346	Rachel Louise Gregory	NW	M1	1	256.00
347	Maggie Geoghegan	NI	M1	1	255.53
348	Beverley Ayers	YNE	M1	1	254.35
349	Yandra Banks Brown	SCO	J	1	254.20
350	Connie McCallen	SCO	s	1	252.45
351	Bee Karimi	G	O	1	251.80

352	Topaz Clarke	YNE	S	1	251.60
353	Zoe Hillman	WM	S	1	251.54
354	Laura Warren	SE	S	1	251.44
355	Sally Healy	SE	S	1	251.05
356	Dana Smith	WM	O	1	250.70
357	Elin Burton	WAL	J	1	250.08
358	Sophie Corlett	NW	J	1	248.95
359	Georgia Kohlhoff	WM	O	1	247.50
360	Charlotte Hall	EM	N	1	247.21
361	Ellie May Newby	YNE	SJ	1	246.13
362	Zoe Smales	GL	O	1	245.51
363	Lizzie Havers	SM	O	1	245.44
364	Kelly Broadbent	YNE	O	1	245.32
365	Joanne Annett	SE	N	1	244.64
366	Emma Gold	GL	O	1	244.18
367	Georgina Taylor	GBR	O	1	243.81
368	Katalynna Vicerra	GL	O	1	243.57
369	Alice Moffitt	NI	S	1	243.15
370	Sophie Aminu Edu	GL	O	1	241.82
371	Cassie Cliff	NM	S	1	241.64
372	Zara Smith	NI	J	1	240.34
373	Claire Curry	WM	O	1	238.53
374	Kate Tyte	GL	O	1	238.47
375	Malin Lernhammar	SCO	J	1	237.32
376	Sarah Jane Lacy	NM	S	1	237.09
377	Emily Mowat	SCO	J	1	237.00
378	Claud Cunningham	NW	M1	1	236.92
379	Laura Mitchell	EM	S	1	235.16
380	Leanne Clifford	EM	S	1	234.10
381	Gill Richardson	YNE	M1	1	233.99
382	Paige Charlton	YNE	S	1	233.42
383	Gayle Partridge	YNE	M1	1	233.03
384	Hannah Rigby	YNE	S	1	231.59
385	Kazia Wozniak	GL	O	1	231.45
386	L Taylor	NM	O	1	231.23
387	Emma Gustavsson	SE	J	1	231.09
388	Victoria Eldridge	NW	S	2	230.03
389	Joanna Taylar	SE	N	1	229.43
390	Gemma Dunne	EM	O	1	229.21
391	Elly Bar-Richardson	MASS	J	1	229.14
392	Helen Jarvis	YNE	M3	1	229.13
393	Aimee Carver	SW	J	1	227.95
394	Maxine Burton	YNE	O	1	227.88
395	Nicola Harcus	SCO	S	1	227.48
396	Emily Taylor	SE	S	1	222.93
397	Melissa Schorah	GBR	J	1	222.35
398	Miriam Binsztok	NM	S	1	221.62
399	Sara Hearne	SM	O	1	219.96
400	Sarah Griffiths	GL	O	1	217.37
401	Meryll Paterson	SM	O	1	216.55
402	Carly Taylor	SM	O	1	215.53
403	Kasia Wozniak	GL	O	1	213.30
404	Tammy Parlour	GL	O	1	213.06
405	Diana Louise Clarke	NM	M1	1	211.63
406	Sara Dawn Hearne	SM	O	1	211.34
407	Geni Devonish	SM	O	1	209.93
408	Jennifer Clare	EM	M2	1	209.17
409	Phoebe Coleman	EM	O	1	209.04
410	Holly Clarke	NM	S	1	208.12

411	Isabel Gates-Cook	WAL	O	1	205.05
412	Steph Keay	EM	O	1	204.67
413	Tess Oflaherty	NW	M1	1	202.29
414	Jill Bowers	EM	O	1	202.08
415	Amesha Ryan	SW	M1	1	200.33
416	Kayleigh Noble	SCO	J	1	198.82
417	Jennifer Gibbons	SE	J	1	196.90
418	Amelia Maycock	NM	SJ	1	193.80
419	Daisy Willard	SE	S	1	192.50
420	Tanneth Parker	SCO	SJ	1	189.49
421	Sophie Donnelly	EM	O	1	189.04
422	Rebecca Charles	EM	N	1	181.27
423	Kate Graham	SCO	S	1	177.96
424	Stephanie Hewett	SCO	S	1	177.29
425	Joyce Baumber	NM	S	1	176.51
426	Sarah Mccarthy	NI	J	2	174.97
427	Terri Doherty	NI	S	1	168.49
428	Anna Reed	G	O	1	167.40
429	Eve Johnston	NM	S	1	153.09
430	Janine Martin	NI	S	1	150.03
431	Niki Joannides	MASS	J	1	146.78
432	Alana Pash	SE	S	1	142.88
433	Jamie Leigh-ann Mcquillan	NI	S	1	142.21
434	Helen Richardson	YNE	S	2	140.33
435	Fiona Rafferty	NI	S	1	132.02
436	Ailish Marlow	NI	S	1	118.80
437	Hannah James	NI	J	1	109.64
438	Katie Cooke	GL	M1	1	78.50
439	Anna Kennett	YNE	S	1	70.49
440	Lucie Sukova	EM	O	1	67.20
441	Lisa Groves	EM	O	1	65.30
442	Paula Daly	NI	S	1	62.50
443	Megan Blunstone	NW	S	1	50.92

National and Divisional Results

(25/01) East Midlands Classic
(01/02) Welsh Cup
(01/02) South Midlands Open Championships
(07/02) GBPF Benchpress Championships, equipped
(08/02) GBPF Benchpress Championships, unequipped
(14/02) YNE Masters and Seniors
(15/02) Scottish Powerlifting Southern Open
(21/02) North Midlands Divisional
(21/02) NIPF Bench Press Championships
(21/02) MASS National Student Championships
(22/02) West Midlands Womens, Masters & Juniors
(22/02) South East - Novice & Juniors
(28/02) Greater London
(01/03) North West Team Event
(07/03) GBPF Masters Classic Championship
(11/04) NIPF Classic Championships
(11/04) GBPF Senior, Junior & Master Equipped
(12/04) Scottish Universities
(19/04) Scottish Caledonia
(19/04) South West Championships
(24/06) East Midlands Anglian
(25/04) YNE Push & Pull
(26/04) YNE Classic Push & Pull
(26/04) YNE Classic Bench Press

(02/05) North West Lancs & Cheshire Classic
(03/05) South East Classic
(10/05) East Midlands Bench
(16/05) Greater London
(23/05) East Midlands Qualifier
(30/05) South West Classic
(20/06) NIPF Push and Pull
(21/06) South East Kent, Surrey and Sussex
(21/06) Scottish Glasgow Strength
(27/06) Scottish Alba Open
(04/07) YNE Classic
(05/07) West Midlands Development Competition
(11/07) North Midlands Classic
(12/07) English Benchpress Championships
(16/07) South West Qualifier
(18/07) East Midlands Novice, Juniors & Masters
(19/07) South East Push and Pull
(25/07) YNE Supplementary Classic
(25/07) Greater London Classic
(26/07) South Midlands Classic
(26/07) Welsh Powerlifting Championships
(02/08) Yorkshire & Lancashire Roses Cup
(14/08) All England
(23/08) North West Novice
(22/08) Scottish Seniors
(29/08) NIPF Junior and Masters Classic
(19/09) GBPF Womens Classic
(19/09) YNE Benchpress
(27/09) NW Benchpress
(27/09) SW Bench and Deadlift
(03/10) GBPF Mens Classic
(18/10) SW Devon & Cornwall
(24/10) GBPF Home Nations
(30/10) GBPF Junior Classic
(07/11) NIPF Deadlift Championships
(07/11) YNE Classic Master & Junior
(08/11) Scottish Juniors
(15/11) Scottish Masters
(14/11) All Midlands Classic Team Championships
(15/11) NM Championships
(15/11) South East Open
(21/11) Greater London Championships
(21/11) YNE Open
(29/11) NW Championships
(06/12) WM Championships
(13/12) EM Senior Championships
(13/12) WPA

The GBPF Powerlifting League includes National and Divisional competitions only.

Any results highlighted in red are yet to be added.

Any discrepancies should be emailed to craig@craigwilkins.co.uk.

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