

**Championship** East Mids Classic powerlifting champs **Venue** Letchworth **Date** 2-2-14 **B/W Class/s**

Age	Name	B/W	Squat			Bench Press			S/T	Dead Lift			Total	PN
	<b>Women</b>	<b>47Kg</b>												
U21	Sharn Rowlands	43.2	85	<u>95</u>	<del>97.5</del>	45	50	<u>52.5</u>	147.5	107.5	112.5	<u>117.5</u>	265	1
				br				br				br	br	
		<b>57Kg</b>												
Snr	Krishnaa Mahbubani	54.4	85	95	<u>100</u>	<u>50</u>	<del>55</del>	<del>55</del>	150	110	120	<u>130</u>	280	1
Snr	Martine George	56	<u>85</u>	<del>92.5</del>	<del>92.5</del>	47.5	<u>52.5</u>	<del>55</del>	137.5	110	120	<u>125</u>	262.5	2
Snr	Samantha Cox	56.4	<u>82.5</u>	<del>87.5</del>	<del>87.5</del>	<u>42.5</u>	<del>45</del>	<del>45</del>	125	125	<u>130</u>	<del>135</del>	255	3
U18	Samantha Chan	55.8	62.5	<u>67.5</u>	<del>72.5</del>	37.5	40	<u>42.5</u>	110	67.5	<u>75</u>	<del>80</del>	185	4
		<b>63Kg</b>												
Snr	Abi Graham	62.5	100	110	<u>117.5</u>	62.5	67.5	<u>70</u>	187.5	140	150	<u>162.5</u>	350	1
Snr	Nina Cambatta	61.6	95	<u>100</u>	<del>105</del>	55	57.5	<u>60</u>	160	<del>135</del>	135	<u>140</u>	300	2
Snr	Faye Jordan	57.4	85	<del>87.5</del>	<u>87.5</u>	65	<del>67.5</del>	<u>67.5</u>	155	<del>130</del>	<del>130</del>	<u>130</u>	285	3
Snr	Gemma Burley													
		<b>72Kg</b>												
M1	Lucie Sukova	66.4	90	95	<u>100</u>	52.5	55	<u>57.5</u>	157.5	115	120	<u>125</u>	282.5	1
Snr	Fiona Christie	70.9	75	85	<u>90</u>	<del>45</del>	50	<u>55</u>	145	110	120	<u>130</u>	275	2
Snr	Heidi Markely	68	72.5	<u>80</u>	<del>85</del>	<del>52.5</del>	<u>57.5</u>	<del>60</del>	137.5	112.5	120	<u>125</u>	262.5	3
		<b>Men</b>												
		<b>66Kg</b>												
Snr	Sean Maloney	64.6	135	<u>140</u>	<del>145</del>	90	95	<u>100</u>	240	170	180	<u>185</u>	425	1
Snr	Andrew Wass	63.9	130	<u>140</u>	<del>147.5</del>	100	<u>107.5</u>	<del>112.5</del>	247.5	150	<u>165</u>	<del>175</del>	412.5	2

Side Referee\_ Chris Gladding

Centre Referee\_ John Bevan

Side Referee\_ Jenny Hunter

br = British Record

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Age	Name	B/W	Squat			Bench Press			S/T	Dead Lift			Total	PN
	<b>Men</b>	<b>74Kg</b>												
Snr	Dominic Crane	71.9	160	<u>175</u>	<del>190</del>	90	100	<u>110</u>	285	180	<u>200</u>	<del>220</del>	485	1
M2	Cliff Haynes	<u>73.4</u>	130	<u>140</u>	—	140	<u>150</u>	<del>157.5</del>	290	140	<u>170</u>	—	460	2
M3	Makhan Mann	70.8	<del>80</del>	80	<u>90</u>	55	60	<u>65</u>	155	90	100	<u>110</u>	265	3
		<b>83Kg</b>												
M2	Grant Sugarman	81.8	<del>175</del>	<u>185</u>	<del>192.5</del>	115	120	<u>125</u>	310	<u>237.5</u>	<del>242.5</del>	<del>242.5</del>	547.5	1
U23	Thomas Rowell	82.4	170	180	<u>182.5</u>	100	110	<u>112.5</u>	295	220	230	<u>235</u>	530	2
Snr	Henry Cook	82.1	160	170	<u>175</u>	125	<u>130</u>	<del>135</del>	305	200	<u>215</u>	<del>227.5</del>	520	3
Snr	Thomas Watts	78.5	125	130	<u>140</u>	<u>130</u>	<del>137.5</del>	<del>137.5</del>	270	155	165	<u>180</u>	450	4
Snr	Ali Wilson	79.8	132.5	137.5	<u>140</u>	<u>112.5</u>	<del>117.5</del>	<del>117.5</del>	252.5	<u>195</u>	<del>202.5</del>	<del>202.5</del>	447.5	5
Snr	Daniel Eade	79.2	110	117.5	<u>127.5</u>	105	112.5	<u>115</u>	242.5	170	185	<u>195</u>	432.5	6
U23	David Lickfold	77.1	120	132.5	<u>145</u>	65	72.5	<u>77.5</u>	222.5	160	172.5	<u>180</u>	402.5	7
M1	Nick Lickfold	79.7	<del>120</del>	<u>125</u>	<del>130</del>	72.5	<u>80</u>	<del>85</del>	205	140	<u>150</u>	<del>160</del>	355	8
Snr	Muhtar Hussin													
Snr	Will Brown													
	<b>Men</b>	<b>93Kg</b>												
M3	Kevin Jane	92.3	202.5	<u>222.5</u>	<del>227.5</del>	125	130	<u>132.5</u>	355	252.5	268	<u>275</u>	630	1
U21	Matt Deacon-Smith	85.9	140	150	<u>160</u>	100	105	<u>110</u>	270	200	220	<u>240</u>	510	2
Snr	Mathew Jack	89	150	<u>160</u>	<del>170</del>	<u>120</u>	<del>132.5</del>	<del>132.5</del>	280	200	<u>225</u>	<del>227.5</del>	505	3
M1	Nigel Downey	92.4	120	<u>140</u>	<del>155</del>	100	115	<u>125</u>	265	140	155	<u>165</u>	430	4
Snr	Tom Sherwin	83.1	135	<u>145</u>	<del>150</del>	85	<u>95</u>	<del>100</del>	240	170	<del>180</del>	<u>180</u>	420	5
U23	Tristran Moat	86.1	120	<u>132.5</u>	<del>145</del>	77.5	82.5	<u>87.5</u>	220	160	170	<u>175</u>	395	6
M3	Tony Wightman													

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	<b>Men</b>	<b>105K</b>												
Snr	Artur Makutunovic	99.9	215	<del>220</del>	<u>222.5</u>	<del>142.5</del>	<del>145</del>	<u>150</u>	372.5	240	247.5	<u>255</u>	627.5	1
M1	Stewart Gates	102.9	205	215	<u>225</u>	120	130	<u>140</u>	365	230	240	<u>250</u>	615	2
Snr	Scott Ramsey	103.8	190	<u>210</u>	<del>217.5</del>	130	145	<u>152.5</u>	362.5	220	240	<u>245</u>	607.5	3
Snr	Mark Davies	96.2	180	190	<u>205</u>	100	<u>105</u>	<del>107.5</del>	310	240	<u>250</u>	<del>260</del>	560	4
Snr	Mark Whiteman	96.3	180	<u>190</u>	<del>195</del>	120	<u>125</u>	<del>127.5</del>	315	230	<u>245</u>	<del>250</del>	560	5
U23	James Taylor	94.6	175	<u>185</u>	<del>190</del>	<del>122.5</del>	<del>130</del>	<u>130</u>	315	<del>185</del>	<u>185</u>	200	500	6
U18	Kieran Stubbings													
		<b>120Kg</b>												
Snr	Tony Cliffe	115.7	260	280	<u>300</u>	185	195	<u>205</u>	505	295	<u>315</u>	—	820	1
M1	Andrew Rodney	119.5	<u>260</u>	<del>282.5</del>	<del>290</del>	165	172.5	<u>177.5</u>	437.5	250	<u>270</u>	<del>282.5</del>	707.5	2
M2	Ian Finch	110.4	175	185	<u>190</u>	105	112.5	<u>117.5</u>	307.5	205	215	<u>225</u>	532.5	3
Snr	Tom Weavers													
		<b>120+Kg</b>												
Snr	James Anderton	129.8	175	<u>185</u>	<del>190</del>	<u>120</u>	<del>125</del>	<del>127.5</del>	305	200	215	<u>225</u>	530	1
Snr	Chris Hartwig													