Scottish Powerlifting
Director's Report
2nd March 2015

Scottish Powerlifting introduced online membership applications and competition entry forms in early April 2014. We also introduced payment by bank transfer at the same time. Both the online applications / entries and payment by bank transfer have proved to be very popular, with some 95% of members using them.

A GBPF Referees Exam was taken by 3 candidates in April 2014, all 3 were successful.

Scottish Powerlifting also purchased Eleiko competition standard racks, bench and plates. We have also just purchased a PA system for use in competitions.

The Unequipped Competition in June 2014, entries were capped at 90, on the day over 80 competitors attended. By running 2 platforms simultaneously and, an unprecedented number of volunteers, we had a very successful day. We also tested 5 lifters, all of whom had negative results. SP are committed to arranging more tests this year.

We are running the Caledonia Championship in April 2015 and because of the demand we have put in place a cap of 80. This will also be a 2 platform competition. Our Seniors competition in August already has many lifters qualified, so it may well be a 2 platform affair again.

Scotland hosted the GBPF 4 Nations on the 29th November 2014 in Glasgow.

The 2015 calendar has venues throughout Scotland to make competitions more accessible to a greater number of members. Competitions will also be aimed at being more inclusive for both equipped and unequipped lifters. Due to the increased demand we are intending adding more competitions to the calendar, if at all possible.

It is encouraging to see that more young SP lifters are now competing in National, European and World championships. This is great for SP, GBPF and the sport in general. I look forward to this trend continuing.

At this time, our membership stands at 165 which is an increase of 63 (62%) for the same period last year. So it looks very likely that last year's membership of 184 will be exceeded.