



## **CHIEF EXECUTIVE'S REPORT FOR 2020**

Well, 2019 started normally and we got the British Equipped and Women's Classic Championships successfully done. However, it soon became apparent that a crisis was looming in the shape of COVID-19. Then the first lockdown hit and everything came to a grinding halt. Before that we did manage to send a team to the European Masters Classic Championships and as can be seen from the results below, they did very well.

Membership started very well and we ultimately reached 3000, two thirds of our 2019 total. It's highly likely that 2021's total will be less than this and it will take time to get back up to the 2019 figure.

As previously reported our final NGB recognition application was submitted February 2020. The pandemic inevitably caused additional delays and it was towards the end of the year before we started to get re-engagement. We hope that by the time of the 2021 AGM there will be some definitive news.

In October 2020 we were informed by the IPF that as part of the new Code compliance for Code Signatories, from 1 January 2021, National and Regional Federations are no longer authorized to conduct their own testing protocols. All testing must now be performed through a Code Signatory: either a member federation's National Anti-Doping Organization (NADO - UKAD in our case), or by CCES through the IPF. All samples must be analysed by a WADA accredited laboratory, which is what we have always done anyway. Testing will be done in accordance with an intelligence based test distribution plan that satisfies the IPF anti-doping rules, the Code, and the WADA Standards and Guidelines instead of a volume based approach. We are developing a compliant testing plan in conjunction with UKAD and CCES

During the pandemic we have worked on producing a revamped website. The existing site has been more or less unchanged since the inception of British Powerlifting. The new site will give a much more modern and attractive look. We are continuing to introduce new features and improvements in operability as required.

In the latter half of the year we learnt that our Chairman Fred Sterry was not too well. Unfortunately, his condition deteriorated and he ended up in hospital, but despite that he remained positive and cheerful. Shortly into the New Year we received the very sad news that Fred had passed away. He had been Chairman since 2012 and contributed hugely to the success and growth of the Federation. He will be sorely missed by us all.

Richard Parker

## 2020 INTERNATIONAL MEDAL TABLE

| CHAMPIONSHIP                    | LIFTER             | CAT    | SQUAT   | BENCH   | DEAD LIFT | TOTAL   |
|---------------------------------|--------------------|--------|---------|---------|-----------|---------|
| <b>European Masters Classic</b> |                    |        |         |         |           |         |
| Men's M1 Team 1 <sup>st</sup>   | Greig Murray       | 66kg   |         | Gold    | Gold      | Gold    |
|                                 | Mark Hodgett       | 83kg   | Bronze  |         | Gold      | Silver  |
|                                 | Matt Knight        | 105kg  | Bronze  | Silver  | Silver    | Silver  |
|                                 | Adam Berry         | 120kg  | Gold    |         | Silver    | Gold    |
|                                 | Ricky Mullian      | 120+kg | Bronze  | Bronze  | Gold      | Silver  |
| Women's M1 Team 1 <sup>st</sup> | Rebecca Heath      | 47kg   | Gold    | Silver  | Gold      | Gold    |
|                                 | Catherine Shamel   | 52kg   | Gold    | Gold    | Silver    | Gold    |
|                                 | Helen Hughes       | 57kg   | Bronze  | Gold    | Silver    | Silver  |
|                                 | Donna Bradbury     | 57kg   | Silver  |         | Bronze    | Bronze  |
|                                 | Abi Graham         | 63kg   |         | Silver  | Gold ER   | Gold    |
|                                 | Sinead Hines       | 63kg   |         | Bronze  |           |         |
|                                 | Tracy O'Callaghan  | 84+kg  | Bronze  | Silver  | Gold      | Silver  |
| Men's M2 Team 1 <sup>st</sup>   | Shaun Bateman      | 59kg   | Gold    | Gold    | Gold      | Gold    |
|                                 | Bernie McGurk      | 74kg   | Silver  |         | Silver    | Bronze  |
|                                 | Robert Rodney      | 83kg   | Gold    | Silver  | Gold      | Gold    |
|                                 | David Charnock     | 93kg   |         |         | Silver    |         |
| Women's M2 Team 1 <sup>st</sup> | Michelle Franklin  | 52kg   | Bronze  | Bronze  | Bronze    | Bronze  |
|                                 | Karren Burns       | 57kg   | Silver  |         | Gold WR   | Gold    |
|                                 | Lynda Banks        | 63kg   | Bronze  | Bronze  |           |         |
|                                 | Heather Tagg       | 72kg   | Gold    |         | Gold      | Gold    |
|                                 | Joy Mineo          | 72kg   |         | Silver  | Silver    | Silver  |
|                                 | Georgina Hazell    | 84kg   | Gold    | Silver  | Gold      | Gold    |
|                                 | Jo Whiteley BL     | 84+kg  | Gold ER | Gold ER | Bronze    | Gold ER |
| Betty Gray                      | 84+kg              | Bronze | Bronze  | Gold ER | Bronze    |         |
| Men's M3 Team 2 <sup>nd</sup>   | Ted Byrne          | 59kg   | Gold    | Silver  | Gold      | Gold    |
|                                 | Rick Gould         | 59kg   | Silver  | Bronze  |           | Silver  |
|                                 | Nigel Haigh        | 120+kg | Gold WR | Bronze  | Silver    | Gold    |
| Women's M3 Team 1 <sup>st</sup> | Linda Kaminski     | 52kg   | Gold    | Gold    | Gold      | Gold    |
|                                 | Jenny Hunter       | 57kg   | Gold    | Gold    | Gold      | Gold    |
|                                 | Sarah Butcher      | 57kg   | Bronze  | Bronze  | Bronze    | Bronze  |
|                                 | Valerie Dourley    | 63kg   | Silver  |         | Bronze    | Silver  |
|                                 | Susan Sabuda       | 63kg   |         | Silver  | Silver    |         |
|                                 | Sue Giles          | 84kg   | Bronze  | Silver  | Bronze    | Bronze  |
| Men's M4 Team 2 <sup>nd</sup>   | Michael James      | 66kg   | Gold    | Gold    | Gold      | Gold    |
|                                 | Malcolm Bainbridge | 66kg   | Silver  | Silver  | Silver    | Silver  |
|                                 | Ernie Parkes       | 74kg   | Gold    | Gold    | Gold      | Gold    |
|                                 | Clive LIngard      | 105kg  | Bronze  | Silver  | Bronze    | Bronze  |
|                                 |                    |        |         |         |           |         |
|                                 |                    |        |         |         |           |         |

BL = Best Lifter, WR = World Record; ER = European Record