



updated: 09/10/2021

Top 20 Women ranked by IPF points

Classic Powerlifting IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition	
1	Joy Nnamani	Senior	57	116.45	GL	British Open Classic
2	Bobbie Butters	Senior	57	110.52	NW	IPF World Classic
3	Melissa Hexter	Senior	57	102.60	GL	British Open Classic
4	Annie Nelson	Senior	63	101.48	SCO	British Open Classic
5	Susanna Argile	Senior	69	101.39	SM	British Open Classic
6	Holly Bryans	Senior	63	100.40	NM	British Open Classic
7	Sophia Ellis	Senior	76	99.86	GL	IPF World Classic
8	Charlotte Macpherson	Senior	63	99.31	EM	All England
9	Leoni Tatman	Senior	52	98.92	SW	British Open Classic
10	Sabrina Moore	Senior	63	98.18	WAL	IPF World Classic
11	Makeda Vidal	Senior	63	97.38	GL	British Open Classic
12	Jodie Cook	Senior	57	97.08	WM	All England
13	Yasmin Bappoo	U23	47	96.66	SE	British Equipped
14	Elsbeth McLeod	Senior	63	95.78	YNE	British Open Classic
15	Emily Greenway	Senior	76	94.86	SW	British Open Classic
16	Sheri Miles	Senior	76	93.72	SE	British Open Classic
17	Justine Lee	Senior	52	93.57	YNE	British Open Classic
18	Adejoke Adetayo	Senior	57	93.52	GL	British Open Classic
19	Lenka Pilnikova	Senior	47	93.36	NW	British Open Classic
20	Danielle Malcolm	Senior	52	92.95	SW	British Open Classic

Equipped Powerlifting IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition	
1	Ellie Steel	Senior	57	102.97	SM	British Equipped
2	Holly Bryans	Senior	63	99.11	NM	British Equipped
3	Emma Goodwin	Senior	52	90.36	SM	British Equipped
4	Kimberley Cowell	Senior	69	86.94	NW	British Equipped
5	Sheri Miles	Senior	76	85.97	SE	Arnold Classic
6	Christie Civetta	Senior	84	84.50	EM	British Equipped
7	Amelia Maycock	U23	69	77.68	NM	British Equipped
8	Galit Goldshmid	M1	63	76.40	SM	British Equipped
9	Amy Spencer	Senior	76	75.30	SM	British Equipped
10	Hannah Louise Graham	Senior	84	74.56	NM	British Equipped
11	Catherine Gordon	M1	76	72.53	SCO	British Equipped
12	Louise Edwards	M1	52	71.34	YNE	British Equipped
13	Maureen Gordon	M2	63	66.56	SCO	British Equipped
14	Wendie Kirkland	M1	69	65.80	NM	British Equipped
15	Michelle Franklin	M2	63	65.38	NM	British Equipped
16	Nikki Murphy	M1	52	63.64	EM	All England
17	Yvonne Treharne	M2	63	48.06	SW	British Equipped
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Classic Bench IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition	
1	Melissa Hexter	Senior	57	101.02	GL	English Bench Press
2	Bobbie Butters	Senior	57	93.50	NW	IPF Classic
3	Sophia Ellis	Senior	76	91.46	GL	English Bench Press
4	Holly Bryans	Senior	63	89.95	NM	British Open Classic
5	Joy Nnamani	Senior	57	89.62	GL	British Open Classic
6	Leoni Tatman	Senior	52	88.35	SW	British Open Classic
7	Susanna Argile	Senior	69	86.34	SM	British Open Classic
8	Jax Gough	M1	84+	85.14	NM	British Classic Bench Press
9	Elsbeth McLeod	Senior	63	84.58	YNE	British Open Classic
10	Moa Wikner	Senior	63	83.52	GL	British Open Classic
11	Jodie Cook	Senior	57	83.34	WM	British Open Classic
12	Camille Holland	Senior	84+	81.29	EM	British Open Classic
13	Rebecca Coggle	Senior	84+	81.29	SE	All England
14	Charlotte Macpherson	Senior	63	79.63	SE	British Open Classic
15	Sheina Kaye	Senior	57	79.26	NW	British Classic Bench Press
16	Temitope Nuga	Senior	84	78.67	GL	British Open Classic
17	Sarah Bouskill	M1	84+	78.10	NM	British Classic Bench Press
18	Lenka Pilnikova	Senior	47	77.98	NW	British Open Classic
19	Katrina Sweatman	Senior	84+	77.83	WM	British Classic Bench Press
20	Justine Lee	Senior	52	77.25	YNE	British Open Classic

Equipped Bench IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition	
1	Ellie Steel	Senior	57	98.04	SM	British Equipped
2	Katrina Sweatman	Senior	84+	81.03	WM	Arnold Classic
3	Holly Bryans	Senior	63	80.61	NM	British Equipped
4	Sarah Bouskill	M1	84+	77.20	NM	Arnold Classic
5	Beverley Rodgers	M1	69	74.82	SM	Arnold Classic
6	Charlie Marillier	Senior	84+	74.12	SW	Arnold Classic
7	Jackie Gough	M1	84+	73.52	NM	Arnold Classic
8	Christie Civetta	Senior	84	73.40	EM	British Equipped
9	Kimberley Cowell	Senior	69	67.34	NW	British Equipped
10	Faye Jordan	Senior	69	65.85	EM	Arnold Classic
11	Rachel Steedman	Senior	76	65.17	SCO	British Equipped Bench Press
12	Wendie Kirkland	M1	69	62.11	NM	British Equipped Bench Press
13	Galit Goldshmid	M1	63	61.68	SM	British Equipped
14	Amelia Maycock	U23	69	59.27	NM	British Equipped
15	Maureen Gordon	M2	63	57.98	SCO	British Equipped
16	Emma Goodwin	Senior	52	57.66	SM	Arnold Classic
17	Sheri Miles	Senior	76	56.29	SE	Arnold Classic
18	Catherine Gordon	M1	76	55.41	SCO	British Equipped
19	Amy Spencer	Senior	76	54.97	SM	British Equipped
20	Hannah Louise Graham	Senior	84	51.90	NM	British Equipped

47kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Yasmin Bappoo	U23	345	96.66	SE	British Equipped
2	Lenka Pilnikova	Senior	332.5	93.36	NW	British Open Classic
3	Jessie Lee	Senior	315	88.26	YNE	British Open Classic
4	Rebecca Heath	M1	312.5	88.13	GL	British Open Classic
5	Tzvetelina Tzonova	Senior	300	84.05	SM	All England
6	June Stamp	M2	242.5	68.54	GL	British Masters Classic
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Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Lenka Pilnikova	Senior	72.5	77.98	NW	British Open Classic
2	Rebecca Heath	Senior	67.5	72.97	GL	British Open Classic
3	Yasmin Bappoo	U23	62.5	67.06	SE	British Equipped
4	Tzvetelina Tzonova	Senior	60	64.37	SM	All England
5	Jessie Lee	Senior	55	59.01	YNE	British Open Classic
6	June Stamp	M2	45	48.77	GL	British Masters Classic
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Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
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52kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Leoni Tatman	Senior	382.5	98.92	SW	British Open Classic
2	Justine Lee	Senior	367.5	93.57	YNE	British Open Classic
3	Danielle Malcolm	Senior	367.5	92.95	SW	British Open Classic
4	Catherine Shamel	M1	347.5	87.89	WM	All England
5	Harriet Stark	Senior	325	82.20	EM	All England
6	Mehpare (Moon) Atay	Senior	300	76.39	SM	British Open Classic
7	Arlene Middler	M1	285	74.50	SCO	British Masters Classic
8	Lauren Recci	U18	285	73.64	WM	IPF World Classic
9	Angelina Lane	M2	267.5	67.86	WAL	IPF World Classic
10	Daryl Peter	M3	240	61.53	NW	British Masters Classic
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Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Emma Goodwin	Senior	442.5	90.36	SM	British Equipped
2	Louise Edwards	M1	347.5	71.34	YNE	British Equipped
3	Nikki Murphy	M1	312.5	63.64	EM	All England
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Leoni Tatman	Senior	90	88.35	SW	British Open Classic
2	Justine Lee	Senior	80	77.25	YNE	British Open Classic
3	Danielle Malcolm	Senior	80	76.71	SW	British Open Classic
4	Catherine Shamel	M1	75	71.92	WM	All England
5	Linda long Le	Senior	72.5	70.13	GL	English Bench Press
6	Arlene Middler	M1	60	59.58	SCO	British Masters Classic
7	Harriet Stark	Senior	60	57.94	EM	British Open Classic
8	Iska Trace-Kleeberg	U23	57.5	59.41	EM	British Classic Bench Press
9	Tamsin Gamble	Senior	57.5	57.27	NW	English Bench Press
10	Mehpare (Moon) Atay	Senior	57.5	55.53	SM	British Open Classic
11	Angelina Lane	M2	55	53.11	WAL	British Masters Classic
12	Daryl Peter	M3	52.5	51.06	NW	British Masters Classic
13	Lauren Recci	U18	45	44.13	WM	IPF Classic
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Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Emma Goodwin	Senior	82.5	57.66	SM	Arnold Classic
2	Louise Edwards	M1	65	45.48	YNE	British Equipped
3	Nikki Murphy	M1	60	41.58	EM	All England
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57kg Class Top 20 Women ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Joy Nnamani	Senior	492.5	116.45	GL	British Open Classic
2	Bobbie Butters	Senior	470.5	110.52	NW	IPF World Classic
3	Melissa Hexter	Senior	434.5	102.60	GL	British Open Classic
4	Jodie Cook	Senior	410	97.08	WM	All England
5	Adejoke Adetayo	Senior	395	93.52	GL	British Open Classic
6	Amelia Crook	Senior	390	92.34	WAL	British Open Classic
7	Connie Rait	Senior	387.5	92.77	SM	British Open Classic
8	Rachel Mawer	U23	370	86.88	SCO	IPF World Classic
9	Sheina Kaye	Senior	360	87.43	NW	British Open Classic
10	Helen Hughes	M1	347.5	83.23	GL	IPF World Classic
11	Karren Burns	M2	342.5	80.93	NI	IPF World Classic
12	Debbie Bell	Senior	340	80.39	GBR	All England
13	Katy Clarke	Senior	315	76.28	YNE	British Open Classic
14	Emma Drackford	M1	312.5	73.69	SM	British Masters Classic
15	Sandra Slowik	Senior	310	73.10	WAL	British Open Classic
16	Alison Jones	M2	302.5	71.53	GL	British Masters Classic
17	Deborah Tiernan	M2	297.5	72.47	EM	British Masters Classic
18	Mary Anderson	Senior	295	71.33	SE	All England
19	Debra Husband	M2	295	70.33	YNE	British Masters Classic
20	Denise Bird	M2	277.5	65.97	EM	British Masters Classic

Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Ellie Steel	Senior	533	102.97	SM	British Equipped
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Melissa Hexter	Senior	112.5	101.02	GL	English Bench Press
2	Bobbie Butters	Senior	105	93.50	NW	IPF Classic
3	Joy Nnamani	Senior	100	89.62	GL	British Open Classic
4	Jodie Cook	Senior	92.5	83.34	WM	British Open Classic
5	Sheina Kaye	Senior	87.5	79.26	NW	British Classic Bench Press
6	Helen Hughes	M1	85	77.14	GL	IPF Classic
7	Amelia Crook	Senior	85	76.28	WAL	British Open Classic
8	Rachel Mawer	U23	85	75.65	SCO	IPF Classic
9	Connie Rait	Senior	75	68.03	SM	British Open Classic
10	Claudia Nicolson	U23	70	62.61	SE	English Bench Press
11	Debra Husband	M2	67.5	60.98	YNE	British Masters Classic
12	Debbie Bell	Senior	67.5	60.49	GBR	All England
13	Mary Anderson	Senior	65	59.54	SE	All England
14	Karren Burns	M2	65	58.22	NI	IPF Classic
15	Karen Burns	M2	65	58.18	NI	British Masters Classic
16	Emma Drackford	M1	62.5	55.87	SM	British Masters Classic
17	Chance Summers	U23	62.5	55.58	WM	English Bench Press
18	Deborah Tiernan	M2	60	55.37	EM	British Masters Classic
19	Katy Clarke	Senior	60	55.04	YNE	British Open Classic
20	Alison Jones	M2	60	53.77	GL	British Masters Classic

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Ellie Steel	Senior	150.5	98.04	SM	British Equipped
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63kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Annie Nelson	Senior	460	101.48	SCO	British Open Classic
2	Holly Bryans	Senior	457.5	100.40	NM	British Open Classic
3	Charlotte Macpherson	Senior	452.5	99.31	EM	All England
4	Sabrina Moore	Senior	447.5	98.18	WAL	IPF World Classic
5	Makeda Vidal	Senior	440	97.38	GL	British Open Classic
6	Elsbeth McLeod	Senior	436	95.78	YNE	British Open Classic
7	Abi Graham	M1	410	89.70	EM	British Masters Classic
8	Stacie Jones	Senior	397.5	87.60	YNE	British Open Classic
9	Tara Pigott	U23	395	86.60	WM	British Equipped
10	Sinead Hines	M1	380	83.31	NW	British Masters Classic
11	Al Mansell-Rowe	U23	375	83.08	SE	British Open Classic
12	Sharon Holmes	M1	355	77.67	NW	British Masters Classic
13	Jody Stevens	U23	347.5	77.15	NI	NI Open
14	Leila Tahmasebi Boldaji	Senior	347.5	76.26	NM	All England
15	Jacqui North	M2	345	75.87	YNE	British Masters Classic
16	Ladoki Toya	Senior	345	75.79	GL	All England
17	Moa Wikner	Senior	340	74.46	GL	British Open Classic
18	Rebecca Martin	M1	332.5	72.82	YNE	British Masters Classic
19	Mel Gray	Senior	330	73.51	EM	All England
20	Khrys Kyracou	M2	315	68.99	SE	British Masters Classic

Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Holly Bryans	Senior	545	99.11	NM	British Equipped
2	Galit Goldshmid	M1	415	76.40	SM	British Equipped
3	Maureen Gordon	M2	365	66.56	SCO	British Equipped
4	Michelle Franklin	M2	360.5	65.38	NM	British Equipped
5	Yvonne Treharne	M2	265	48.06	SW	British Equipped
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Melissa Hexter	Senior	110	95.96	GL	British Classic Bench Press
2	Holly Bryans	Senior	107.5	89.95	NM	British Open Classic
3	Elsbeth McLeod	Senior	101	84.58	YNE	British Open Classic
4	Moa Wikner	Senior	100	83.52	GL	British Open Classic
5	Charlotte Macpherson	Senior	95	79.63	SE	British Open Classic
6	Tara Pigott	U23	90	75.23	WM	British Equipped
7	Stacie Jones	Senior	87.5	73.48	YNE	British Open Classic
8	Sinead Hines	M1	87.5	73.15	NW	British Masters Classic
9	Abi Graham	M1	87.5	73.01	EM	British Masters Classic
10	Annie Nelson	Senior	85	71.45	SCO	British Open Classic
11	Karenjeet Kaur Bains	Senior	85	71.15	WM	English Bench Press
12	Sabrina Moore	Senior	85	71.11	WAL	IPF Classic
13	Galit Goldshmid	M1	82.5	69.81	SM	British Classic Bench Press
14	Makeda Vidal	Senior	82.5	69.54	GL	British Open Classic
15	Emma Ludlow	M1	77.5	66.65	GL	British Classic Bench Press
16	Sharon Holmes	M1	75	62.58	NW	British Masters Classic
17	Jody Stevens	U23	72.5	61.29	NI	NIPF Open
18	Khrys Kyracou	M2	70	58.46	SE	British Masters Classic
19	Al Mansell-Rowe	U23	67.5	56.95	SE	British Open Classic
20	Ladoki Toya	Senior	67.5	56.53	GL	All England

Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Holly Bryans	Senior	132.5	80.61	NM	British Equipped
2	Galit Goldshmid	M1	100	61.68	SM	British Equipped
3	Maureen Gordon	M2	95	57.98	SCO	British Equipped
4	Michelle Franklin	M2	82.5	50.04	NM	British Equipped
5	Yvonne Treharne	M2	62.5	37.91	SW	British Equipped
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69kg Class Top 20 Women ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Susanna Argile	Senior	485	101.39	SM	British Open Classic
2	Genevieve Collins	M1	407.5	84.63	NW	British Masters Classic
3	Karen Lai	Senior	400	83.91	GL	British Open Classic
4	Karenjeet Kaur Bains	Senior	390	83.28	WM	British Open Classic
5	Lily Erskine	Senior	387.5	81.01	EM	British Open Classic
6	Lauren Elder	Senior	385	79.96	NI	NI Open
7	Heather Tagg	M2	380	78.96	SW	IPF World Classic
8	Danielle Broom	U23	375	78.60	SW	All England
9	Fanni Szilvia Fabini	U23	357.5	74.43	WM	All England
10	Ruth Moore	Senior	350	73.74	NI	NI Open
11	Hannah Ashworth	Senior	345	75.02	GL	All England
12	Terrie Redmore	M2	337.5	70.50	EM	British Masters Classic
13	Lisa Liddy	M2	335	70.51	YNE	British Masters Classic
14	Wendie Kirkland	M1	335	70.09	NM	British Masters Classic
15	Angharad Fraser-Williams	Senior	330	68.70	EM	All England
16	Suzanne Shepherd	M2	307.5	64.39	SW	British Masters Classic
17	Catherine McBride	Senior	305	63.60	NI	NI Open
18	Paula Gentle	M2	302.5	64.01	EM	British Masters Classic
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Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Kimberley Cowell	Senior	505	86.94	NW	British Equipped
2	Amelia Maycock	U23	447.5	77.68	NM	British Equipped
3	Wendie Kirkland	M1	380.5	65.80	NM	British Equipped
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Susanna Argile	Senior	107.5	86.34	SM	British Open Classic
2	Karen Lai	Senior	95	76.51	GL	British Open Classic
3	Karenjeet Kaur Bains	Senior	92.5	75.60	WM	All England
4	Beverley Rodgers	M1	90.5	72.69	SM	British Classic Bench Press
5	Lincoln Rose	M2	85	68.51	SE	British Classic Bench Press
6	Genevieve Collins	M1	85	67.91	NW	British Masters Classic
7	Amelia Maycock	U23	80	64.08	NM	British Classic Bench Press
8	Hollie Johnson	Senior	80	63.83	YNE	British Classic Bench Press
9	Lily Erskine	Senior	77.5	62.25	EM	British Open Classic
10	Jodi Collins	U18	75	60.71	SE	English Bench Press
11	Lisa Liddy	M2	75	60.58	YNE	British Masters Classic
12	Wendie Kirkland	M1	75	60.28	NM	British Masters Classic
13	Heather Tagg	M2	75	59.96	SW	British Masters Classic
14	Terrie Redmore	M2	72.5	58.19	EM	British Masters Classic
15	Danielle Broom	U23	70	56.34	SW	All England
16	Fanni Szilvia Fabini	U23	70	56.04	WM	All England
17	Ruth Moore	Senior	67.5	54.56	NI	NIPF Open
18	Suzanne Louise Shepherd	M2	67.5	54.29	SW	All England
19	Lauren Elder	Senior	67.5	53.93	NI	NIPF Open
20	Hannah Ashworth	Senior	65	53.96	GL	All England

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Beverley Rodgers	M1	130	74.82	SM	Arnold Classic
2	Kimberley Cowell	Senior	117.5	67.34	NW	British Equipped
3	Faye Jordan	Senior	115	65.85	EM	Arnold Classic
4	Wendie Kirkland	M1	107.5	62.11	NM	British Equipped Bench Press
5	Amelia Maycock	U23	102.5	59.27	NM	British Equipped
6	Michelle Franklin	M2	83	49.14	NM	British Equipped Bench Press
7	Kelly Clark	M2	70	41.07	YNE	British Equipped Bench Press
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76kg Class Top 20 Women ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Sophia Ellis	Senior	490	99.86	GL	IPF World Classic
2	Emily Greenway	Senior	477.5	94.86	SW	British Open Classic
3	Sheri Miles	Senior	468	93.72	SE	British Open Classic
4	Rachel Bradish	Senior	452.5	90.01	YNE	British Open Classic
5	Lola Alabi	Senior	452.5	89.61	GL	All England
6	Rebecca Allen	M1	412.5	82.46	NW	IPF World Classic
7	Florence Walton	Senior	405	80.25	SE	British Open Classic
8	Natasha Eaton	Senior	385	76.89	WAL	British Open Classic
9	Daira Jakobsone	Senior	385	76.63	EM	All England
10	Ajanta Hilton	M1	382.5	76.75	EM	British Masters Classic
11	Denise Galbraith	Senior	382.5	76.49	NI	NI Open
12	Sam Hines	M1	372.5	74.85	EM	British Masters Classic
13	Grace Howse	U23	372.5	74.80	EM	All England
14	Katie Higgins	Senior	372.5	74.10	EM	British Open Classic
15	Catherine Woodward	M1	370	74.19	NM	British Masters Classic
16	Olivia Wilson	U23	360	71.80	GL	All England
17	Joy Mineo	M2	347.5	70.02	NM	British Masters Classic
18	Fenella Bashiri	M2	317.5	63.12	YNE	British Masters Classic
19	Jennifer Aulman	M1	297.5	59.37	WM	British Masters Classic
20	Sue Giles	M3	287.5	57.23	NM	British Masters Classic

Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Sheri Miles	Senior	520	85.97	SE	Arnold Classic
2	Amy Spencer	Senior	455	75.30	SM	British Equipped
3	Catherine Gordon	M1	435	72.53	SCO	British Equipped
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Sophia Ellis	Senior	117.5	91.46	GL	English Bench Press
2	Rachel Bradish	Senior	95	73.44	YNE	British Open Classic
3	Grace Howse	U23	92.5	72.00	EM	All England
4	Sheri Miles	Senior	92.5	71.86	SE	British Open Classic
5	Emily Greenway	Senior	92.5	71.44	SW	British Open Classic
6	Lucy Glover	Senior	90	69.35	SM	British Classic Bench Press
7	Amy Clair	Senior	82.5	63.54	EM	British Classic Bench Press
8	Catherine Woodward	M1	80	62.21	NM	British Masters Classic
9	Natasha Eaton	Senior	80	62.02	W	British Open Classic
10	Daira Jakobsone	Senior	80	61.87	EM	All England
11	Katie Higgins	Senior	80	61.84	EM	British Open Classic
12	Florence Walton	Senior	80	61.67	SE	British Open Classic
13	Joy Mineo	M2	77.5	60.48	NM	British Masters Classic
14	Denise Galbraith	Senior	75	58.20	NI	NIPF Open
15	Rebecca Allen	M1	75	58.20	NW	British Masters Classic
16	Olivia Wilson	U23	75	58.09	GL	All England
17	Lola Gloria Alabi	Senior	75	57.98	GL	British Open Classic
18	Ajanta Hilton	M1	72.5	56.41	EM	British Masters Classic
19	Sam Hines	M1	65	50.62	EM	British Masters Classic
20	Fenella Bashiri	M2	65	50.22	YNE	British Masters Classic

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Rachel Steedman	Senior	118	65.17	SCO	British Equipped Bench Press
2	Sheri Miles	Senior	102.5	56.29	SE	Arnold Classic
3	Catherine Gordon	M1	100	55.41	SCO	British Equipped
4	Amy Spencer	Senior	100	54.97	SM	British Equipped
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84kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Hira Teirney	Senior	487.5	92.50	SW	British Masters Classic
2	Nicola Stimpson	Senior	480	91.03	SM	British Open Classic
3	Ziana Azariah	Senior	472.5	89.74	SW	British Open Classic
4	Natasha Brooks	Senior	460	87.32	EM	British Open Classic
5	Georgina Hazell	M2	435	82.99	EM	British Masters Classic
6	Amelia Allen	M2	425	82.37	SW	British Masters Classic
7	Bethan Ashton	Senior	415	79.01	SW	British Open Classic
8	Denise Vieweg	Senior	402.5	78.06	SE	British Open Classic
9	Chloe McMullan	Senior	390	74.78	NI	NI Open
10	Harriet Waite	U23	390	74.59	EM	All England
11	Esther Jinadu	U23	387.5	74.26	SE	All England
12	Lisa Grant	M1	377.5	72.16	NW	British Masters Classic
13	Kelly Phasey	M1	375	71.09	WM	British Masters Classic
14	Lucy Hyde	M1	372.5	70.68	SE	British Masters Classic
15	Mariam Mahmoud	Senior	360	69.14	GL	All England
16	Jodi Weaver	M1	335	64.07	NM	British Masters Classic
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Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Christie Civetta	Senior	535	84.50	EM	British Equipped
2	Hannah Louise Graham	Senior	465	74.56	NM	British Equipped
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Temitope Nuga	Senior	105	78.67	GL	British Open Classic
2	Amelia Allen	M2	100	75.90	SW	British Masters Classic
3	Ashley Lewis	Senior	97.5	73.89	NM	English Bench Press
4	Denise Vieweg	Senior	95	72.13	SE	British Open Classic
5	Georgina Hazell	M2	95	71.34	EM	British Masters Classic
6	Lucy Hyde	M1	90	67.39	SE	English Bench Press
7	Natasha Brooks	Senior	90	67.37	EM	British Open Classic
8	Hira Teirney	Senior	87.5	65.48	SW	British Masters Classic
9	Nicola Stimpson	Senior	85	63.59	SM	British Open Classic
10	Ziana Azariah	Senior	82.5	61.78	SW	British Open Classic
11	Tabitha Panton	U23	80	60.88	WA	British Classic Bench Press
12	Chloe McMullan	Senior	80	60.28	NI	NIPF Open
13	Kelly Phasey	M1	80	59.83	WM	British Masters Classic
14	Bethan Ashton	Senior	77.5	58.12	SW	British Open Classic
15	Esther Jinadu	U23	75	56.47	SE	British Classic Bench Press
16	Harriet Waite	U23	75	56.27	EM	British Classic Bench Press
17	Mariam Mahmoud	Senior	72.5	54.68	GL	All England
18	Jodi Weaver	M1	70	52.65	NM	British Masters Classic
19	Lisa Grant	M1	62.5	47.00	NW	British Masters Classic
20	Nicola Maycock	M1	60	45.63	NM	British Classic Bench Press

Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Christie Civetta	Senior	140	73.4	EM	British Equipped
2	Hannah Louise Graham	Senior	97.5	51.9	NM	British Equipped
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84kg+ Class Top 20 Women ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Camille Holland	Senior	522.5	88.47	EM	British Open Classic
2	Claire Roberts	Senior	490	87.70	NW	British Open Classic
3	Charlie Chester	Senior	485	83.82	SW	All England
4	Rebecca Coggle	Senior	485	82.13	SE	All England
5	Helen Ferguson Ford	M1	480	81.13	SCO	British Masters Classic
6	Joanne Whiteley	M2	470	80.42	NM	IPF World Classic
7	Inara Kuisele	Senior	462.5	80.24	NM	British Open Classic
8	Melissa Bird	U23	437.5	77.83	WAL	IPF World Classic
9	Siobhan Taylor	M1	437.5	76.21	EM	All England
10	Joanne Parkin	M1	435	74.02	SCO	British Masters Classic
11	Claire Reid	Senior	425	75.86	NI	NI Open
12	Leanne Richards	Senior	422.5	76.89	NW	British Open Classic
13	Betty Gray	M2	420	74.29	SE	British Masters Classic
14	Meg Robertson	M1	415	74.01	NM	British Masters Classic
15	Cassie (Fenton) Kelly	Senior	410	74.30	NI	NI Open
16	Gillian Lomax	M2	385	68.29	NW	British Masters Classic
17	Daisy Casemore	Senior	362.5	60.77	EM	All England
18	Elizabeth Cromwell	M1	357.5	65.83	GL	British Masters Classic
19	Angela Lauder	M2	355	64.88	SCO	British Masters Classic
20	Elaine Jackson	M2	355	62.17	GL	British Masters Classic

Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Jax Gough	M1	121	85.14	NM	British Classic Bench Press
2	Camille Holland	Senior	115	81.29	EM	British Open Classic
3	Rebecca Coggle	Senior	115	81.29	SE	All England
4	Sarah Bouskill	M1	110	78.10	NM	British Classic Bench Press
5	Katrina Sweatman	Senior	110	77.83	WM	British Classic Bench Press
6	Charlie Chester	Senior	102.5	72.98	SW	All England
7	Claire Roberts	Senior	100	72.35	NW	British Open Classic
8	Helen Ferguson Ford	M1	100	70.65	SCO	British Masters Classic
9	Jo Whiteley	M2	97.5	69.33	NM	British Masters Classic
10	Melissa Bird	U23	92.5	66.72	WAL	IPF Classic
11	Inara Kuisele	Senior	92.5	65.96	NM	British Open Classic
12	Siobhan Taylor	M1	90	64.29	EM	All England
13	Joanne Parkin	M1	90	63.72	SCO	British Masters Classic
14	Leanne Richards	Senior	87.5	63.86	NW	British Open Classic
15	Claire Reid	Senior	85	61.41	NI	NIPF Open
16	Meg Robertson	M1	82.5	59.58	NM	British Masters Classic
17	Gillian Lomax	M2	80	57.62	NW	British Masters Classic
18	Betty Gray	M2	77.5	55.75	SE	British Masters Classic
19	Sheren Rose	Senior	77.5	55.51	EM	English Bench Press
20	Daisy Casemore	Senior	77.5	54.61	EM	English Bench Press

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Katrina Sweatman	Senior	172.5	81.03	WM	Arnold Classic
2	Sarah Bouskill	M1	162.5	77.20	NM	Arnold Classic
3	Jackie Gough	M1	160	73.52	NM	Arnold Classic
4	Charlie Marillier	Senior	145	74.12	SW	Arnold Classic
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