

NIPF Directors Report for GBPF 2016 Annual General Meeting

It's a great pleasure to have been voted back into the CEO role of the NIPF for a second term. Brian Coombes has given me a hard act to follow, bringing continued growth and financial stability to the Federation during his tenure. In addition the committee would like to thank Roy McLean for his dedicated service as Performance Director and Julie Bradley for the excellent service she has provided in the Communications Director role.

In January 2016 a full Committee was elected based on Constitution process of priority with a) written requests for inclusion taking precedence and then b) requests from the floor being secondary. The 2016 NIPF Committee is as follows based on unanimous acceptance, welcome to all our new members:

- CEO – Ricky Mullan
- Finance Director – George Millar
- Communication Director – Chloe Simpson
- Events Director – Jacqui Pope
- Performance Director – Davy Carleton
- Marketing Director – Paul Cullen
- Technical Director – Chris Dorrian
- IT Director – Rob Newman
- Anti doping – Anonymous

In addition the following people have been voted in as a Support Team for Events, Marketing and IT

- Sam Duckett, Stephanie Mullan, Julie Bradley and Stevie Shanks as IAWA representative in Ireland.

We have started the year strongly with a membership of 148 as of 07 March 2016. We have listened to feedback in 2915 that there weren't enough 3 lift events, and so have introduced the "Big Lift Combo" which allows lifters access to either 1, 2 or 3 lifts in a single day. The specialists continue to have access to their preferred lifts, whereas members can do a full 3 lift competition should they wish. The event in January was a great success and we plan to host a similar event later in the year. A further initiative is to host a "Rookie Power" event, which is a standalone competition run to the principles of the IPF Rulebook, however with a more relaxed attitude to attire. No records or qualifier totals can be set unless you are meeting all technical rules. However, the majority of first timers wish to try out a competition with as little stress as possible. We will see how this goes in March.

The NIPF is working closely with the IrishPF to amend the constitution and permit dual membership for those lifters with a home address in NI. This will remove any competition for lifters between the federations and therefore benefit both and especially the lifters. It provides significant advantage in the challenge of attracting lifters from other Federations in Ireland (for both NIPF and IrishPF).

The NIPF Committee would like to extend a significant "thank you" to the following people for their selfless support of powerlifting in NI:

- Sean Ryan and Jonny Gardiner for supporting the setup of competition venue on multiple occasions throughout the year.
- Niall Nugent for the excellent job he does as Platform Manager and creative design in posters, comp t-shirts and certificates.

The Committee objectives for 2016 and 2017 have been set as follows, and are currently being prioritised.

GENERAL (Ricky):

- Have a minimum of 165 members in the NIPF by end of calendar year
- Locate a venue suitable for a second "Viking Barbell Centre of Excellence" outside Belfast
- Clear position and agreement between NIPF and IrishPF for NI lifters
- Quarterly face to face committee meetings (Jan, Apr, Jul, Oct, Dec/AGM)
- Initiate a NIPF Hall of Fame with yearly invitational dinner

PERFORMANCE (Davy):

- Generate NIPF introduction to powerlifting, technique and programming
- Develop NIPF lifter blog/YouTube channel – focus on juniors
- Support network to notify lifters of national qualification and
- Minimum of 5 anti-doping tests
- Representation by NIPF at all classic GBPF competitions
- Have a full and competitive (classic) 4 Nations team, with coaching support in Q3 prep
- List of NIPF recommended coaches and gyms
- Instructional content published on website
- Seminar for powerlifting supportive equipment
- Propose and develop and mentoring scheme for tier 1 lifters to support tier 2 lifters

EVENTS (Jacqui):

- Host 3x “three lift” competitions
- Host 2x “specialist” competitions eg single lift comp, push/pull, bench only
- Host 1x “entry” competition for new lifters to powerlifting
- 6 “Raise The Bar Seminars” raising a minimum of £2000 for charity
- Host 1x GBPF accredited coaching seminar, potential 2nd course in Q3 2016
- Assess potential for NIPF to host an international competition eg bench only or Masters 3 Lift
- Look at options to simplify the setup procedure

WEB/IT (Rob):

- Live streaming of NIPF competitions
- Refinement of NIPF automated membership and competition entry programming
- Automated GBPF/IrishPF membership money allocation
- Automated unique Viking BB membership notification linked to NIPF membership
- Investigate the possibility of developing a NIPF app to cover all of above?

FINANCE (George):

- Present business accounts balance sheet to the AGM for calendar year finances
- Online banking setup
- £1250 cash at end of 2016
- Management of Viking Barbell Newtownabbey and PT contracts

MARKETING & COMMUNICATION (Paul and Chloe):

- Deliver 2 sustainable partnerships with sponsors
- Deliver NIPF merchandising for general public
- Develop partnerships with 3 schools in NI, with potential for a powerlifting league
- Develop a sustainable communication network for powerlifting to PT and Gyms in NI
- Consistent main stream publicity
- Social media community for junior lifters (supported by Davy)

TECHNICAL (Chris)

- Devise yearly update for existing referees to review the amendments in the IPF rules and technical list
- Generate and maintain a spreadsheet of referee activity and report to IPF Chief Technical Officer yearly
- Support training and examination of prospective Divisional referees
- Support development of experienced Divisional referees into National referees
- Support development of experience National referees into Cat 2 referees

In conclusion it is expected to be a busy but rewarding year for the NIPF. We look forward to our continued and successful partnership with the GBPF.

Ricky Mullan - CEO NIPF